



CHATHAM COUNTY MASTER AGING PLAN 2026-2031



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Preface

The Chatham County Council on Aging was a non-profit organization founded in 1974 by Mattie Paige, Lacy D. Marsh, and Charlie Baldwin. The organization provided services designed to promote physical and mental wellness that would assist older adults in continuing to live in their homes independently as long as it was safely possible for them to do so. After nearly 50 years, in 2022, the Council on Aging approached the Chatham County Board of Commissioners and through a mutually beneficial agreement began the process of becoming a full Chatham County department. In July of 2023 they officially became the Chatham County Aging Services. This change meant they would no longer operate as a nonprofit but as a government entity.

Before the transition, the Council on Aging had developed a strategic plan that outlined goals and strategies to improve the lives of aging residents in Chatham County, primarily through partnerships with nonprofit organizations and enhanced outreach. This Master Aging Plan represents a new chapter, the first comprehensive aging plan developed by Chatham County Government. As an official county department, Aging Services will enhance collaboration across various county departments while continuing to partner with external organizations. This plan takes a broader approach by focusing on the eight Domains of Livability framework, aiming to transform Chatham County into a truly age-friendly community that supports residents at every stage of life.

Message From Aging Services Director

As our county continues to grow and evolve, we are committed to supporting older adults with the resources, services, and opportunities needed to live healthy, safe, and fulfilling lives. Designed to be an adaptive product, this Aging Plan reflects our dedication to understanding the evolving needs of our aging population and creating a community where every older adult is valued, respected, and empowered to live with dignity, purpose, and independence.



Picture: Chatham County Aging Services Director Ashlyn Martin

It's no secret. Chatham County is growing, while becoming older and wiser along the way. With that growth comes both opportunities and responsibilities. The goal of this Aging Plan is to be a working document that helps guide the day-to-day and long-term operations of Chatham County Aging Services, but can also be used by other departments, organizations and our elected officials to guide their decision-making processes.

The development of this plan is the result of months of collaboration, listening sessions, data analysis, and community input from residents, caregivers, service providers, community organizations and local leaders. It reflects our shared vision for



the future. It outlines priorities and strategies that will strengthen services, promote independence, encourage social connection, and improve access to care and support for older residents and their families.

Aging impacts every family and every generation. By planning thoughtfully today, we build a stronger community for tomorrow. This work cannot be accomplished by one agency or organization alone. It requires continued partnership, innovation, and shared responsibility across the public, private, and nonprofit sectors. We are grateful to the community members, caregivers, professionals, and organizations who contributed their voices and expertise throughout this process. Together, we can build a stronger, more age-friendly county for current and future generations.

We look ahead with optimism and determination as we implement this plan and work together to ensure our community remains a place where individuals can thrive at every age and every stage of life. As we work to make Chatham County an age-friendly community - we've got a plan for that!

Executive Summary

The 2026-2031 Chatham County Master Aging Plan is the first comprehensive aging plan developed by Chatham County Government and represents a major step toward AARP age-friendly community recognition. As Chatham County experiences some of the largest growth in its history, this plan addresses both the needs of current aging residents and prepares for the thousands of new residents projected to move to the area in the coming years.

The plan was created through extensive community engagement, including a countywide survey, public input sessions held in Goldston, Siler City, Pittsboro, and Northeast Chatham, and the work of a steering committee comprising county staff, elected officials, and community leaders. The steering committee was organized into eight working groups, each focused on one of AARP's Domains of Livability: Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Community Support and Health Services, and Communication and Information. This framework allows communities to prioritize and organize their work as they create and maintain a more livable environment for older residents.

While this plan is informed by the needs of aging residents, it is designed to benefit all community members as everyone is aging. This is not solely an Aging Services plan but rather a countywide initiative that reflects coordinated efforts across county departments, community organizations, and local partners to improve livability for all residents. A central priority is ensuring equitable access to opportunities across all townships,

with particular attention to rural and underserved areas.

As Chatham County's population continues to grow and age, this plan provides a framework to prepare for emerging needs, support aging in place, and create a community where residents of all ages can thrive. The Master Aging Plan establishes a baseline for ongoing planning efforts and positions Chatham County to become a truly age-friendly community that supports residents at every stage of life.



Picture: 2026 Senior Games

Introduction

Chatham County and its Aging Services Department have created a 5-year plan to enhance support for the County's aging population and to ensure that Chatham County remains a great place to live for people of all ages. This strategic plan reflects the county's commitment to proactively addressing the opportunities and challenges associated with an aging population.



Picture: Pittsboro Center for Active Living



Picture: Siler City Center for Active Living

This plan is organized around AARP's 8 Domains of Livability framework, which provides a comprehensive structure for assessing and improving community livability. According to AARP, this framework allows communities to prioritize and organize their work as they move to create and maintain a more livable environment for older residents. Each domain addresses a critical aspect of daily life, from the physical environment and transportation to social connections and access to information, ensuring that no essential need is overlooked.

The Master Aging Plan is structured to serve as a practical roadmap for implementation. Following an overview of the goals based on community input, the plan explains the development process that placed strong emphasis on

gathering diverse data and perspectives. The demographic section provides essential context about Chatham County's rapidly growing and aging population, highlighting why this planning effort is both timely and necessary. Each of the eight domains is then explored in depth, with specific goals, strategies, and measurable outcomes that describe how the County will actively work to support aging residents.

