Prepared by Dennis W. Streets, Chatham County Council on Aging, May 23, 2018

Title: Home and Community Care Block Grant

Vote on a request to approve the Home and Community Care Block Grant for fiscal year 2018/2019 as recommended by the Advisory Committee appointed by the County Commissioners.

Abstract:

Action Requested: Motion to accept the \$621,926 from the State's Home and Community Care Block Grant (HCCBG) to be used according to the Committee's budget recommendation and to proceed with an agreement with the Triangle J Council of Governments Area Agency on Aging for the provision of aging services by the Chatham County Council on Aging in connection with activities financed by the Block Grant.

<u>Action Requested</u>: Commission's approval of the County Funding Plan (DOA-731) recommended by the HCCBG Advisory Committee and to proceed with an agreement with the Triangle J Council of Governments Area Agency on Aging for the provision of aging services by the Chatham County Council on Aging in connection with activities financed by the Block Grant.

Introduction & Background: The Home and Community Care Block Grant is the vehicle used in North Carolina to distribute state and federal funding consistent with the federal Older Americans Act and a formula developed by the North Carolina Division of Aging and Adult Services. Services are provided according to the standards established by the State Division of Aging and Adult Services consistent with the Act. Annual monitoring of these services is conducted by the Triangle J Area Agency on Aging. Each County appoints a Block Grant Advisory Committee to consider the allocation of funds among services. The recommended budget requires that the Chatham County Council on Aging provide all services directly or through contract. At least a third of the Advisory Committee members, who represent a broad range of aging interests, are older adults. Other members who were present for the committee meeting on May 21, 2018, included personnel from the Health Department, Social Services, Daymark Recovery Services, and the Council on Aging. One of the members includes Chatham's delegate to the NC Senior Tar Heel Legislature. In addition, the Director from the Triangle J Area Agency on Aging was present to provide technical assistance. Two older adults, who expressed in becoming future members of the committee, observed the process but did not vote. Attached is a list of attendees, information presented at the meeting, and the recommended County Funding Plan (DOA-731).

<u>Discussion & Analysis</u>: The Chatham County Council on Aging is the agency with lead responsibility for planning and coordinating the HCCBG County Funding Plan and the delivery of services to older adults and their families. The recommended plan considered information about needs and other resources available to the Council on Aging and within the community.

Budgetary Impact: None

Recommendation: Motion to accept the Home and Community Care Block Grant of \$621,926 to be used per the Funding Plan for FY 2018/2019 as approved unanimously by the Home and Community Care Block Grant Planning Committee, and to proceed with an agreement with the Triangle J Council of Governments Area Agency on Aging for the provision of aging services by the Chatham County Council on Aging in connection with activities financed by the Block Grant.

< **		

HCCBG Citizen Advisory Committee Meeting, May 21, 2018

	Name	Address	Phone(s)	Email	
·	InisW, SKrats	Chathan (out) (ounci)	919-542-4512	dennis. she ets echatha mcoada	
*	Multon Mothit	Couril on Acris	919-663-1214	my daltow 2000 at yahoo. cam	-
	3	Chathan G. Puffe Health	7921-545-516	Michal. Zeloto	
*	Kind 511: 29 A	CoA	919 548-2626	919 548-2626 Ellisythe Bentugad.on	15. In
	Reporce Glabok	648 Bray Farm Lane Rear Creek NC27207	410-705-2964	910-705-2964 rephlalochoguailicem	
	Jove Johnson	498 Fearning ton Post P. HS boro NC 27312	336-503-2330	336-503-2330 Whichnson 220 Jahou.com	ź
	Quid Metty	Co 4	616-388-119	919-386-1198 1 masty dec ya had ocom	Way.
	Sadie F. Milaurin	1 1	919-542-4512		
	Anne Higo	1915157810 BCC	1861961313	ANNEWIA issulpade	61
	they part	å .	249-6403-2455	anglates 24 55 obomestie don manoremy.	
	Renae Mine	DSS	2567-220 616	919 642-6958 Venes ninora chathamac. Ng	
	May Warren	Triangle I form	919.558.2707	nudaren @ Hoger	5
	Susan Hardy	Chathancoa Team Leader	919-542-4512	919-542-4512 Susan. Houdy Och Thom con. Drg	퇸

* Attended no observers.

Mation to recommend Funding Plan made by David Marty seconded by Joyce Johnson. Passed unanimously.

County Funding Plan	Q disk	ш	July 1, 20	County CHATHAM July 1, 2018 through June 30, 2019 F G H	1AM 30, 2019 H	
County Services Summary	O disk	ш	July 1, 24	o incough June	50, 2018 H	
A B	G SN		L	O	I	
Block Grant Funding Required Natch Service Natch Natch Service Natch	O disk	ш	ш	O	I	
Block Grant Funding Required Natch Service Natch Service Natch Service Natch Natch	NSIP		-		:	_
Access In-Home Other Total Local Match Servin 116992 116992 116999 12999 95000 95000 10556		Total	Projected HCCBG	Projected Reimbursement	Projected HCCBG	Projected Total
116992 116992 12999 95000 95000 10556	., 	Funding	Units	Rate		Units
95000 95000 10556		129991	W/N	N/A	N/A	V/N
	5 12750	118306	10464	10.0874	180	17000
Home Delivered Meals 116218 12913 129131 129131	13670	142801	13419	9.623	85	18226
Information & 0 0	-	0	A/N			
Options Counseling 48800 5422 54222	-21	54222	N/A	ΑN	966	N/A
In Home Aide LV II 1524 17524 175240		175240	8989	19.4952	59	24816
In Home Aide LV III 35500 3944 39444	-	39444	2023	19.4952		2050
Health Promo/Disease						
Prevention 15300 15300 1700 17000)	17000	W/A	N/A	325	N/A
Volunteer Development 36400 36400 4044 4044	1	40444	N/A	N/A	290	N/A
0 0 1111111111		0				
0 0)	0				_
0 0 0		0				
0		0				
		_				

HCCBG Preliminary Allocation by County for Region	Allocation b	y County for	Region J			
		SFY 2019	SFY 2018	Comparis		Comparis
	生	HCCBG	HCCBG	on 2019	SFY 2017	on 2018
COUNTY/REGION	Formula	5/18/18	3/15/18	vs 2018	HCCBG	vs 2017
CHATHAM	7.63%	621,926	568,527	109.39%	526,393	108.00%
DURHAM	16.12%	1,330,648	1,330,648 1,258,993	105.69%	105.69% 1,202,504	104.70%
JOHNSTON	11.95%	968,826	286'506	106.94%	868,962	104.26%
LEE	4.90%	408,848	367,599	111.22%	371,899	98.84%
MOORE	9.46%	775,628	713,024	108.78%	703,604	101.34%
ORANGE	7.94%	649,920	589,782	110.20%	292,820	99.49%
WAKE	42.00%	3,362,837	3,362,837 3,050,295	110.25%	110.25% 2,934,203	103.96%
REGION J	100%		8,118,634 7,454,207	108.91%	108.91% 7,200,386	103.53%



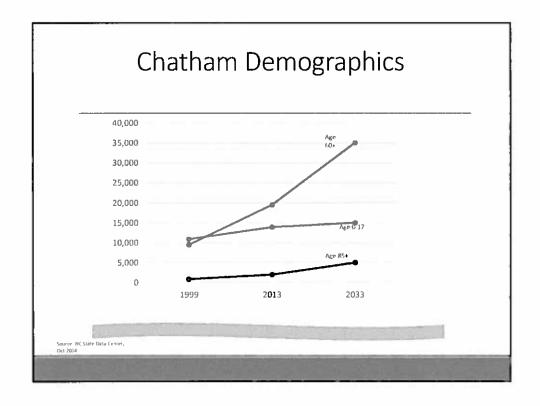
HCCBG Planning Committee Meeting, Chatham County Council on Aging

MAY 21, 2018

OLDER AMERICANS MONTH

Æ

The Robust Graying of Chatham County



Vision from 2018-2023 Aging Plan for Chatham

Our vision is a Chatham County that offers older adults, and all residents, a safe, affordable, accessible, and inclusive community that promotes wellness, presents and respects choices, values diversity, recognizes and uses people's strengths, and supports individuals aging in community with dignity.

Older Americans Act, Public Law 89-73, July 14, 1965



Broad national policy objectives on aging

Grants to states for community planning & services—nationwide aging infrastructure

States required to develop a "comprehensive and coordinated service system" in partnership with AAAs (1973)

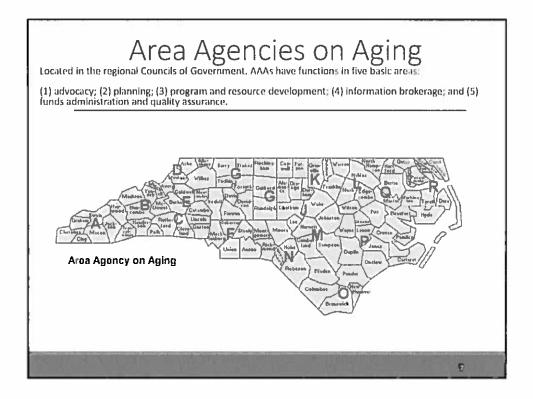


Comprehensive systems of services include:

Access services - such as transportation, outreach, and assessment;

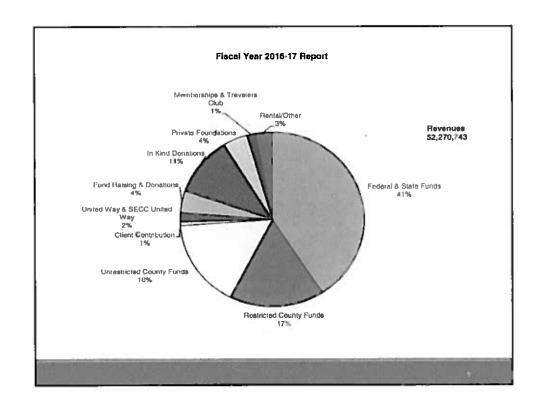
Community services - such as congregate meals, education, legal services and counseling, elder abuse services, and senior center programs; and

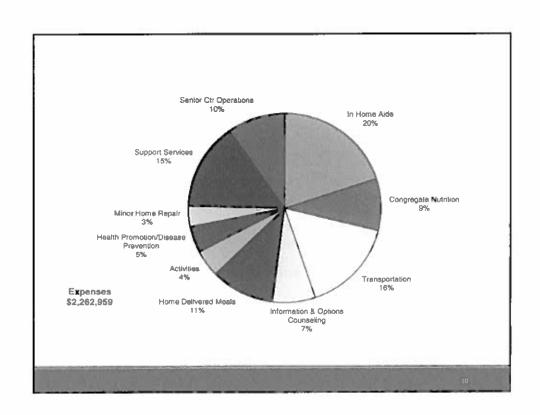
In-home services - such as home health, in-home aide, and homedelivered meals.



