



# Chatham County, NC

## Legislation Text

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**File #:** 17-2240, **Version:** 1

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Vote on a request to accept FY18 \$3,810 Healthy Community Grant Funds.

Action Requested: Vote on a request to accept FY18 \$3,810 Healthy Community Grant Funds.

**Introduction & Background:** The aim of the Healthy Communities Program is to reduce the burden of chronic disease and injury in North Carolina. Racial disparities persist in chronic disease and injury prevalence and mortality. The Healthy Communities Program seeks to address opioid misuse and the risk factors of physical inactivity, poor nutrition, tobacco use, violence and unintentional injury. The Healthy Communities Program may enable local health departments to implement media and messaging campaigns that increase awareness of the risks of opioid poisoning, signs and symptoms of opioid overdose, where to access and how to administer naloxone in the event of an overdose. Research shows that implementing systems and environmental changes can result in positive behavior changes that decrease chronic diseases and injuries and improve health. Examples of such broad-based strategies include providing access to nutritious foods, improving safe options for active transportation, promoting tobacco free facilities and policies, supporting diabetes management programs, and providing evidence-based practices and interventions for violence and injury prevention in communities.

The Healthy Communities Program provides funding for county health departments to develop and implement community-based initiatives to create policies and environments that support increased physical activity, promote healthy eating, reduce obesity, prevent the use of tobacco, support diabetes self-management and prevent violence and injury.

**Discussion & Analysis:** These funds enable the public health department to pay for staff and community partners to attend trainings on racial disparities, health equity, and/or topics directly related to the FY17-18 Community Action Plan strategies. These funds may also support the public health department, if they choose, to implement mass media or messaging campaigns to promote the FY 17-18 Community Action Plan strategies.

**Budgetary Impact:** No Local Funding Requested.

**Recommendation:** Vote on a request to accept FY18 \$3,810 Healthy Community Grant Funds.