This is designed as a countywide initiative, not strictly a plan for the Aging Services department alone. This approach promotes collaboration across departments, including Planning, Public Health, Housing, Parks and Recreation, and Transportation, and ensures that age-friendly strategies benefit residents of all ages while supporting long-term, sustainable planning for the County. By integrating aging considerations into broader county operations, Chatham County can build toward serving current residents while preparing for future growth.



Picture: Aging Services participants playing shuffle board

Goals

Below you will find an overview of the Goals in this plan, which serves as a guiding framework for the items laid out in the Master Aging Plan.

Overarching Goals

OA Goal 1: Improve communication about aging-related programs and services through coordinated outreach and accessible formats.

OA Goal 2: Strengthen relationships with community organizations and partners to expand aging-related services and supports.

OA Goal 3: Ensure equitable, accessible, and culturally responsive dissemination of aging-related information to all community members.

Respect and Social Inclusion

R&SI Goal 1: Promote inclusion and equity for all older adults in Chatham County.

R&SI Goal 2: Ensure accessibility across all Chatham County facilities and programs.

R&SI Goal 3: Expand intergenerational programs that connect older adults with youth.

R&SI Goal 4: Increase opportunities for engagement outside of aging centers by supporting geographically inclusive activities in community spaces.

Social Participation

SP Goal 1: Reach underserved older adults across all townships to promote social engagement and reduce isolation.

SP Goal 2: Ensure all sanctioned County events are age-friendly, inclusive, and welcoming to older adults.

SP Goal 3: Increase digital access and literacy for older adults to support safe, comfortable participation in digital communities.

Health Services and Community Supports

HS&CS Goal 1: Expand access to wellness and health programs that promote physical and mental well-being.

HS&CS Goal 2: Increase availability of in-home supports, day programs, and respite services for caregivers and families.

HS&CS Goal 3: Enhance healthcare and mental health services in aging centers through strategic partnerships.

HS&CS Goal 4: Pursue Dementia Friendly Community designation to ensure safety, respect, and inclusion for individuals with dementia.

HS&CS Goal 5: Address food insecurity among older adults through partnerships with local food and service providers.

Housing

Housing Goal 1: Expand affordable and accessible housing opportunities for older adults through collaboration with Housing and Community Development.

Housing Goal 2: Increase home repair and maintenance programs to support safe and sustainable aging in place.

Housing Goal 3: Strengthen eviction prevention and housing stability initiatives for older adults with fixed or limited incomes.

Outdoor Spaces and Public Buildings

OS&PB Goal 1: Improve accessibility in parks and public spaces.

OS&PB Goal 2: Expand participation in senior games and recreational opportunities.

OS&PB Goal 3: Strengthen arts and cultural programming for aging adults.

OS&PB Goal 4: Promote safe and age-friendly outdoor environments (e.g. Chatham County Parks and Recreation Peaceful Pathways).

Transportation

Transportation Goal 1: Expand transportation options for older adults through partnerships with transit providers, including exploration of micro transit and fixed-route options.

Transportation Goal 2: Build partnerships with healthcare systems and universities to expand ride options and shared transportation resources.

Transportation Goal 3: Enhance coordination and planning of transportation services, including exploration of technology-based scheduling tools and bilingual access.

Civic Participation and Employment

CP&E Goal 1: Increase opportunities for older adults to participate in civic, volunteer, and leadership roles across Chatham County.

CP&E Goal 2: Promote older adult civic engagement and voter participation by partnering with election and community organizations.

CP&E Goal 3: Support employment and skill-building programs for older adults to encourage continued workforce participation.

CP&E Goal 4: Develop and enhance an ambassador program to connect older adults to civic and community engagement opportunities.

Communication and Information

C&I Goal 1: Establish a multi-platform communication system (including robocalls, print, and digital options) to better share information with older adults.

C&I Goal 2: Create inclusive communications that meet older adults where they are, ensuring access for those without reliable internet or technology.

C&I Goal 3: Using Aging Services Ambassadors re-engage the faith community and nonprofit partners to share trusted and consistent information about services.

C&I Goal 4: Strengthen collaboration with local media outlets and radio stations to improve visibility of aging-related programs.



Picture: 2026 Senior Games

Development of the Plan

The section below outlines the planning process of the Master Aging Plan. This includes a community survey that ran for a 4 month period, multiple community input sessions around the County, and the work done by the steering committee and the leadership team.

Community Survey

In December 2024, a community survey was distributed to residents of Chatham County to gather insights on how the County can better serve its aging population. During the four-month period in which the survey remained open, a total of 760 responses were collected. The survey was promoted through various channels, including official press releases from Chatham County, social media platforms for both Chatham County and Chatham Aging Services, and in-person outreach at the Centers for Active Living in Siler City and Pittsboro.

Participants had the option to complete the survey either online or via paper copies, which were available in both English and Spanish at the Centers for Active Living. The digital version was accessible in all languages supported by Google Translate. Respondents were encouraged to identify areas where the County may be lacking and to provide recommendations for actions that could enhance Chatham County as a more favorable place for individuals to age in place.

Community Input Sessions

Community input sessions were held in the Goldston Town Hall, Siler City Center for Active Living, Pittsboro Center for Active



Living, and the Chatham Grove Community Center. The purpose of these sessions was to gather additional input from Chatham County residents on the community strengths, weaknesses, and priorities for aging residents.

Steering Committee and Working Groups

The Master Aging Plan Leadership team formed a steering committee consisting of Chatham County employees, elected officials, and community leaders. Members were chosen based on their pertinent expertise and the level of engagement their organizations have with both the plan and the aging population. This committee structure highlights Chatham County's dedication to collaborating with partners to ensure the effective implementation of the plan. It also guarantees that a diverse range of perspectives is included in this county-wide initiative, which will impact all residents wishing to age within Chatham County.