The Chatham County Council on Aging

The Council promotes and supports independent living, and the physical and mental wellness of persons aged 60 and older through a wide range of services. The Council also supports family caregivers of older adults striving to remain at home. Special emphasis is given to reaching the socially and economically needy, and in particular, those who are not eligible for Medicaid but cannot afford to pay for services themselves.





Chatham Reported Public Expenditures by Agency/ Funding Source for Services to 60+, SFY 2016-17

Agency/ Funding Source	Total Expenditures	Percent of Total
Medical Assistance	\$19,784,752	82.9%
Mental Health	\$1,922,247	8.0%
Social Services	\$1,292,209	5.4%
Aging and Adult Services	\$700,584	2.9%
Other Agencies	\$185,201	0.8%
TOTAL	\$23,884,993	100%

11

Overview of Home and Community Care Block Grant (HCCBG)



General Assembly established HCCBG in July 1992

Combined federal Older Americans Act, Social Services Block Grant (SSBG) in support of respite, and relevant State Appropriations

Gave counties greater discretion and authority in determining services, service levels, and providers

Counties choose among 17 eligible services

Focus on supporting frail elderly at home, improving physical & mental health, assisting with access to services & information, providing family caregiver relief, and helping seniors remain active

Development of the HCCBG County Funding Plan—County Board of Commissioners' responsibilities for the planning, coordination, and implementation of the county funding plan:

- •Designation of an agency or office within the county with lead responsibility for planning and coordination of the county funding plan. The designation can be for more than one (1) year. The length of designation is at the discretion of the board of commissioners.
- •Appointment of a committee to serve as a Block Grant Advisory Committee to the lead agency for planning and coordination in the development of the county funding plan. The length committee members' appointment is determined by the board of commissioners. The Division strongly recommends that older adults comprise no less than 1/3 of Advisory Committee membership.
- •Ensuring that the county funding plan is in compliance with budgetary instructions provided by the Division of Aging and Adult Services.
- •Submission of the recommended county funding plan to the area agency on aging and entering into a grant agreement with the Area Agency on Aging.

1

COA and County Have a Formal Agreement

COA agrees to meet the needs of elderly in Chatham by promoting independent living, supporting family caregiving, enhancing physical and mental wellness, and coordinating community, financial and volunteer resources.

COA agrees to serve as the local Designated Lead Agency for the State's HCCBG and administer HCCBG services under the funding plan recommended by the citizen advisory committee and approved by the Commissioners.

COA is expected to collaborate with other health and human services agencies.

COA must maintain satisfactory HCCBG reviews conducted by the Triangle J Area Agency on Aging.

Reaching the Socially and Economically Needy under the Home and Community Care Block Grant in Chatham County

Characteristics	HCCBG Participants	General NC Population 60+
Women	76%	55%
Minority	40%	15%
Age 75+	58%	34%
Living Alone	50%	27%
Reported Low Income	38%	8% <poverty 18% <200% poverty</poverty

15

Service Priorities

Once community service providers have determined that individuals meet the eligibility criteria for a given service as specified in the service standard, individuals must be served in the following priority order:

- 1. Older adults for whom the need for Adult Protective Services has been substantiated by the local department of social services and the service is needed as part of the adult protective service plan.
- 2. Older adults who are at risk of abuse, neglect, and/or exploitation.
- 3. Older adults with extensive impairments in activities of daily living (ADL's), or instrumental activities of daily living (IADL's), who are at risk of placement or substitute care.

"ADL's" include: eating, dressing, bathing, toileting, bowel and bladder control,

transfers, ambulation and communication (ability to express needs to others e.g.

speech, written word, signing, gestures, communication devices).

"IADL's" include: meal preparation, medication intake, cleaning, money management,

phone use, laundering, reading, writing, shopping and going to necessary activities.

- 4. Older adults with extensive ADL or IADL impairments.
- 5. Older adults with less extensive (1-2) ADL or IADL impairments.
- 6. Well Older Adults.

HCCBG Services

*Chatham's HCCBG services in SFY 2017-18 and Proposed for SFY 2018-19

Adult Day Care	Health Screening	Mental Health Counseling
Adult Day Health Care	* Home-Delivered Meals	* Senior Center Operations
Care Management	Housing & Home Improvement	Senior Companion
* Congregate Nutrition	* Information and Options Counseling	Skilled Home (Health) Care
Group Respite	*In-Home Aide (levels I, II, III, IV)	Transportation
* Health Promotion & Disease Prevention	Institutional Respite Care	* Volunteer Program Development

17

Chatham's HCCBG Service Selection— Rationale

Consistency with Aging Plan for Chatham

Core Long-Term Services and Supports= In-home aide and Home-delivered meals

Person-centered Information Brokerage= Information and Options Counseling

Wellness and Primary and Secondary Prevention= Congregate Nutrition, Senior Center Operations and Health Promotion

Volunteer Program Development= core to provision of many other services

Other funding sources support other vital services, such as DOT funding of general and medical transportation; private grants and County support for housing/minor home repair

18

Service Definitions

In-Home Aide

The provision of paraprofessional services which assist functionally impaired older adults and/or their families with essential home management, personal care and/or supervision necessary to enable the older adult to remain at home as long as possible.

Home-Delivered Meals [Meals-on-Wheels]

The provision of a home-delivered meal that provides 1/3 of the Recommended Daily Dietary Allowance to a home-bound older adult. *Plus friendly visit from COA volunteer.*

19

Service Definitions

Information and Options Counseling

Information and Options Counseling is a service designed to link persons with resources available to meet their needs and/or interests. The primary goal of the service is to provide a continuum of access services (information, assistance and options counseling) to facilitate informed decision-making about the range of long-term services and supports and serve a key role in the streamlined access to supports. Options Counseling provides guidance to individuals as they make informed choices about long-term services and supports.

Senior Center Operations [Home away from Home]

Operation of a multipurpose senior center includes the provision of a broad spectrum of services and activities for older adults. The primary objectives of a multipurpose senior center are: the centralized provision of services which address the special needs of older adults; opportunities for older adults to become more involved in the community; and the prevention of loneliness and premature institutionalization by promoting personal independence and wellness.

Service Definitions

Congregate Nutrition

A service which assists older adults, their families and others acting on behalf of older adults, in their efforts to acquire information about programs and services and to assist older persons with obtaining appropriate services to meet their needs.

Volunteer Program Development

Volunteer Program Development is the development of a systematic process of utilizing volunteers of all ages to support community services for older adults.

21

Service Definition

Health Promotion & Disease Prevention

The purpose of Title IIIB Health Promotion and Disease Prevention Services is to provide health promotion and disease prevention services to older adults who need them. This service can be used to support activities that may not be allowable with Title IIID funds. Examples of allowable programs are NC Senior Games activities, chair aerobic programs and exercise equipment.

22

Sample Service Needs

Client lives alone. Unable to prepare meal. No services in home.

Client has memory issues, diabetic, and COPD. Her son is on disability and unable to prepare meal. Requests frozen meals.

Client is in Chatham Hospital, Rehab. She recently fell and has brace on right leg. Had stroke several years ago. Needs personal care, assistance with dressing, prepare breakfast and lunch. Heat frozen meal in microwave, light housekeeping, laundry, clean bathroom, clean kitchen, make bed, change linen.

Client is blind and returning back to her home at the end of July. Her granddaughter-in-law is trying to set up Meals on Wheels for her and possibly in-home aide services.

Client has diabetes, Pacemaker put in August 2013, hypertension. Needs personal care, assist with bath, laundry, fold client's clothes, take trashout, On Wednesday pull trash to drive way to be picked up and light housekeeping.

Client is looking to get her bathroom modified. She lives alone and uses a walker all the time. She has a bathtub in her bathroom that she cannot use because she is unsteady and falls when she does. Also may need a lift chair.

Client came home from the hospital; inquirer is concerned that family members aren't doing enough for him (hinted at some family discontent). Primary concern though is the heat- his A/C recently went out (some sort of pump issue), but thinks that he would benefit form Meals on Wheels as well.

2

What Research Says about the Value of Home and Community-Based Services...

HCBS are consistent with the goals of seniors and have been shown to save \$ or are at least cost neutral.

There is significant evidence to support the health benefits and cost-savings of home-delivered meals (HDM).

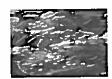
States that spend more on HDM save \$ by reducing the % of low-care nursing home residents.

"It is our finding that HCBS in general is an important avenue for improving the health of older Americans, fulfilling their goals of community-based living, and reducing costs related to inpatient nursing and hospital stays."

-UNC graduate students

24

Importance of Nutrition



- Prevalence of obesity in US is increasing in all age groups. Over past 30 years, the proportion of obese older adults has doubled. Obesity was the #1 priority in Chatham's 2014 Health Assessment.
- Food insecurity is complex, not only can it lead to under-nutrition and recurring hunger, but also to over-nutrition which can lead to overweight and obesity.
- Malnutrition among older adults is well documented.
- •COA is providing congregate, frozen/shelf-stable, and home-delivered meals—and nutrition education.

Malnutrition is a serious senior health issue. — Mayo Glinic Without support from programs like Meals on Wheels, millions of seniors are forced to prematurely trade their homes for nursing facilities. Meals on Wheels for an entire year costs the same as spending one day in the hospital or ten days in a nursing home.

