



Chatham County, NC

Legislation Text

File #: 17-2180, **Version:** 1

Vote on a request to approve \$14,250 Minority Diabetes Prevention Program Funds

Action Requested: Vote on a request to approve \$14,250 Minority Diabetes Prevention Program Funds.

Introduction & Background: Prediabetes is a condition where people have higher than normal blood glucose levels (mg/dl), but their mg/dl is not yet high enough to be diagnosed as diabetes.

Nationally, an estimated 86 million American adults have prediabetes, but only about 11% of them know it.

Without intervention, each year, about 11% of those with prediabetes will progress to type 2 diabetes. Early detection and treatment of prediabetes can help to slow the projected increase in type 2 diabetes prevalence.

In 2016, the NC General Assembly made funding available to the Division of Public Health for the Office of Minority Health and Health Disparities to establish and administer, in consultation with the Chronic Disease and Injury Section, an evidenced-based diabetes prevention program targeting African-Americans, Hispanic/Latinos and American Indians.

The year long, evidence -based programs can help people who have prediabetes or who are at high risk for type 2 diabetes make realistic and achievable lifestyle changes which can cut their risk of developing type 2 diabetes by up to 58%.

Discussion & Analysis: The Agreement Addendum enables the Local Health Department to create a Regional Collaborative which will engage, screen and deliver the Minority Diabetes Prevention Program that includes the CDC Curricula: "Prevent T2" or "Prevenga el T2" to minority communities within its region.

Budgetary Impact: No Local Funding Requested

Recommendation: Vote on a request to approve \$14,250 Minority Diabetes Prevention Program Funds.