The steering committee was organized into the eight domains of livability, corresponding to their specific areas of expertise. These eight working groups were responsible for reviewing public input and formulating an initial set of goals, strategies, and needs tailored to the aging population using community input.

Demographics

Understanding the demographic landscape of Chatham County is important for planning and preparing for the needs of an aging population. These trends help illustrate how Chatham County is changing and highlight pressures and opportunities these changes will place on public services and long-term planning. Chatham County is experiencing some of the largest growth in its history and the population of older adults is increasing at an even faster rate. This growth will have a significant impact on the 8 domains of livability.

Analyzing the projected population data for the County provides important context for the goals and strategies outlined in the plan. As the number of aging residents continues to rise, the County will need to expand and adapt services to support aging in place, ensure access to reliable health care, and address increased demand of public services. The demographic trends shown below highlight the importance of a comprehensive master aging plan that anticipates future needs and positions Chatham County to effectively support its aging residents.

U.S. Projections

The population of older adults in the United States has increased at a high rate since 1920. In 1920 the proportion of people 65 and older was less than 1 in 20 people. By 2020 this proportion had increased to 1 in 6 people. This is a growth rate of almost 1,000% in that time period. Between 2010 and 2020 the U.S. experienced the most amount of growth in this population on record. In this period the total population of people 65 or older increased by 15.5 million making it the largest increase in the population over a ten-year span in U.S. history. The previous

record was between 1980 and 1990 but was a 5.7 million increase, less than half the size of the new record.

This demographic trend is mainly due to the aging Baby Boomer generation, individuals born between 1946 and 1964. As they continue to get older, the composition of the 65 and older age group will inevitably change. Interestingly, those aged 65 to 74 make up more than half of the older population, or about one in ten Americans in 2020. Moreover, the group of Americans aged 75 to 84 grew by 25%, and this number is expected to rise significantly as more Baby Boomers join this age range. On the other hand, the population aged 85 to 94 showed the slowest growth rate among older adults, at just 12.6%. Meanwhile, those aged 95 and older saw a notable increase of 48.6%.

County Projections

Projections from the North Carolina Department of Health and Human Services show that the population of Chatham County is expected to grow significantly in the next several years. By 2040 the County can expect to see about a 33% increase in its population. This growth ranks 11th out of the 100 counties in North Carolina, making it one of the fastest growing counties in the state. However, the level of growth that Chatham is experiencing is not projected to be proportional within all of its age groups. Based on demographic projections, Chatham County can expect to see a significant increase in the population of older adults. The table below displays County growth projections between 2020 and 2050.

Chatham County Age Projections

2020			2030		
Age Range	Population	Percentage	Age Range	Population	Percentage
0-17	14,494	19%	0-17	14,770	16.4%
18-24	5,440	7.1%	18-24	6,688	7.4%
25-44	15,198	19.9%	25-44	18,288	20.3%
45-64	21,634	28.3%	45-64	22,912	25.5%
65+	19,571	25.6%	65+	27,194	30.3%
2040			2050		
Age Range	Population	Percentage	Age Range	Population	Percentage
0-17	17,452	17.2%	0-17	19,055	16.9%
18-24	6,220	6.1%	18-24	7,595	6.7%
25-44	21,616	21.3%	25-44	22,679	20.1%
45-64	23,623	23.3%	45-64	27,607	24.4%
65+	32,448	32%	65+	35,987	31.9%

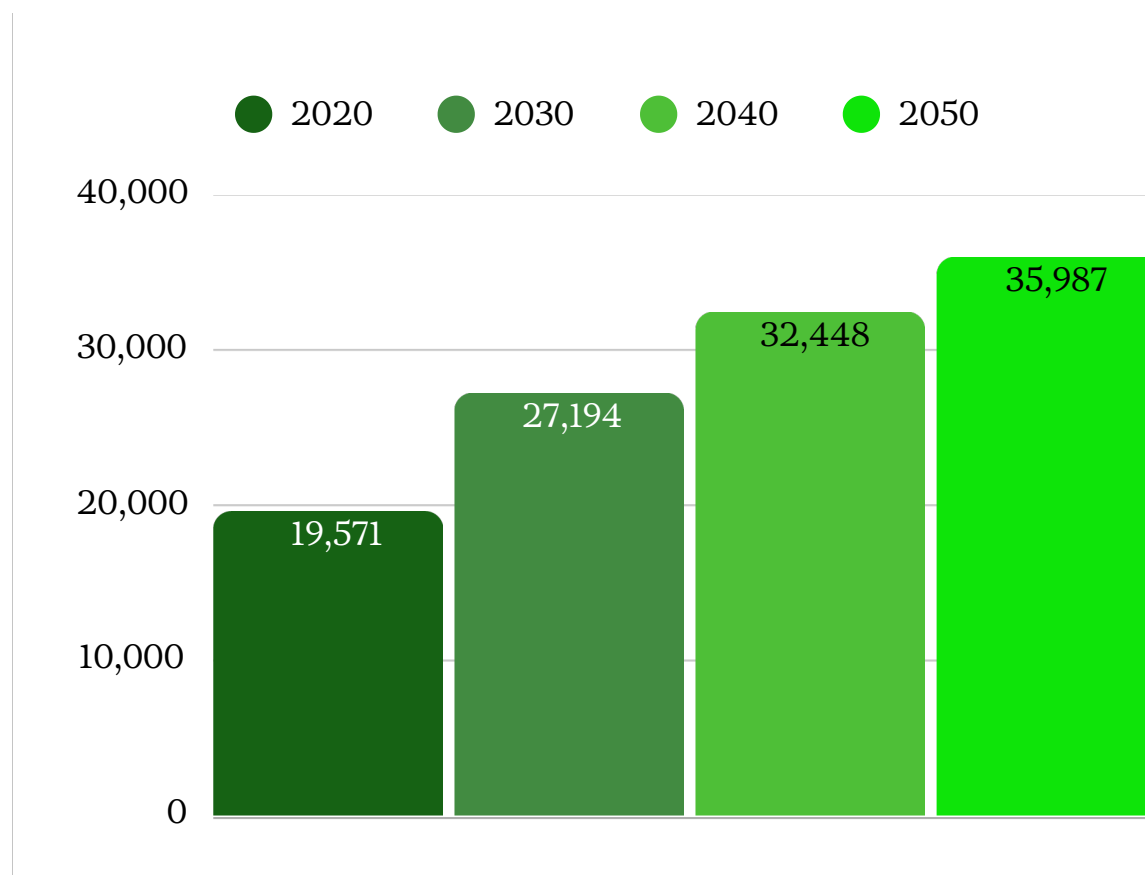
- North Carolina Office of State Budget and Management State Demographer Office: <https://www.osbm.nc.gov/facts-figures/population-demographics/state-demographer/countystate-population-projections>