Move Naturally — 2016 CDC Report Cites Danger of Inactivity among Aging Population

- More than 1 in 4 Americans aged 50+ are inactive
- Inactivity is highest in the South and among adults with at least one chronic disease
- •Inactivity significantly increases with age—more than 1 in 3 persons aged 75+
- Inactivity is especially high among the less educated

"Adults benefit from any amount of physical activity.

Helping inactive people become more physically active is an important step towards healthier and more vibrant communities."

-Dr. Janet Fulton, CDC report author

https://www.youtube.com/watch?v=ZQOJ5jMXFmw

Most importantly, what are seniors and caregivers saying?

"I have met a lot of friends and learned a lot. I like being with the people and enjoy all the activities. All the employees are so wonderful. The COA is awesome and same for the meals. I really enjoy coming up here, everything is good and everyone is very friendly and helpful."—
Congregate Nutrition Participants

"It makes me happy knowing someone is coming to visit if only for five minutes. This has helped me stay at home. I feel so blessed to have a service as this and my children are thankful for it. I like having someone coming in to speak and check on me. I don't know how it could be any better than this. Thank you all so much." "Sometimes they [the volunteers] are our only outside connection."—Meals on Wheels Participants

"I depend on you to give my husband a bath."—spouse of In-home Service Aide client who is striving to avoid institutional care

27



Your Chatham County Council on Aging—2017

A Non-Profit Organization Making a Difference Since 1974

Mission

to promote independent living, physical and mental wellness among Chalham County's older population through a wide range of services that includes homedelivered (meals on wheels), trozen/shelf-stable, and congregate meals; in-home personal care; general and medical transportation; information assistance and options counseling; minor home repair and modification; mobility and assistive equipment loan; family caregiver respite and other support; evidence-based health promotion; health insurance counseling and tax assistance; and senior center educational and recreational programming. The Council emphasizes service to socially and economically needy seniors who are not eligible for Medicaid but unable to pay for assistance themselves. In partnership with many other community organizations, the Council is also raising awareness about Chatham's growing older population and encouraging collaborative efforts to assure that Chatham remains an age-friendly community where there are ample and diverse opportunities for social and civic engagement, continuous learning, fitness, and an appreciation for the life accomplishments and continuing contributions of older adults.

Helping Prevent Malnutrition and Social Isolation

The Council helps older adults at risk of malnutrition and social isolation to eat a nutritious meal and enjoy the company of others through Meals on Wheels (MOW), Congregate/Senior Center meals, and Frozen and Shelf-stable meals. About 110 volunteers deliver Meals on Wheels on 11 routes throughout Chatham County to homebound seniors, many of whom live alone. The Council's two Senior Centers of Excellence offer a noon-day meal and activities. For seniors who cannot attend the centers and are not on MOW routes, the Council offers frozen meals, which also avoids any food wastage. All meals are produced by the Council. In addition, the Council maintains a supply of shelf-stable meals for use in adverse weather and over holidays. In total, about 350 seniors received about 33,000 meals last year. These nutritional services are vital to helping vulnerable seniors remain living safely at home. Among MOW clients, 95% saw their nutritional health score improve or be maintained. As one MOW client attests: "It is really important for us seniors to know that someone cares enough to bring us a meal—otherwise I would not eat a nutritious meal on some days. I also really enjoy the volunteer visits and conversation."

Helping Seniors and Their Families with In-Home Care

Using State licensed home care agencies. The Council arranges for in-home aides to provide personal care, meal preparation, and other tasks that frail elderly cannot do for themselves and these aides are also used to offer respite to tamily caregivers. Similar to its nutrition services, The Council offers its in-home personal care and respite to help frail elderly remain living safety at home. The care plan is customized to each particular client's needs and family supports. In 2016, about 135 seniors were assisted through this program, with the typical client being an 82 year old female who lives alone. Among in home aide clients, 86% saw their nutritional health improve or be maintained and 75% maintained or improved their activities of daily living. The service helps delay, if not avoid, placement in a long-term care facility. For example, only 4 of 45 respite clients had to move into facility care between April 2015 and June 2017.

Helping Seniors Remain Mobile and Access Needed Services

Using the local coordinated system (Chatham Transit) to promote collaboration and efficiencies, the Council arranges for the transportation of older adults to its two Senior Centers for noon-day lunch and activities (on 8 routes throughout the county), for stops at the grocery store and pharmacy, for trips to medical appointments, and occasionally for outings (e.g., Farmers Markets, museums). About 285 seniors benefited by receiving over 17,000 rides last year. Lack of transportation can be one of the most significant barriers to independent living. As a recent study of Chatham by UNC Public Health students concluded "Transportation is an important social determinant of health in rural communities...income and age are the most direct barriers to accessing medical transportation...the elderly are an especially vulnerable sub-population; therefore, specialized efforts are needed to help target and address the specific barriers they face." As one Senior Center participant put it, "The transportation you provide is the only way for me to get out of my house."

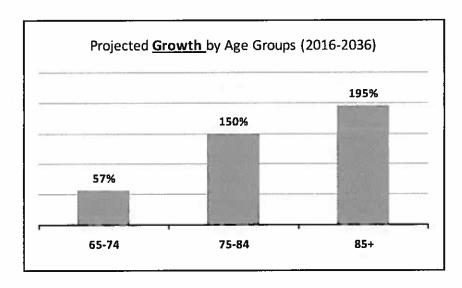
The Council offers many other programs and services for Chatham's growing older population. Its responsiveness to the community has been recognized and honored in various ways. In 2014, the Council was named the "Small Business of the Year" by the Chatham Chamber of Commerce; in 2016, the Council was selected by the Western Chatham NAACP for its Humanitarian Award; and in 2017, Chatham Public Health honored the Council as its "Partner of the Year," the NC Association of County Commissioners gave the Council the "Excellence in Innovation" award for its work in developing a collaborative database on home repair, and the UNC Gillings School of Global Public Health chose the Council for a Capstone project to develop a comprehensive plan for aging in Chatham County.

Chatham County Council on Aging, P.O. Box 715, Pittsboro, NC 27312 Eastern Center, 919-542-4512, Western Center, 919-742-3975, www.chathamcoa.org Chatham

Aging profile, 2016

Amos	2016	1 1113	2036		% Change
Ages	#	%	#	%	(2016-2036)
Total	73,286		104,255		42%
0-17	14,136	19%	16,250	16%	15%
18-44	20,183	28%	27,184	26%	35%
45-59	15,709	21%	18,124	17%	15%
60+	23,258	32%	42,697	41%	84%
65+	17,550	24%	35,528	34%	102%
85+	2,337	3%	6,891	7%	195%

As the baby boomer population continues to age, the proportion of the older adult population will increase in the coming decades.



Population 65 and over

Race/Ethnicity	County	County(%)	NC	NC(%)
White alone	14,265	87.0%	1,179,735	80.8%
Black or African American alone	1,856	11.3%	234,840	16.1%
American Indian and Alaska Native alone	31	0.2%	12,863	0.9%
Asian alone	151	0.9%	17,076	1.2%
Some other race	0	0.0%	5,612	0.4%
Two or more races	87	0.5%	8,920	0.6%
Hispanic or Latino (of any race)	300	1.8%	25,762	1.8%

Chatham

County	County (%)	NC	NC (%)
132	0.8%	29,530	2.0%
3,562	21.7%	298,045	20.4%
4,135	25.2%	391,506	26.8%
493	3.0%	44,888	3.1%
2,484	15.2%	232,892	16.0%
1,920	11.7%	288,912	19.8%
4,420	27.0%	464,191	31.8%
4,788	30.1%	523,980	37.0%
1,269	8.0%	136,857	9.7%
2,900	18.2%	326,271	23.0%
	132 3,562 4,135 493 2,484 1,920 4,420 4,788 1,269	132 0.8% 3,562 21.7% 4,135 25.2% 493 3.0% 2,484 15.2% 1,920 11.7% 4,420 27.0% 4,788 30.1% 1,269 8.0%	132 0.8% 29,530 3,562 21.7% 298,045 4,135 25.2% 391,506 493 3.0% 44,888 2,484 15.2% 232,892 1,920 11.7% 288,912 4,420 27.0% 464,191 4,788 30.1% 523,980 1,269 8.0% 136,857

^{*%&#}x27;s are given as a percentage of age group

Grandparents	County	NC
Grandparents (age 30+) responsible for grandchildren under 18 years	408	96,618
Grandparents (age 60+) responsible for grandchildren under 18 years	148	36,043

Leading causes of death, age 65 and over

Rank	Cause	# of deaths	% of total deaths
1	Cancer	126	23.6
2	Diseases of the heart	109	20.4
3	Cerebrovascular disease	38	7.1
4	Alzheimer's disease	25	4.7
5	Chronic lower respiratory diseases	24	4.5

References:

NC Office of State Budget and Management, county estimates and projections. http://www.osbm.ncgov/facts-figures/demographics

NC State Center for Health Statistics. Leading causes of death, 2016

US Census Bureau. American Community Survey, 2012-2016, five year estimates. http://www.census.gov/

Prepared by Swarna Reddy, NC DAAS, Dec 2017

North Carolina Population Change

	2016		2036		% Change
Ages	#	%	#	%	2016-2036
Total	10,155,942		12,440,324		22%
60+	2,169,194	21%	3,293,615	26%	52%
65+	1,560,794	15%	2,603,271	21%	67%
85+	177,453	2%	367,617	3%	107%

NC growth by age groups 2016-2036:

65-74(41%) 75-84(104%) 85+(107%)

Vision of the Aging Plan

Crafted by the Aging Plan's Steering Committee

Our vision is a Chatham County that offers older adults, and all residents, a safe, affordable, accessible, and inclusive community that promotes wellness, presents and respects choices, values diversity, recognizes and uses people's strengths, and supports individuals aging in community with dignity.

Executive Summary

The 2018-2023 Aging Plan marks the first time Chatham County, North Carolina has developed a comprehensive plan to support optimal aging across the County. Written with the help of a Capstone Team of five Master in Public Health students from UNC's Gillings School of Global Public Health Department of Health Behavior, this Aging Plan arrives at an opportune time. The population of older adults in Chatham County and across the state and nation is growing rapidly. This 5-year plan is designed to guide future work of private and public entities related to aging in Chatham County.

Though the development and writing of this plan was driven in part by the Chatham County Council on Aging (CCCOA), a non-profit organization serving Chatham for nearly 44 years, it is designed to be a community-wide plan. Community input was sought from start to finish, and the plan itself will guide not only the CCCOA but the greater community of Chatham County.

The goals of the Aging Plan aim to improve quality of life among older adults in Chatham County by addressing the five issues found to be of highest priority to the community during a public engagement period that occurred from September to November of 2017. Based on key informant interviews, community forums, and surveys, the five issues Chatham County residents identified as the highest priority were 1) Transportation, 2) Housing, 3) Healthcare Coverage and Services, 4) Caregiving and Care Services, and 5) Social Isolation, Community Engagement, and Opportunities for Self-Fulfillment.

Work groups, consisting of representatives from organizations, agencies, and groups with work relevant to each issue area as well as community members, met from January to March of 2018 to draft the Aging Plan as it relates to each of these key issues. For each issue area, two goals were developed to move the County toward its vision of supporting individuals aging in community with dignity. In recognition that no issue exists in a silo, three overarching goals were also developed to promote awareness of services, to increase awareness of aging issues among local government, and to promote collaboration of faith communities as a vehicle to support the needs of older adults. Each goal includes a number of more specific objectives as well as a number of step-by-step strategies to be implemented by various partner organizations.

This plan represents an important step in preparing Chatham County to improve the quality of life for the growing number of older adults that call the County home. However, the plan is only a first step in this process. The next and perhaps more important step is to put the strategies into action, to continue to make Chatham County an optimal place to grow older.

Table 1V. Schedule of Expenditures by County, Funding Source, Service and Service Category for Clients 60+ Years of Age: SFY 2016-2017

Chatham

			1.5
	Catogory	Clionts	Expenditure
Department of Transportation			
Elderly and Disabled Transportation Assistance Program	6		\$71,051
	To	lal:	\$71.051
Division of Aging and Adult Services			
Congregate Nutrition	6	201	\$122,149
Family Caregiver Support Program	6		\$44,712
Health Promotion/Disease Prevention	3		\$10,143
Home Delivered Meals	4	115	\$126,635
Information and Options Counseling	6		\$52,222
in-Home Level II	4	44	\$125,150
In-Home Level III	4	9	\$39,444
Legal Services	6		\$2,260
Senior Center	6		\$141,208
Volunteer Program Development	6		\$36,661
	To	tal:	\$700,584
Division of Medical Assistance			
ACH-PCS Basic/Enhanced	1	123	\$652,252
ACH-Transportation	1	123	\$12,542
CAP/CHOICE	4	7	\$111,342
CAP/DA	4	67	\$1,361,174
Clinics	3	194	\$92,221
Dental	3	332	\$116,636

НМО	2	1,158	\$1,790,285
Home Health	4	354	\$435,463
Hospice	4	42	\$646,064
Inpatient Hospital	5	143	\$768,926
Lab & XRay/Physicians	3	1,136	\$686,279
Medicare Part A&B Premiums	2	1,531	\$1,889,943
Medicare Part D Clawback	2	918	\$909,295
Nursing Homes	5	299	\$8,298,050
Other Care	3	319	\$98,548
Other Practitioners	3	317	\$17,941
Outpatient Hospital	3	652	\$729,832
Prescribed Drugs	3	343	\$396,926
Regular Personal Care (PCS)	4	115	\$771,033
	Total:		\$19,784,752
Division of Mental Health/Developmental Disabilities/Substan	ce Abuse Servic	es	
Alcohol Rehabilitation Centers	5		\$20,712
Developmental Disabilities	3	18	\$109,586
Mental Health	3	53	\$37,442
Mental Retardation Centers	5	3	\$728,211
Psychiatric Hospitals	5	9	\$1,003,793
Substance Abuse		17	\$22,503
	3		
	Total:		\$1,922,247
Division of Services for the Blind			\$1,922,247
		5	\$1,922,247 \$875
Division of Services for the Blind	Total:		
Division of Services for the Blind Adjustment Services for the Blind and Visually Impaired	Total:	5	\$875
Division of Services for the Blind Adjustment Services for the Blind and Visually Impaired Independent Living Rehabilitation Program	<i>Total</i> : 6	5	\$875 \$1,590

Page 56

Wednesday, January 03, 2018

Division of Social Services

Energy Assistance - CIP	2	242	\$95,093
Energy Assistance - LIEAP	2	358	\$69,400
Food and Nutrition Services	2	737	\$734,510
Special Assistance: Adult Care Home	1 -	66	\$328,150
Special Assistance In-Home	4	13	\$65,056
	Total:		\$1,292,209
Division of Vocational Rehabilitation			
Independent Living	3	13	\$49,889
Vocational Rehabilitation	6	20	\$59,111
	Total:		\$109,000
	County Total		\$23,884,993

				*
2.				

Council on Aging Collaborative Activity

Council on Aging, with:

Social Services

- Chatham County Collaborative for At-Risk Adults: uses a multidisciplinary, interagency team to co-staff high-risk cases of abuse, neglect or exploitation of at-risk adults to protect the victims and contain the offenders. [formal]
- Gives priority in serving referred Adult Protective Services clients.[formal]
- Assists with emergency sheltering. [formal]
- Co-chair the Chatham-Orange Community Resource Connections (CRC) group to promote awareness and collaboration among agencies serving older and disabled adults. [formal]
- Home Repair/Modification Collaborative Database: multi-agency effort to provide a clearinghouse of individuals requesting assistance with substandard and inaccessible housing to aid efficient and effective response. [formal]
- Consult on other individual client situations, [informal]
- Included on Aging Plan Steering Committee and work groups. [informal]

Public Health

- Participate on the Chatham Health Alliance; served as Alliance's 1st chair. [formal]
- Joint Assessment Partner for the Community Assessment (donated \$1k). [formal]
- Co-participate in conducting evidence-based health promotion programs and support groups (e.g., Blood Pressure Management, Diabetes Support Group). [formal]
- Support vaccination of elderly, including the home-bound. [formal]
- Help plan and stage Senior Games. [formal]
- Provide presentations at Senior Centers. [informal]
- Write and review articles for COA newsletter. [informal]
- Included on Aging Plan Steering Committee and work groups. [informal]

Chatham Transit

- Contracted to provide general transportation to Senior Centers, medical transportation, and other participant outings. [formal]
- Have representation on Chatham Transit's Board, with commitment to avoid conflict of interest. [formal]
- Included on Aging Plan work group. [informal]

Cooperative Extension

- Co-participate in conducting evidence-based health promotion programs and support groups (e.g., Powerful Tools for Caregivers, Chronic Disease Self-Management, Diabetes Support Group). [formal]
 - Collaborating to plan and offer Chatham's 1st Senior Education Retreat at new Ag Center on April 18, 2018. [formal]
 - Provide presentations at Senior Centers (e.g., No Meds, Go Meds). [informal]
 - Provide consultation to COA about landscaping issues. [informal]
- Included on Aging Plan Steering Committee and work group. [informal]

Parks & Recreation

- Help plan and stage Senior Games. [formal]
- Offer use of parks for senior events (e.g., We Love Seniors' Day at Northwest Park). [informal]
- Included on Aging Plan work group. [informal]

Libraries

- Offer space for meetings. [informal]
- Co-plan and offer public education and training (e.g., programming for grandparents and their grandchildren). [informal]
 - Included on Aging Plan work group. [informal]

Sheriff's Office

- Help stage Senior Games and special events at Centers. [informal]
- Offer "Coffee with a Cop" conversations at Centers. [informal]
- Write articles for COA newsletter on fraud/scams. [informal]
- Consult on other individual client situations. [informal]

Included on Aging Plan Steering Committee. [informal]

Cardinal Innovations

- Provide presentations at Senior Centers. [informal]
- Provide training to COA staff and other human services agencies. [informal]
- Write articles for COA newsletter. [informal]
- Consult on other individual client situations. [informal]
- Included on Aging Plan Steering Committee and work group. [informal]

Daymark

- Consult on other individual client situations. [informal]
- Included on Aging Plan Steering Committee and work group. [informal]

Veterans Service Office

- See Veterans for appointments at Western Senior Center (formerly the Eastern Center). [formal]
- Included in COA's Salute to Veterans event, [informal]

Other examples

- Farmer Foodshare is supplying fresh fruit and vegetables to incorporate into COA meals.
- The Collaborative Home Repair Partnership includes DSS, Rebuilding Together of the Triangle, Habitat for Humanity, NC Division of Vocational Rehabilitation, Central Piedmont Community Action, and NC Baptist Aging Ministry.
- UNC School of Nursing—COA serves as a host agency for its nursing students.
- Chatham Cares Pharmacy—COA provides donated goods to the pharmacy and makes referrals.
- PACE (Program of All-Inclusive Care for the Elderly)—COA provides frozen meals to some of its clients under a contractual arrangement; collaborates on offering some caregiver support activities.



We have had 146 clients enrolled from July 1 2016 to present across all three of our home based services. Of these, 13 suffer from memory loss and confusion. Twenty-four clients are enrolled in more than one of these programs.

The average stay in any one of our home based programs is 889 days (approx. 2.5 years). Our most tenured client is currently coming up on 18.5 years (been servicing her since 1999).

In Home Aide Program

We have had 74 total clients in our in home aide program this fiscal year (active and discontinued). Out of these 74 clients, 36 have been assessed more than one time (the remaining have only had one assessment done*). Of these 36....

- -31 of 36 (86%) clients have improved or maintained their nutritional health score
- -27 of 36 (75%) have improved or maintained their "activities of daily living" (which is the ability to feed, dress, bathe, toilet, transfer, and ambulate on own)
- -24 of 36 (67%) have improved or maintained their "instrumental activities of daily living" (which is the ability to prepare meals, shop, manage medications, use the telephone, and maintain a clean living environment)

Home Delivered Meal Program

We have had 63 total clients in our home delivered meal program this past fiscal year (active and discontinued). Out of these 63 clients, 42 have been assessed more than one time (the remaining have only had one assessment done*). Of these 42....