In 2020 the population of Chatham County residents aged 65 years and older was 19,571. By 2050 this is expected to increase to 35,987, which is a 83.9% increase in the group's population. The population of residents aged 85 years and older is also expected to see a significant increase. According to the North Carolina Department of Health and Human Services, the population of residents aged 85 years and older in 2023 was

2,312 and should increase to about 6,984 by 2043, making up about 16% of the total Chatham County population. This is a 202% increase in the population which ranks 11th in North Carolina for the growth rate of this population group. The overall life expectancy in Chatham County stands at 80.5 years, indicating that residents are enjoying longer lifespans.

- NC Department of Health and Human Services Population Data: [Facts, Figures and Reports | NCDHHS](#)

Chatham County Age Projections of 65+ Population



- North Carolina Office of State Budget and Management State Demographer Office: <https://www.osbm.nc.gov/facts-figures/population-demographics/state-demographer/countystate-population-projections>

Chatham County vs. North Carolina

Chatham County has a noticeably older population compared to the state as a whole. In North Carolina, the median age is approximately 39 years, which is similar to the national median and reflects a relatively balanced age distribution across younger and older residents. However, in Chatham County, the median age rises to about 48 years old, which is considerably higher than the national rate. This makes Chatham one of the older counties in the state, currently ranking 15th in North Carolina by median age. This higher median age is part of what is contributing to the high growth rate of the older population in Chatham County.

To better understand the composition of the community it serves, an overview of Chatham County's demographic profile provides important context. The demographic data collected from the U.S Census Bureau displays the different race and ethnicities present in Chatham County. Chatham's population is composed of multiple racial and ethnic groups, including 71.1% who identify as White, 10.2% as Black or African American, 2.2% as Asian, and 13.6% who identify as Hispanic or Latino origin. As the County continues to grow, it will be important for community programming, outreach, service delivery, and engagement strategies. Ensuring cultural responsiveness in senior services, communication strategies, and community spaces will help support an inclusive environment for residents of all backgrounds.

When looking at employment, 56.7% of Chatham Residents are employed. In the population of those 60 and older, 28.4% are employed. Out of the total population of Chatham County 11% live below 100% of the Federal Poverty Level. This is lower than

the state, which sits at 12.5%. Among the population of those aged 60 and older 7.7% live below 100% of the Federal Poverty Level. This is also lower than the state which sits at 10.9% for its 60 and older population.

Total County Population vs. 60 and Older

	Total Chatham County Population	Chatham County Residents Aged 60 and older
Total Population	80,151	26,862
Sex and Age		
Male	48.3%	46.3%
Female	51.7%	53.7%
Median Age (years)	47.6	70.9
Race and Hispanic or Latina Origin		
One race	91.6%	95.6%
- White	71.1%	81.6%
- Black or African American	10.2%	10.6%
- American Indian and Alaska Native	0.5%	0.1%
- Asian	2.2%	1.9%
- Native Hawaiian and Other Pacific Islander	0.5%	0.2%
- Some Other Race	7.6%	1.1%
Two or more races	8.4%	4.4%
Hispanic or Latino origin	13.6%	4.0%
White Alone, not Hispanic or Latino	69.5%	81.5%
Households by Type		
- Households	33,004	15,920
- Family household	70.4%	59.7%
- Married-couple family	58.4%	54.3%
- Nonfamily Households	29.6%	40.3%
- Householder lives alone	25.3%	38.2%
Marital Status		
- Population 15 years and older	67,596	26,862
- Now married, except separated	58.8%	66.5%
- Widowed	5.8%	13.8%
- Divorced	9.4%	12.8%
- Separated	1.2%	0.7%
- Never Married	24.7%	6.2%

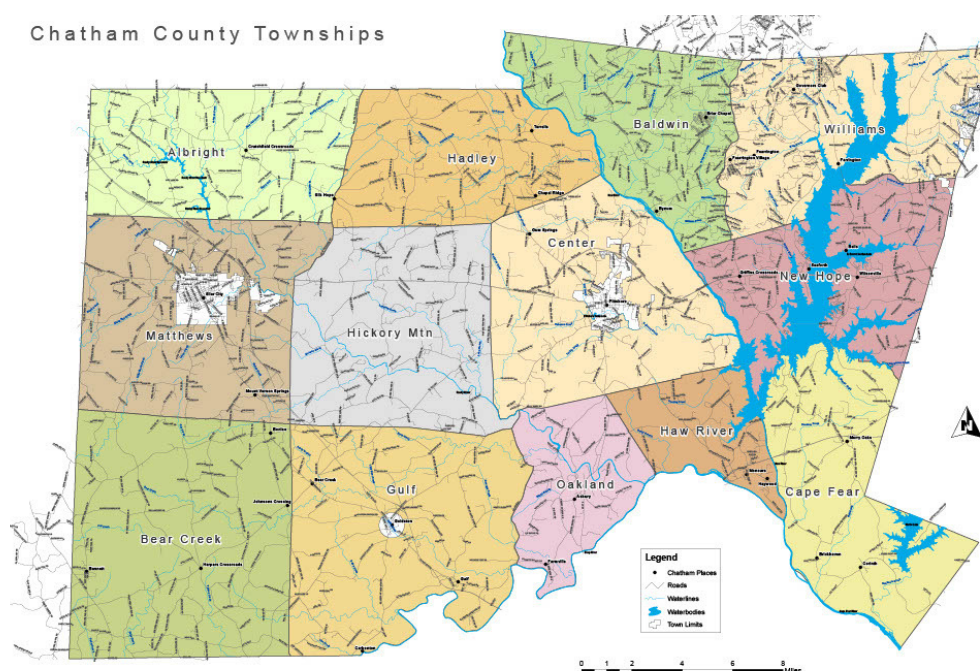
	Total Chatham County Population	Chatham County Residents Aged 60 and older
Educational Attainment		
- Population 25 years and over	59,347	26,862
- Less than high school graduate	9.1%	7.5%
- High school graduate, GED, or alternative	17.4%	19.4%
- Some college or associates degree	24.5%	22.5%
- Bachelor's degree or higher	48.9%	50.5%
Employment Status		
- Population 16 years and over	66,598	26,862
- In labor force	58.6%	29.3%
- Civilian labor force	58.4%	29.3%
- Employed	56.7%	28.4%
- Unemployed	1.7%	0.8%
- Not in labor force	41.4%	70.7%
Responsible for Grandchildren under 18 years		
- Population 30 years and over	56,037	26,862
- Living with grandchild(ren)	1.6%	2.1%
- Responsible for grandchild(ren)	0.5%	0.8%
Veteran Status		
- Civilian population 18 years and over	64,531	26,862
- Civilian veteran	7.2%	13.3%
Disability Status		
- Civilian noninstitutionalized population	79,421	26,373
- With any disability	11.3%	22.3%
- No disability	88.7%	77.7%

	Total Chatham County Population	Chatham County Residents Aged 60 and older
Poverty Status in the past 12 months		
- Population for whom poverty status is determined	79,298	26,373
- Below 100 percent of the poverty level	11%	7.7%
- 100 to 149 percent of the poverty level	8%	5.6%
- At or above 150 percent of the poverty level	81%	86.7%

- U.S. Census Bureau American Community Survey Chatham County Population Data: <https://data.census.gov/table/ACSST5Y2024.S0102?g=050XX00US37037>

Chatham County Townships

Chatham County is committed to serving residents in all areas of the County, including its currently underserved regions. The chart below presents age distribution by township. Using township-level data provides a clearer picture of rural areas that are not fully represented by the County's three municipalities.



Age Groups by Township

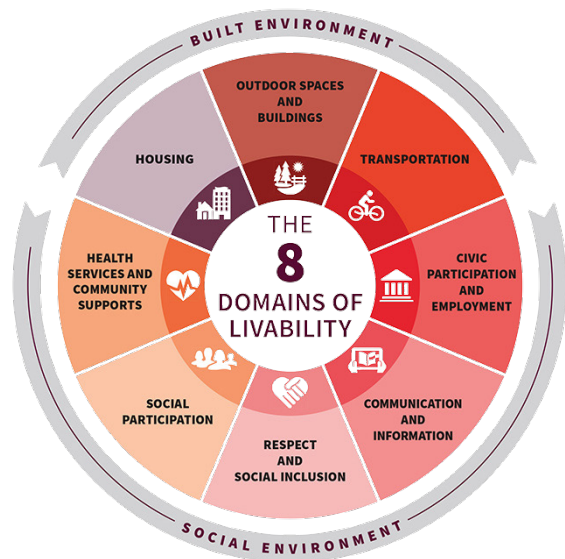
Age Group								
Township	55-59	60-64	65-69	70-74	75-79	80-84	85+	Total 55+
Albright	139	136	238	249	111	166	185	1224
Baldwin	658	927	993	962	483	216	69	4308
Bear Creek	94	238	283	107	188	105	176	1191
Cape Fear	135	99	55	92	25	40	7	453
Center	443	954	625	401	470	198	251	3342
Gulf	143	191	256	268	170	221	58	1307
Hadley	260	678	280	255	166	18	60	1717
Haw	253	181	62	95	36	85	12	724
Hickory Mountain	181	161	200	93	126	44	38	843
Mathews	1176	880	764	449	333	235	257	4094
New Hope	291	328	564	324	228	97	30	1862
Oakland	304	48	158	37	37	0	0	644
Williams	1268	1850	1459	1902	1902	1179	930	10498

- U.S. Census Bureau American Community Survey Chatham County Township Data: <https://data.census.gov/table?g=060XX00US3703790024,3703790136,3703790172,3703790504,3703790592,3703791352,3703791368,3703791428,3703791472,3703792012,3703792240,3703792352,3703794016>

AARP 8 Domains of Livability

As discussed previously, the Chatham County Master Aging Plan follows the 8 Domains of Livability framework created by AARP. Communities that have been granted Age Friendly status by AARP use the 8 domains to assess community needs, guide planning, and implement strategies that support aging residents.