- -40 of 42 (95%) clients have improved or maintained their nutritional health score
- -25 of 42 (60%) have improved or maintained their "activities of daily living" (which is the ability to feed, dress, bathe, toilet, transfer, and ambulate on own)
- -32 of 42 (76%) have improved or maintained their "instrumental activities of daily living" (which is the ability to prepare meals, shop, manage medications, use the telephone, and maintain a clean living environment)

Frozen Meals Program

We have had 23 total clients in our frozen meal program this past fiscal year (active and discontinued). Out of these 23 clients, 9 have been assessed more than one time (the remaining have only had one assessment done*). Of these 9....

- -9 of 9 (100%) clients have improved or maintained their nutritional health score
- -8 of 9 (89%) have improved or maintained their "activities of daily living" (which is the ability to feed, dress, bathe, toilet, transfer, and ambulate on own)
- -6 of 9 (67%) have improved or maintained their "instrumental activities of daily living" (which is the ability to prepare meals, shop, manage medications, use the telephone, and maintain a clean living environment)

	50	

PHISOR Eastern Chatham May 2018 Chatham County Council on Aging Senior Center (919) 542-4512

Key S=Fee

TIMES COMES			365 NC Hwy 87 N. Pittsboro	
Monday	Tuesday	Wednesday	Thursday	Friday
	· · · · · · · · · · · · · · · · · · ·	15 to 15 to 15	Ede Com	4
Lunch Bunch- Saragota Grill	8 am Circuit Training	ngth	oning	8 am 50/50
		,		10 am Geri-Fit
Day Tring- May 2. Strawberry Patch 10:15 am Front Porch Ministry		10 am Trip-Walmart	BP Checks	11 am Dominos
May 9- Whirligig Park				1 pm Mah Jongg
May 16-Boomer Expo 1 pm Rummikub	1 pm Rummikub		11 Medication Management By:	
Hikina Group			Chatham Drug Free	
Mav 9- Haw River Pittsboro			1:30 pm Line Dance	
May 24- Little River Park		7 Dances for Peace	3 Yoga - Shannon \$	
7	8		10	
8 am Total Body Strength	8 am Circuit Training	by Strength	8 am Body Conditioning	8 am 50/50
10 Golf at SC Country Club \$	10 Wood Carving Group	i.	8:30 3G's/9 Bocce	9:30 am Bid Glucose/BP Checks
10:30 am Arthritis Exercise	10 am Singing Group to Siler	OD	10 Needlework/10 BP Check	10 am Geri-Fit
1 pm Mixed Media	10 am Chair Yoga	Quilting	10:30 am Mother's Day Tea	11 am Top Health
*	10 am Sprill the Beans	1 Parkinson's Support Group	1:30 Line Dance	1 pm Maj Jong
	1 pm Rummikub		3 No Yoga-Shannon \$	2pm Mixed Artist & Craft Group
			4:45 pm Book Club	
5.30 Doald Meeting	4.7	4	4.7	0.7
14	Colocac Control to the colocac	om Total Body Changth	Para Body Conditioning	01 CV/CV
8 am Total Body Strength	A Wood Coning Crous	•	o anii Dody Condinoniing	10 am Gori-Eit
10 Goir at SC Country Ciub s	Colobrate Copier Day	O atm delirini 0.20 am Coffee mith the Delice		
10:30 am Annniis Exercise	in Silor City at 10:30 am	10.30 and cores with the roller	10-11 am Ringo	1 pm Mah Jonga
1 pm Mixed Media	III Shel City at 10:30 am	Bridge	10:45 May Birthdays	om Wellness and Health
	1	, n	11am Music with Tom Wilson	Discussion Group
	מחאוויוווים		Control Control Control Control	6
			1:30 Line Dance/3 Toga- Snannon 7:30 Carolina Jazz	A
3	22	23	24	25
21	777		#2 O O	
8 am Total Body Strength	8 am Circuit I raining	8 am Total Body Strength	8 am Body Conditioning	8 am 50/50
10 Golf at SC Country Club S	10 Wood Carving Group	10.30 Preventing Elder Abuse	3.30 3G S/9 Bocce	10 alli Geri-ril 11 am Roard Games
10:30 am Arminis Exercise	The Campadales	with Local Aid	10 Necdemon 10 DI Orecus	11 am Nail Painting
T pm Mixed Media	11 am NCCES- Phyllis Smith	1 Ouiting	11 Senior Tar Heel Legislature	1 pm Mah Jonga
	1 om Birmmikirh		1:30 om Line Dance	
		ě.	3 Yoga- Shannon \$	
6 pm Caregiver's Support Group				
28	29	30	31	THE STATE OF THE PARTY OF THE P
	8 am Circuit Training	8 am Total Body Strength	8 am Body Conditioning	Older American's Month
COUNCIL ON AGING	10 Wood Calving Choup	11:00 Shingles information	9:30 am Needlecrafters	Thursday Shopping Days
0380	1 pm Rummikub	By Walgreens	10 am Needlework/10 BP Check	May 3- Food Lion
		1 Quilting	10 Movie & Popcorn	May 10- Piggly Wiggly
FOR MEMORIAL DAY		1 Bridge	11 Shingles Shots	May 17- Food Lion
			1:30 pm Line Dance	May 24-Piggly Wiggly
			3 pm Yoga-Shannon &	IMAY 31- FOOD LION