This Framework serves as a practical guide for local governments to assess existing conditions, identify gaps, and implement strategies that promote long term livability and equity. The domains acknowledge that being age friendly is shaped by the environment, social connections, and access to resources.



Picture: Aging Services shopping trip

Overarching Goals and Strategies

The overarching goals listed in this section are used to establish the broad vision of the Aging Plan. These goals serve as a unifying framework that spans across all eight domains and apply to all the goals listed in each domain.

Overarching Goal 1: Improve communication about aging-related programs and services through coordinated outreach and accessible formats.

Strategy 1: Centralize information by maintaining a single, regularly updated hub (e.g., website) with comprehensive program details.

Metrics:

- a. Development progress of the single regularly updated program hub.
- b. Number of residents utilizing regularly updated hub biannually.

Strategy 2: Cross-link agency websites and shared referral systems so older adults and caregivers can easily navigate options.

Metrics:

- a. Development progress of shared referral system.

Strategy 3: Continue and increase social media and newsletters targeting caregivers (e.g., Facebook) and older adults who are digitally active.

Metrics:

- a. Number of social media posts generated on Chatham County and Aging Services social media targeting caregivers and older adults.
- b. Number of Likes and Comments on Chatham County Aging Services social media targeting caregivers and older adults.

Overarching Goal 2: Strengthen relationships with community organizations and partners to expand aging-related services and supports.

Strategy 1: Leverage community partnerships and trusted messengers to expand outreach and provide consistent, culturally responsive information on aging services. Collaborate with key partners to share materials and connect underserved populations to available resources.

Metrics:

- a. Number of aging related program materials distributed to community organizations and partners.

Strategy 2: Coordinate outreach campaigns by planning joint awareness campaigns tied to seasons (i.e. Share timelines, audiences and promotional assets to reduce duplication and extend reach).

Metrics:

- a. Number of season related outreach campaigns shared with community partners.

Overarching Goal 3: Ensure equitable, accessible, and culturally responsive dissemination of aging-related information to all community members.

Strategy 1: Ensure accessible print materials with high-contrast colors and large fonts (min. 14 point), simple layouts with white space, provide Spanish translation for all aging related programs.

Metrics:

- a. Progress on a media guide by Aging Services and/or Chatham County.

Strategy 2: Partner with diverse media outlets (radio, TV, newspapers, social platforms) to distribute information.

Metrics:

- a. Number of media outlets engaged/number of engagements to distribute information.

Strategy 3: Explore alternative formats for sharing information, including audio recordings or phone-based explanations, large-print versions, captioned videos and infographics.

Metrics:

- a. Alternative Platforms added and utilization numbers.

Below is a list of the 8 domains of livability with descriptions as to how they can improve the lives of the older population. This framework was developed by the AARP to structure the primary concerns of a community that wishes to become age friendly. The current work being done by the Chatham County and Aging Services for each domain is also listed.

Domain 1: Respect and Social Inclusion

Respect and Social Inclusion ensures that people of all ages, backgrounds, and abilities are welcomed and able to fully participate in community life. Addressing the challenges the older population faces in this domain will promote positive interactions across different groups and allow people to feel more connected, supported, and proud to belong. Prioritizing inclusion strengthens community trust, improves quality of life, and helps build a more cohesive and resilient community overall.



Picture: Aging Services Event



Picture: Aging Services group event

Community Survey Quote

"I think these services are definitely needed in our county. This provides a social outlet for many who may not have access to activities to keep them engaged."

Current Chatham County Work

Chatham County supports this domain by ensuring that county events are inclusive and accessible to all residents, as well as by providing bilingual public communications in English and Spanish to promote broad and equitable access to information.

These efforts help foster community engagement and equitable access to public information.

Chatham County's digital inclusion goals further reinforce this domain by prioritizing increased access to digital technology and improved broadband connectivity for community members. These digital inclusion efforts are outlined in the County's Digital Inclusion Plan, which explains the importance of expanding equitable access to digital resources.

Current Chatham County Aging Services Department Work

The integration and expansion of intergenerational programming has been a priority for Aging Services staff in recent years. In November 2024, Aging Services partnered with Chatham Community Library in the launch of Kindermusik, a twice-monthly event designed to unite older adults and younger children through simple games and songs. Staff has also endeavored to introduce intergenerational aspects into its major events. The February 2026 Black History Month program, which featured songwriter and storyteller Reggie Harris, invited young children to attend. The Siler City Center for Active Living hosts a monthly Low Vision Support Group in the effort to serve individuals with visual impairment. Activity calendars are provided in both English and Spanish.

Aging Services seeks to provide services to all older adults and family caregivers who call Chatham County home. Newsletters and other brochures are distributed in various locations and at events throughout the County each year. The Siler City Center for Active Living hosts a monthly low-vision support group in an effort to serve individuals with visual impairment. Additionally, activity calendars are provided in both English and Spanish.

Goals and Strategies

Respect and Social Inclusion Goal 1: Promote inclusion and equity for all older adults in Chatham County.

Strategy 1: Increase Chatham County Aging Services staff capacity to enhance community engagement in historically marginalized communities.

Metrics:

- a. Number of community engagement events or targeted outreach in historically marginalized communities.

Strategy 2: Establish contact list and provide regular communication within Chatham County communities with a focus on diversity and community involvement to help mitigate the impacts of social isolation.

Metrics:

- a. Number of Chatham County communities on the developed regular contact list.

Strategy 3: Create and work with community partners to identify and communicate diverse events and programs for aging residents.

Metrics:

- a. Number of diverse events created or identified with community partners.

Respect and Social Inclusion Goal 2: Ensure accessibility across all Chatham County facilities and programs.

Strategy 1: Facilitate accessibility audit of county facilities.

Metrics:

- a. Percentage completion of the accessibility audit.

Strategy 2: Make changes to facilities in response to the accessibility audit.

Metrics:

- a. Percentage of changes made based on the completed accessibility audit.

Strategy 3: Provide relevant signage for any areas that may be tripping/falling hazards as identified in accessibility audit.

Metrics:

- a. Number of new hazard signage added, identified as existing as recommended by the accessibility audit.

Strategy 4: Work with community partners to assess accessibility compliance of their facilities.

Metrics:

- a. Number of community partners worked with on accessibility compliance.

Respect and Social Inclusion Goal 3: Expand intergenerational programs that connect older adults with youth.

Strategy 1: Integrate intergenerational aspects into current programs and services offered by Chatham County.

Metrics:

- a. Number of new intergenerational programs implemented by Chatham County.

Strategy 2: Work with partners and Chatham County departments to integrate aging residents into their current programming.

Metrics:

- a. Number of partners implementing aging residents into their programs after engaging with Chatham County.

Strategy 3: Provide additional programs to address multigenerational caregivers and services they can use to benefit themselves and those they care for.

Metrics:

- a. Number of programs developed to assist caregivers.

Respect and Social Inclusion Goal 4: Increase opportunities for engagement outside of aging centers by supporting geographically inclusive activities in community spaces.

Strategy 1: Work with partners and county departments to develop aging centric events and programs in non-aging services locations.

Metrics:

- a. Number of partner/Non-Aging Services Department centric events/programs in non-aging services locations.

Domain 2: Social Participation

Social Participation focuses on ensuring that residents have meaningful opportunities to be active and engaged in community life. Offering a variety of accessible programs, events, and shared spaces encourages residents to connect with others through shared interests and experiences. Addressing social participation is key in reducing social isolation among all members of the community. Improving the opportunities for residents to socially engage will be key in improving the mental health of residents and fostering an inclusive community.



Picture: Aging Services 2025-2026 Holiday Events

Survey Quote

“Elders who can socialize with all generations stay healthier physically and mentally.”

Current Chatham County Work

Chatham County supports this domain through an extensive level of programming designed to foster social connection and



community engagement among residents. Multiple county departments regularly organize social events and activities to combat social isolation and improve community relations. These are primarily done through the service delivery departments such as Chatham Libraries, Parks, Recreation and Cultural Resources, and Aging Services.

Chatham Libraries regularly hosts events in all 3 branches throughout the year. These include recurring events such as books clubs, intergenerational activities, youth-focused events, and computer literacy classes. In addition, the libraries organize special events for many major holidays.

Chatham Parks and Recreation provides programming throughout the year that promote social engagement through structured programming and physical activity. They offer a wide range of recreational opportunities including fitness classes, intergenerational programs, and holiday events designed to encourage community participation.

Current Chatham County Aging Services Department Work

Chatham County Aging Services operates two Centers for Active Living in Pittsboro and Siler City. The Centers are open Monday through Friday from 8:00 am to 5:00 pm. Each Center provides exercise classes, education, day trips, arts and craft activities, and more to keep participants active, engaged, and healthy. The Centers also serve as Congregate Nutrition sites and provide a nutritious lunchtime meal each day.

The Centers for Active Living partner with our local organizations such as the Chatham Public Libraries, Veteran Services, Chatham County Department of Public Health, and Parks and Recreation to offer various services and activities.

Services through the Seniors' Health Insurance Information Program (SHIIP) and Volunteer Income Tax Assistance (VITA) Program are also available on-site.

Both the Pittsboro and Siler City Centers play a crucial role in coordinating and hosting the Chatham County Senior Games and SilverArts events each year. Athletes and artists age 50 and older can take part in various sporting events such as pickleball, tennis, cornhole, and bocce, as well as performing, visual, heritage, and literary arts.

Goals and Strategies

Social Participation Goal 1: Reach underserved older adults across all townships to promote social engagement and reduce isolation.

Strategy 1: Create community cares program to engage with residents suffering from isolation.

Metrics:

- a. Number of residents engaged by the Community Cares Program.
- b. Isolation data from Chatham County Community Assessment.

Strategy 2: Identify and provide information to older adults in underserved areas to notify them of programs and social events, and increase participation from these areas.

Metrics:

- a. Number of new participants from historically geographically underrepresented areas of Chatham County.

Strategy 3: Facilitate Aging Services pop-up events to provide residents information about programs they may be interested in.

Metrics:

- a. Number of Aging Services pop-up events.

Strategy 4: Provide Chatham County Aging Services and partner staff social isolation and loneliness training.