Council on Aging May 2018 Menu

ILIESTARY Wednesdary Inuscary	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Let					
Lettuce/Tomato	Tuesday Wednesday Thursday Chesseburger on Bun Beef Sort Taco Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Bayanish Rice Bayanish Rice Chesseburger on Bun Lettuce Tom Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Byanish Rice 2%Milk Bayanish Rice Chicken Files Sandwich Charles Bread Cuchini with cnions Garlic Bread Cinamon Application Fat Free Dressing Chicken Files Sour Chicken Fat Free Dressing Chicken Salad Chicken Files Sour Chicken Fat Free Dressing Chicken Files Sour Chicken Fat Free Dressing Chicken Files Sour Chicken Fat Free Dressing Chicken Files Fat Bar Chicken Salad sandwich Lettuce Tom Bay Baker Polatoes Combreadmarg Craham Cacker Chicken Salad Chicken Files Combreadmarg Craham Cacker Combread Compet Combread Combread Compet Combread C	919-742-3975 Teresa or Fred	Peaches 2%Milk	Baked Chips Mayo 2%Milk	Ketchup Juice 2% Milk	
Lettuce/ Tom Cheeseburger on Bun Lettuce/ Tomato Lettuce/ Sandwich Lettuce/ Tomato Lettuce/	Tuesday Tuesday Tuesday Thursday Chesseburger on Bun Lettuce/Tomato Barked Beants Angel Food Cakek peaches Carlinamon Applesauce Carlinamon Applesauce Garlinamon Applesauce Garlinamon Applesauce Garlinamon Applesauce For Food Caket peaches Cinnamon Applesauce For Food Caket peaches Angel Food Caket pointoes Brice Coleslaw Corange Coleslaw Corange Coleslaw Coleslaw Corange Coleslaw Coleslaw Corange	919-542-4512 Alan	Roll/ jelly	Fruit	Angel food cake/fruit	Memorial Day
Lettuce/ Tom Cheeseburger on Bun Lettuce/ Tomato Lettuce/ Lettuce/ Tomato Lettuce/ Lettuce/ Lettuce/ Lettuce/ Lettuce/ L	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ Full Angel Spanish Rice Chicken Fillet Sandwich Let &Tom Tossed Salad Tossed Sal	Guest \$5.50 Eat inTake Out	Mix vegetables	Broccoli Cauliflower Salad	Baked Beans	for
Luesday Wednesday Inursday	Tuesday Tuesday Tuesday Thursday Cheeseburger on Bun Lettuce/Tornato Baked Beans Angel Food Cake/ peaches Spanish Rice Zwillik Zwillik Tossed Salad Zuchnik with onions Garlic Bread Cinamon Applesauce Frig Bar Chicken Fillet Sandwich Let & Tom Frig Bar Chicken Fillet Sandwich Let & Tom Frig Bar Chicken Fillet Sandwich Let & Tom Managers Choice Patols Salad Cinamon Applesauce Frig Bar Chicken Fillet Sandwich Let & Tom Managers Choice Patols Salad Chicken Fillet Sandwich Let & Sour Chicken Managers Choice Patols Salad Chicken Fillet Sandwich Egg Rolls Julice Graham Crackers Frig Bar Chicken Fillet Sandwich Frig Bar Chicken Fillet Sandwich Egg Rolls Julice Combread/marg Graham Crackers Scalioped Tomatoes Frig Bar Julice Pinto Beans Scalioped Tomatoes Seam Cabbage Graham Crackers Scalioped Tomatoes Steam Cabbage Graham Crackers Combread/marg Egg Rolls Julice Combread/marg Combread/marg Egg Rolls Julice Combread/marg Combread/marg Combread/marg Egg Rolls Julice Combread/marg Combread/marg Combread/marg Combread/marg Combread/marg Combread/marg Egg Rolls Julice Combread/marg Co	Senior Meal of the Day	Parslied noodles	Lettuce Tomato	Lettuce &Tomato	Closed
Lestay Wednesday Inursday	Tuesday Wednesday Thursday Chesseburger on Bun Lettuce/Tomato Barked Beans Angel Food Carke Paschess Spanish Rice 2*Millik Bayer Saluce Chicken Filled Sandwich Let & Tom Colesiaw Bayer Saluce 2*Millik Bayer Saluce Chicken Filled Sandwich Let & Tom Colesiaw Parsisy Podatoes Spanish Rice 2*Millik Juice 2*Millik Bayer Saluce Chicken Filled Sandwich Let & Tom Potato Salud Cunamon Applesauce Falled Sandwich Let & Tom Mayo Fall Free Dressing 2*Millik 15 Sweet & Sour Chicken Filled Sandwich Let & Tom Mayo Falled Sandwich Let & Tom Potato Salud Cinamon Applesauce Falled Sandwich Let & Tom Mayo Falled Sandwich Let & Tom Potato Salud Cinamon Applesauce Falled Sandwich Let & Tom Mayo Falled Sandwich Let & Tom Mayo Falled Sandwich Let & Tom Potato Salud Cinamon Applesauce Falled Sandwich Lettuce Tom Baby Baker Potatoes Boccoli Salad Orange 2*Milk Combread/may Colesiaw Baby Baker Potatoes Boccoli Salad Orange 2*Milk Combread Corlesiaw Corlesiaw Corlesiaw Greens Corlesiaw Corlesiaw Corlesiaw Greens Corlesiaw C		31	30	29	288
ILESTAY ILE	Tuesday Tuesday Tuesday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Salesa 2%Milik Dammal Cookie 2%Milik Salesa 2%Milik Dica Corange Corange Corange Corange Corange Corange Corange Fat Free Dressing Fat Free Dressing Fat Free Dressing Fat Free Dressing Corange Co					
ILESCAY ILESCAY TOSAN Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Spanish Rice Colcake/ peaches Angel Food Cake/ peaches Angel Food Salad Colcake/ peaches Angel Food Cake/ peaches Angel Cake/ peaches Angel Colcake BBO Pork Sandwich Lettuce/ Tom Baby Baker Polatoos Brait Free Dressing Lettuce/ Tom Baby Baker Polatoos Brocoil Salad Angel Food Cake/Fruit Colcasiaw Grahman Cracker	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches BBQ Pork Sandwich Lettuce/ Tomato Baby Baker Potatoes Corlaines Cornbread	200	2% MIIK			
Lesday Wednesday Inusday	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Dammal Cookie Spanish Rifice Angel Food Cake/ peaches Mayo Dammal Cookie Spanish Rifice Spanish Rifice Baband Corange Carlie Bead Cinnamon Applesauce Fet Free Dressing Tossed Salad Cinnamon Applesauce Fet Baband Corange Graham Crackers Fet Baband Corange Julice Tomatoes Scalloped Tomatoes Steam Cabbage Graham Crackers Corange Julice Tomatoes Scalloped Tossed Scalloped Tomatoes Scalloped Tossed Scalloped Tossed Scalloped Tomatoes Scalloped Tossed Scalloped Tossed Scalloped Tossed Scal	2% Milk	Grahman Cracker			
Lestary Wednesday Inursiay	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Pimento Com Angel Food Cake/ peaches Mayo Datineal Cookie Posta Salea Colessaw Angel Food Cake/ peaches Mayo Datineal Cookie Privit Posta Salea Cokes Salea Comanon Applesauce Fat Free Dressing Fat Free Dressing Fat Free Dressing Common Applesauce Fat Free Dressing Fat Free Dressing Common Applesauce Fat Free Dressing Common Applesauce Fat Free Dressing Fat Free Dressing Common Applesauce Fat Free Dressing Fat Free Dressing Sweet & Sour Chicken Fals Common Applesauce Fat Free Dressing Fat Free Dressing Fat Free Dressing Common Applesauce Fat Free Dressing Fat Free Dressing Sweet & Sour Chicken Fals Common Applesauce Fat Free Dressing	Fruit Salad	Yogurt	2% 8==	2% MIK	2%MiK
ILLESCAY ILLESCAY ILLESCAY ILLESCAY ILLESCAY ACCHEESEBURGET On Bun Lettucer Torm Baked Beants Angel Food Cake/ peaches BBQ Pork Sandwich Colesiaw BBQ Pork Sandwich Food Cake/ peaches Colesiaw BBQ Pork Sandwich Fruit Colesiaw Angel Food Cake/ Fruit Angel Food Cake/ Fruit Angel Food Cake/ Fruit Angel Food Cake/ Fruit Colesiaw BBQ Pork Sandwich Colesiaw BBQ Pork Sandwich Colesiaw BBQ Pork Sandwich Fruit Colesiaw BBQ Pork Sandwich Colesiaw BBQ Pork Sandwich Lettuce/ Torm Angel Food Cake/ Fruit Colesiaw Brocoll Salad Chicken Filief Sandwich Lettuce/ Torm Angel Food Cake/ Fruit Colesiaw Colesiaw Back Sealing BBQ Pork Sandwich Colesiaw Brocoll Salad Chicken Filief Sandwich Lettuce/ Torm Angel Food Cake/ Fruit Colesiaw Colesi	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Foot Cake/ peaches Baked Beans Angel Foot Cake/ peaches Mayo 2%Milk Spaghetil w Meet Sauce Garlic Bread Zucchini with noions Garlic Bread Cinnamon Applessauce Far Free Dressing 2%Milk 15 Sweet & Sour Chicken Managers Choice Brook Cincken Salad Sweet & Sour Chicken File Brook Cincken Salad Colored Cincken Seric Bread Cinchini with noions Garlic Bread Cinnamon Applessauce Fig Bar Connbreadmarg Connbreadmarg Fig Bar Connbreadmarg Connbreadmarg Connbreadmarg Fig Bar Connbreadmarg Connbreadmarg Connbreadmarg Fig Bar Connbreadmarg Connbreadmarg Fig Bar Fig Bar Fig Bar Angel Foot Cake/Fruit Fig Bar Connbreadmarg Fig Bar Connbreadmarg Fig Bar Fig Bar Connbreadmarg Fig Bar Fig Bar Connbreadmarg Fig Bar Connbre	Discult	Compresso	ouica	Cange	FIOR
ILLESCAY ILLESCAY ILLESCAY ACCHEESEBURGET On Bun Lettrucer/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Bay 2%Milk 2%Milk Bay Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk 2%Milk Sweet & Sour Chicken Managers Choice Managers Choice Managers Choice Chicken Salad Sweet & Sour Chicken Fig Bar Cinnamon Applesauce Fat Free Dressing 2%Milk 2%Milk 2%Milk 15 Sweet & Sour Chicken Fig Bar Chicken Files Fig Bar Cinnamon Applesauce Fat Free Dressing 2%Milk 2%Milk 2%Milk 2%Milk Chicken Salad sandwich Lettuce/ Tom Bay Chicken Salad Sloppy JoeSandwich Brond Food Food Food Food Coleslaw Cole	Tuesday 1 2 2 Cheeseburger on Bun Lettuce/ Tomato Baked Beans Angel Food Cake/ peaches Baked Beans Angel Food Cake/ peaches Bayo Baked Beans Angel Food Cake/ peaches Colesiaw Bayo Baked Beans Angel Food Cake/ peaches Bayo Bayo Bayo Bayo Bayo Bayo Bayo Bayo	Picarit Charces	Giodila		District Color	Maca Class
ILESCAY WeCIRSCAY INUISOAY ILESCAY WECIRSCAY INUISOAY ILESCAY ACCHEESEAUTIGET ON BIND Lettruce/Torm Baked Beans Angel Food Cake/ peaches Baby Baker Food Coke Cohesiaw Bab Baby Baker Foodsoos Chicken Filled Sandwich Angel Food Coke Polatios Saled Chicken Filled Sandwich Italian Vegetables Julice 2%Milk 2%Milk 10 Corabara Crackers Angel Food Cake Polatios Saled Italian Vegetables Jell-O Dressing 2%Milk 2%Milk 2%Milk 2%Milk 2%Milk 2%Milk 2%Milk Angel Food Cake Polatios Saled Italian Vegetables Jell-O Dressing 2%Milk 2%Milk 2%Milk 2%Milk 2%Milk 2%Milk Angel Food Cake Polatos Scalioped Tomatoes Scali	Tuesday 1 2 2 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Pimento Corn Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Pruit Detricel Cookie Salse 2%Milik 8 Spaghetti w/ Meat Sauce Chicken Fillet Sandwich Let &Tom Greham Cracker's Garlic Bread Cucchini with onions Garlic Bread Cinnamon Applessauce Fat Free Dressing 2%Milik 15 Sweet & Sour Chicken Pudding Cracker's Fag Rolls Julice 2%Milik 15 Sweet & Sour Chicken Pudding Caraherr Face Fag Rolls Julice Jeg Rolls Chicken Salad sandwich Lettuce/ Tom Babu Baker Potatoes Colesiaw Fare Colesiaw Fruit Cookie Fruit Graham Crackers Frig Bar Julice Jeg Rolls Jeli-O Dressing Conbread/marg Graham Crackers Cornbread/marg Steam Cabbage Graham Crackers Cornbread/marg Steam Cabbage Graham Crackers Forackers Colesiaw Colesiaw Forales Colesiaw Frig Bar Julice Jeg Rolls Colesiaw Frig Bar Julice Jewan Cabbage Graham Crackers Colesiaw Colesiaw Forales Colesiaw Forales Colesiaw Forales Forales Colesiaw Forales Forales Colesiaw Fruit Fracio Colesiaw Forales Forales Colesiaw Forales Forales Colesiaw Frig Forales Forales Forales Forales Colesiaw Forales Forales Forales Colesiaw Forales Forales Colesiaw Forales Forales Colesiaw Forales Forales Colesiaw Forales Forales Forales Colesiaw Forales Forales Forales Colesiaw Forales	Machael Dotatons	O Page 1	Annel Food Cake/Fruit	Broccoli Salad	Mac & Checo
Liesday Wednesday Inursday	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Spanish Rice Mayo Spanish Rice Mayo Spanish Rice Mayo Spanish Rice Costment Cookie Mayo Spanish Rice Chicken Fillet Sandwich Let &Tom Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk Mayo Fat Free Dressing 2%Milk 15 Sweet & Sour Chicken Rice Pudding Graham Crackers Steam Cabbage Graham Crackers Steam Cabbage Graham Crackers Steam Cabbage Graham Crackers Steam Cabbage Cornbread/marg Letino Cornbread/marg Cornbre	Green Beans	Coleslaw	Baby Baker Potatoes	Lettuce/ Tom	Colesiaw
ILIESCRAY	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Free Dressing Sweet & Sour Chicken Fat Free Dressing Fat Free Dressing Sweet & Sour Chicken Files Fat Free Dressing Fat	Pepper Steak w gravy	Pork Ribette	Sloppy JoeSandwich	Chicken Salad sandwich	Krab Cake on Bun
Lesday Wednesday Wednesday Toursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Pinento Com Parsley Podatoes Spanish Rice Spanish Rice Parsley Podatoes Fruit Mayo Selsa Juice 2%Milk Spaghetti w/ Meet Saude Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fet Free Dressing 2%Milk 2%Milk Sweet & Sour Chicken Managers Choice Pudding Garaham Crackers Shade Chicken Fillet Sandwich Let &Tom Meetaballs &Cheese on Bun Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fet Free Dressing 2%Milk 2%Milk 2%Milk 2%Milk 2%Milk Sweet & Sour Chicken Pudding Garaham Crackers Scalloped Tomatoes Punto Beans Steam Cabbage Graham Crackers Scalloped Tomatoes Steam Cabbage Cornbread/marg Graham Crackers Scalloped Tomatoes	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2**Milk Daimeal Cookie 2**Milk Daimeal Cookie 2**Milk Daineal Cookie 2**Milk 2**Mil	25	24	23	22	21
Cheeseburger on Bun Lettuce/Tomato Balted Beans Angel Food Cake/ peaches Salsa 2%Milk Spanish Rice Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Fat Free Dressing Managers Choice Manager	Tuesday Wednesday Thursday 1 2 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Angel Food Salad 2%Milk B Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Clinnamon Applesauce Fat Free Dressing 2%Milk					2%Milk
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Spanish Rice Post Soft Taco Colesiaw BBQ Pork Sandwich Lettuce/Tom Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Dalmeal Cookie Salsa Juice Symilik Juice Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Cinnamon Applesauce Fat Free Dressing Symilik 15 Sweet & Sour Chicken Managers Choice Managers Choice Fat Food Cakers Sweet & Sour Chicken Filet Sandwich Let & Tom Meatballs & Cheese on Bun Tossed Salad Cinnamon Applesauce Fat Free Dressing Sweet & Sour Chicken Filet Sandwich Let & Tom Meatballs & Cheese on Bun Tossed Salad Cinnamon Applesauce Fat Free Dressing Sweet & Sour Chicken Filet Sweet & Sour Chicken Filet F	Tuesday Tuesday Tuesday Tuesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cakel peaches Angel Food Cakel peaches Angel Food Cakel peaches Spanish Rice Mayo Spaghetti w/ Mest Sauce Cockessay Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk 2%Milk Sweet & Sour Chicken Managers Choice Managers Choice Managers Greham Crackers Sweet & Sour Chicken Fig Bar 15 Sweet & Sour Chicken Fig Bar 16 Sweet & Sour Chicken Fig Bar 16 Sweet & Sour Chicken Fig Bar 16 Sweet & Sour Chicken Fig Bar 17 Sweet & Sour Chicken Fig Bar 16 Managers Choice Polation Scalloped Tomatoes	2%Milk		2%Milk		Oatmeal Cookie
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanhish Rice Mayo 2%Milk Spagherti w/ Meat Sauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk Spanhish Sweet & Sour Chicken Filet Sour Chicken Fat Free Dressing Sweet & Sour Chicken Filet Sour Chicken Filet Sour Chicken Filet Sandwich Let & Tom Meat Salad Cinnamon Applesauce Fat Free Dressing Sweet & Sour Chicken Filet Sour Chicken Filet Sandwich Let & Tom Tossed Salad Cinnamon Applesauce Fat Free Dressing Fa	Tuesday Tuesday Tuesday Tuesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice 2%Milk Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Cake/ peaches Colesiaw Pimento Corn Pinento Corn Postac Spanish Rice 2%Milk Juice 10 Orange Grinamon Applesauce Fat Free Dressing Spanish Rice Fat Free Dressing 2%Milk 2%Milk Potato Salad Cinnamon Applesauce Fat Free Dressing Sweet & Sour Chicken Pinto Beans Steam Cabbage Cornbread/marg Fag Rolls Orange	Jell-O	2%Milk	Juice		Yogurt
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spaghetti w/ Meat Sauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk 15 Sweet & Sour Chicken Managers Choice Managers Choice Pudding Graham Crackers Sweet & Sour Chicken Pinto Beans Managers Choice Pudding Graham Crackers Syeanish Rice Pudding Cookie Porsley Potatoes Fruit Cookie Corin Cookie Parsley Potatoes Fruit Cookie Corin Fruit Cookie Corin Fruit Juice 2%Milk	Tuesday 1 2 3 1 2 Cheeseburger on Bun Lettuce/Tomato Baked Beants Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Mayo 2%Milk Spanish Rice 2%Milk Spanish Rice Angel Food Cake/ peaches Mayo 2%Milk Chicken Fillet Sandwich Lett &Tom Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk 15 Sweet & Sour Chicken Rice Pudding Graham Crackers Sweet & Sour Chicken Finto Beans Scalloped Tomatoes Steam Cabbage Graham Crackers 15 Sweet & Sour Chicken Scalloped Tomatoes Steam Cabbage Cornbread/marg	Margarine	Orange	Egg Rolls		Banana
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ pesches Mayo 2%Milk Spanish Rice Mayo 2%Milk Spaghetti w/ Meat Sauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk Managers Choice Managers Choice Managers Choice ILESCRAY Beef Sort Taco Beer Sort Taco Colesiaw Fruit Colesiaw Fruit	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 22/Milk Spanish Rice Coleslaw Mayo 22/Milk Spanish Rice Coleslaw Mayo 22/Milk Spanish Rice Coleslaw Mayo 22/Milk Spanish Rice 22/Milk Spanish Rice 22/Milk B Spanish Rice 22/Milk Spanish Rice 22/Milk Juice 22/Milk B Spaghetti w/ Meat Sauce Chicken Fillet Sandwich Let &Tom Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing 22/Milk 15 Sweet & Sour Chicken Pinto Beans Scalloped Tomatoes Steam Cabbage	Muttin	Cornbread/marg	Graham Crackers		Corn
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Bankayo Footato Salad Chicken Fillet Sandwich Let &Tom Tossed Salad Zochlini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Fat Free	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Food Cake/ peaches Spanish Rice 2%Milk Spanish Rice Colinamon Applesauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk Managers Choice Managers Choice Managers Choice Titles Same Angel Chicken Fillet Sandwich Let & Tom Mayo Fat Free Dressing 2%Milk Sweet & Sour Chicken Filice Scalloped Tomatoes	1/2 Baked Potato	Steam Cabbage	Pudding		Colesiaw
Lettuce/Tomato Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Oatmeal Cookie 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Oatmeal Cookie 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Oatmeal Cookie 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Spanish Rice 2%Milk Oatmeal Cookie 2%Milk Spanish Rice 2%Milk Oatmeal Cookie 2%Milk Spanish Rice 2%Milk Oatmeal Cookie 2%Milk Inursday BBQ Pork Sandwich Colesiaw Fruit Angel Garaham Crackers 2%Milk Oatmeal Cookie 2%Milk Oatmeal Cookie 2%Milk Inursday BBQ Pork Sandwich Colesiaw Fruit Angel Garaham Crackers 2%Milk Oatmeal Cookie 2%Milk Inursday BBQ Pork Sandwich Colesiaw Fruit Angel Garaham Crackers 2%Milk Inursday BBQ Pork Sandwich Colesiaw Fruit Angel Garaham Crackers 2%Milk Inursday	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spaghetti w/ Meat Sauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk 15 Sweet & Sour Chicken Sweet & Sour Chicken Sweet & Sour Chicken Sweet & Sour Chicken Tossed Salad Sweet & Sour Chicken Sweet & Sour Chicken Sweet & Sour Chicken Spagheti w/ Meat Salad Cinnamon Applesauce Fat Free Dressing Sweet & Sour Chicken Sweet & Sour Chicken Spagheti w/ Meat Salad Cinnamon Applesauce Fat Free Dressing Sweet & Sour Chicken Sweet & Sour Chicken Sweet & Sour Chicken Spagheti w/ Meat Salad Spagheti w/ Meat Salad Fig Bar Dressing Sweet & Sour Chicken Spagheti w/ Meat Salad Dressing Sweet & Sour Chicken Spagheti w/ Meat Salad Spag	Green bears	scanopeu romatoes	7.00	managers unoice	CRIE
I Lestday I T 2 3 Cheeseburger on Bun Lettuce/Tomato Balked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Mayo 2%Milk Spanish Rice Mayo 2%Milk Chicken Fillet Sandwich Let &Tom Spaghetti w/ Meat Sauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk 15 Cheeseburger on Bun Lettuce/ Tom Lettuce/ Tom Lettuce/ Tom Colesiaw Pimento Corn Pimento Corn Pimento Corn Parsley Potatoes Fruit Coskie 2%Milk Spaghetti w/ Meat Sauce 2%Milk Potato Salad Corange Italian Vegetables Jeli-O Dressing 2%Milk 16 17	Tuesday I Uesday I Uesday I Uesday I Uesday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Spanish Rice Mayo 2%Milk Spanish Rice Colesiaw Parsley Potatoes Angel Food Cake/ peaches Mayo Spanish Rice Spanish Rice Oatmeal Cookie Salsa Costmeal Cookie Salsa Juice 2%Milk Juice 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk Tossed Salad Cinnamon Applesauce Fat Free Dressing 10 Dressing 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk 10 Tossed Salad Cinnamon Applesauce Fat Free Dressing 2%Milk	Country Steak w gravy	Pinto Beans	Sweet & Sour Chicken		lurkey Hot dog
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Spanish Rice Coleslaw Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Coleslaw Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Coleslaw Fruit Also Coleslaw Farsley Potatoes Spanman Crackers Salsa Coleslaw Fruit Juice 29/Milk	Tuesday Tuesday Tuesday Tuesday Thursday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Daimento Corn Fruit Mayo 2%Milk Spanish Rice Oatmeal Cookie Salsa 2%Milk Juice 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing 2%Milk Tossed Salad Covange Italian Vegetables Jell-O Dressing 2%Milk 16				13	14
I Lesday Wednesday I nursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Pimento Corn Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Postro Salsa 2%Milk Spanish Rice Postro Sokie Cokieslaw Fruit Juice 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Fat Free Dressing Fat Free Dressing Cheeseburger on Bun Food Cake/ postro Salad Cinnamon Applesauce Fat Free Dressing Tossed Salad Cinnamon Applesauce Fat Free Dressing Fat Free Dressing Tossed Salad Cinnamon Applesauce Fat Free Dressing	Tuesday Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Dairce 2%Milk Spanish Rice Oatmeal Cookie Salsa 2%Milk Juice 2%Milk Juice 2%Milk Dicsed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Fat Free Dressing Tossed Salad Cinnamon Applesauce Fat Free Dressing	18	17	10	10	100
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spaghetti w/ Meat Sauce Garlic Bread Cinnamon Applesauce Fat Free Dressing Cheeseburger on Bun Lettuce/ Tom Beef Soft Taco Lettuce/ Tom Covering Beef Soft Taco Beef Soft Taco Beef Soft Taco Beef Soft Taco Covering Beef Soft Taco Beef Soft Taco Beef Soft Taco Covering Beef Soft Taco Beef Soft Taco Beef Soft Taco Covering Beef Soft Taco Beef Soft Taco Beef Soft Taco Beef Soft Taco Covering Beef Soft Taco Beef Soft Taco Covering Beef Soft Taco Covering Beef Soft Taco Cove	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Coatmeal Cookie 2%Milk Juice 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Fat Free Dressing Tossed Salad Cinnamon Applesauce Fat Free Dressing	3			N OHIEL	
luesday Nedrescay Toursday Recomply Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Coleslaw Parsley Potatoes Splasa Cheeseburger on Bun Lettuce/Tom Codeslaw Parsley Potatoes Fruit Juice 2%Milk Juice 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dessing Tossed Salad Cinnamon Applesauce Fat Free Dessing Negotato Salad Orange Fat Free Dessing Negotato Salad Orange Spaghetti w/ Meatballs &Cheese on Bun Tossed Salad Orange Jell-O Dressing Z%Milk	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Salad 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Fat Free Dressing Tuesday Beef Soft Taco Carlic Bread Cheeseburger on Bun Lettuce/ Tom Lettuce/ Tom Cookie Carlic Bread Cinnamon Applesauce Chicken Fillet Sandwich Let &Tom Mayo Carlic Bread Cinnamon Applesauce Fat Free Dressing Carlic Bread Cookie Carlic Bread Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Applesauce Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Cinnamon Cookie Chicken Fillet Sandwich Let &Tom Tossed Salad Chicken Fillet Sandwich	20% Milk			200 Mills	
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Salsa 2%Milk Baked Beans Angel Food Cake/ peaches Colesiaw Parsley Potatoes Salsa Juice 2%Milk Baked Beans Angel Food Cake/ peaches Codesiaw Parsley Potatoes Fruit Graham Crackers 2%Milk Juice 2%Milk Baked Beans Salsa Codesiaw Parsley Potatoes Fruit Graham Crackers 2%Milk Juice 2%Milk Juic	Tuesday Tuesday Tuesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Angel Food Cake/ peaches Angel Food Cake/ peaches Spanish Rice Corn Parsley Potatoes Spanish Rice Spanish Rice Corn Fruit Mayo Salsa Cokies Salsa Cokies Graham Crackers 2%Milk Juice 2%Milk Juice 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Garlic Bread Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce Mayo Tossed Salad Cinnamon Applesauce	Juice	2%Niik	2%Milk	Fat Free Dressing	2%Milk
Iuesday Wednesday Inursday	Tuesday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Mayo 2%Milk Spanish Rice Salsa 2%Milk Spanish Rice Salsa 2%Milk Cokies Spanish Rice	Duck sauce	Dressing	Mayo	Cinnamon Applesauce	Roll/marg/jelly
Lettuce/Tomato Baked Beans Angel Food Cake/ peaches 2%Milk Spaghetti w/ Meat Sauce Tossed Salad Zucchini with onions Cheeseburger on Bun Lettuce/Tom Lettuce/Tom Lettuce/Tom Pimento Corn Pimento Corn Pimento Corn Potato Soft Taco Colesiaw Parsley Potatoes Fruit Juice 2%Milk Juice 2%Milk Meat Sauce Chicken Fillet Sandwich Let &Tom Tossed Salad Craham Crackers 2%Milk Juice 2%Milk Juice 2%Milk Juice 10 Meatballs &Cheese on Bun Tossed Salad Italian Vegetables	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Angel Food Cake/ peaches Spanish Rice Mayo 2%Milk Spanish Rice Spani	Egg Roil	Jeli-O	Fig Bar	Garlic Bread	Green Peas
Luesday Wednesday Inursday	Tuesday Tuesday Tuesday Thursday BBQ Pork Sandwich Colesiaw Parsley Potatos Sandwich Colesiaw Parsley Portatos Sandwich Colesiaw Parsley Portatos Tosachan Cookie Tosachan Cookie Colesiaw Parsley Portatos Tosachan Cookie Colesiaw Thursday Thursday	Angel Food Cake/fruit	Italian Vegetables	Orange	Zucchini with onions	Yogurt
Luesday 1 2 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spaghetti w/ Meat Sauce 10 Negative Spanish Rice Spanish Rice 2%Milk Spanish Rice 2%Milk Meat Sauce Ref Soft Taco Beef Soft Taco Lettuce/Tom Coleslaw Parsley Potatoes Fruit Graham Crackers 2%Milk Juice 2%Milk Meat Sauce Chicken Fillet Sandwich Let &Tom Meatballs &Cheese on Bun	Tuesday Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Spanish Rice Coatmeal Cookie Salsa 2%Milk Spanish Rice Coatmeal Cookie 2%Milk Meat Sauce Chicken Fillet Sandwich Let & Tom Meat Sauce Thursday BBQ Pork Sandwich Coleslaw Parsley Potatoes Fruit Graham Crackers 2%Milk Meat Sauce Chicken Fillet Sandwich Let & Tom Meatballs & Cheese on Bun	Rice	Tossed Salad	Potato Salad	Tossed Salad	Sunshine Carrots
Luesday 1 2 2 3 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches 2%Milk 8 9 100 Cheeseburger on Bun Lettuce/ Tom Lettuce/ Tom Lettuce/ Tom Coleslaw Parsley Potatoes Fruit Salsa 2%Milk 3 10	Tuesday Wednesday Thursday 1 2 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Juice 2%Milk 10 Thursday BBQ Pork Sandwich Coleslaw Parsley Potatoes Fruit Graham Crackers 2%Milk Juice 2%Milk 9 10	Chicken Stir Fry	Meatballs &Cheese on Bun	Chicken Fillet Sandwich Let &Tom	Spaghetti w/ Meat Sauce	Chicken & Noodles
Luesday Wednesday Inursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Milk Mednesday Me	Tuesday Wednesday Thursday 1 2 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Mednesday Beef Soft Taco Lettuce/ Tom Lettuce/ Tom Pimento Corn Parsley Potatoes Fruit Spanish Rice Fruit Graham Crackers Juice 2%Milk	11	10	9	8	7
Luesday Wednesday Inursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Juice Inursday Wednesday Inursday Inursday Inursday Inursday Inursday Inursday Inursday Inursday Inursday BBQ Pork Sandwich Coleslaw Parsley Potatoes Fruit Fruit Graham Crackers	Tuesday Wednesday Thursday 1 2 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Juice Thursday Thursday BBQ Pork Sandwich Lettuce/ Tom Coleslaw Parsley Potatoes Fruit Graham Crackers Salsa 2%Milk Juice			2%Milk		
Luesday Wednesday Inursday Inursday	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo 2%Milk Tuesday Wednesday Wednesday Beef Soft Taco Lettuce/ Tom Lettuce/ Tom Coleslaw Parsley Potatoes Fruit Fruit Graham Crackers Salsa 2%Milk			Juice		
Cheeseburger on Bun Beef Soft Taco BBQ Pork Sandwich Lettuce/Tomato Lettuce/Tom Coleslaw Baked Beans Pimento Corn Parsley Potatoes Angel Food Cake/ peaches Spanish Rice Fruit Mayo Oatmeal Cookie Graham Crackers	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Mayo Thursday Wednesday Beef Soft Taco Lettuce/ Tom Coleslaw Pimento Corn Parsley Potatoes Fruit Coatmeal Cookie Graham Crackers	2%Milk	2%Milk	Salsa	2%Milk	
Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Cheeseburger on Bun 2 3 3 3 3 3 3 3 3 3	Tuesday Wednesday Thursday Cheeseburger on Bun Lettuce/Tomato Baked Beans Angel Food Cake/ peaches Tuesday Wednesday Beef Soft Taco Lettuce/ Tom Lettuce/ Tom Coleslaw Pimento Corn Parsley Potatoes Fruit	Dinner Roll	Graham Crackers	Oatmeal Cookie	Mayo	
I uesday Wednesday Inursday 1 2 3 Cheeseburger on Bun Beef Soft Taco BBQ Pork Sandwich Lettuce/Tomato Lettuce/ Tom Colesiaw Baked Beans Pimento Corn Parsley Potatoes	Tuesday Wednesday Thursday 1 2 Cheeseburger on Bun Lettuce/Tomato Baked Beans Pimento Corn Thursday 3 Chursday BBQ Pork Sandwich Coleslaw Parsley Potatoes	Fruit Cocktail	Fruit	Spanish Rice	Angel Food Cake/ peaches	
Cheeseburger on Bun Lettuce/Tomato I uesday Wednesday I nursday 3 3 Cheeseburger on Bun Beef Soft Taco BBQ Pork Sandwich Coleslaw	Tuesday Wednesday Thursday 1 2 3 Cheeseburger on Bun Beef Soft Taco BBQ Pork Sandwich Lettuce/Tomato Lettuce/ Tom Colesiaw	Mac & Cheese	Parsley Potatoes	Pimento Corn	Baked Beans	
Cheeseburger on Bun Reef Soft Taco BBQ Pork Sandwich	Tuesday Wednesday Thursday 3 Cheeseburger on Bun Beef Soft Taco BBQ Pork Sandwich	Country Blend Vegetables	Colesiaw	Lettuce/ Tom	Lettuce/Tomato	
1 uesday wednesday inursday	Tuesday Wednesday Thursday	Baked Fish Wedge	BBQ Pork Sandwich	Beef Soft Taco	Cheeseburger on Bun	
luesday Wednesday Inursday	Tuesday Wednesday Thursday	4	ವ	2	1	
	T 184 - 1 T T T T T T T T T T T T T T T T T T	riuay	inursday	Wednesday	luesday	Monday