Metrics:

- a. Percentage of Aging Services and partner staff equipped with social isolation and loneliness training.

Social Participation Goal 2: Ensure all sanctioned County events are age-friendly, inclusive, and welcoming to older adults.

Strategy 1: Facilitate age friendly event audits ensuring events held by Chatham County are intergenerational and welcoming to older adults.

Metrics:

- a. Number of age friendly event audits held.

Strategy 2: Facilitate Aging Services staff engagement regarding planning of county-wide events.

Metrics:

- a. Number of county-wide events planned with Aging Services involvement.

Strategy 3: Require the presence of an Aging Services representative at major events to provide ombudsman-like support.

Metrics:

- a. Number of events with Aging Services representatives present.

Social Participation Goal 3: Increase digital access and literacy for older adults to support safe, comfortable participation in digital communities.

Strategy 1: Expand digital literacy training opportunities for older adults across the County, with a focus on beginner-level and job-related skills to support workforce participation, access to services, and independent use of technology.

Metrics:

- a. Number of digital training opportunities provided by Aging Services.
- b. Number of older adults participating in digital literacy training opportunities county-wide.

Strategy 2: Improve communication and outreach to older adults regarding available digital literacy resources and training opportunities.

Metrics:

- a. Number of digital literacy resources provided.
- b. Number of training opportunities provided.

Strategy 3: Develop and work with the Chatham County Sheriff's Office to provide cybersecurity education tailored to older adults.

Metrics:

- a. Number of cybersecurity training sessions offered.
- b. Number of older adults participating in cybersecurity courses.

Domain 3: Health Services and Community Support

As the County works towards being an age-friendly community, it is important to recognize the need for health services for aging residents. Aging residents are more likely to need specialized health care. Strengthening health care access will help make Chatham County not just age-friendly, but a healthier and more supportive place for all residents.



Picture: Aging Services Exercise Class



Picture: Aging Services Exercise Class

Improving this domain also ensures that individuals can access preventative care, manage chronic conditions, and receive support close to home. Prioritizing comprehensive and accessible health services contributes to long-term well-being and helps residents maintain independence and quality of life as they age.

Community Survey Quote

“Health education for seniors should be made readily available.”

Current Chatham County Work

Chatham County's Public Health Department provides services and promotes resources to help Chatham residents achieve their best physical, mental, and emotional health. The department operates a health clinic that offers a wide range of services, including immunizations, nutrition counseling, diabetes prevention and management, and other preventative and supportive health services. Additionally, the Chatham County Board of Health provides guidance on health issues affecting the community.

Chatham County further supports this domain through the Chatham Health Alliance; a collaborative partnership that works to improve the health and well-being of Chatham County residents.

Current Chatham County Aging Services Department Work

Chatham County Aging Services operates two Centers for Active Living in Pittsboro and Siler City (formerly Eastern and Western Chatham Senior Centers). These Centers are designed to provide activities and services that help participants improve their health and maintain their independence. Exercise classes are offered five days per week and include such classes as Yoga, Strong and Fit, Cardio Drumming, Zumba, and chair exercises. There are class offerings for different skill levels.

Aging Services works with other local service providers including the Chatham County Department of Public Health and Parks and Recreation to offer services at both Centers, as well as in the community. Nutrition education is offered regularly by Registered Dietitians from the Health Department. Additionally, Parks and Recreation (County, Pittsboro and Siler

City) are partners in providing Senior Games events each year.

Goals and Strategies

Health Services and Community Supports Goal 1: Expand access to wellness and health programs that promote physical and mental well-being.

Strategy 1: Increase marketing and programming through Aging Services to underserved older adult populations.

Metrics:

- a. Number of targeted outreach and marketing efforts conducted annually by Aging Services to reach underserved older adult populations.

Strategy 2: Identify community partners to coordinate health and wellness programming for older adults throughout the County (DSS, Parks and Recreation, Aging Services, Public Health, Non-Profits etc.).

Metrics:

- a. Number of county departments and community partners engaged in coordinated health and wellness programming for older adults.

Strategy 3: Increase online health and wellness classes and programs.

Metrics:

- a. Number of online health and wellness classes offered annually.
- b. Participation rates in online programs, including repeat attendance.
- c. Physical activity data from Chatham County Community Assessment.

Health Services and Community Supports Goal 2: Increase availability of in-home supports, day programs, and respite services for caregivers and families.

Strategy 1: Explore opportunities for additional funding and internships for respite services.

Metrics:

- a. Amount of funding awarded to expand or sustain respite services.

Strategy 2: Explore the feasibility of an alternative adult day care program in Chatham County.

Metrics:

- a. Percentage of feasibility analysis complete on alternative adult day care program exploration.

Health Services and Community Supports Goal 3: Enhance healthcare and mental health services in Centers for Active Living through strategic partnerships.

Strategy 1: Explore the feasibility of offering healthcare assessments at community-based locations.

Metrics:

- a. Percentage completion of potential host site assessment feasibility analysis.

Strategy 2: Explore how healthcare and mental health services are currently offered at Centers for Active Living for the opportunity of service expansion.

Metrics:

- a. Percentage complete on inventory or analysis of existing healthcare and mental health services offered in Centers for Active Living.

Health Services and Community Supports Goal 4: Pursue Dementia Friendly Community designation to ensure safety, respect, and inclusion for individuals with dementia.

Strategy 1: Increase the number of certified Dementia Champion staff in Chatham County.

Metrics:

- a. Percentage change in certified Dementia Champion staff.

Strategy 2: Conduct dementia education programs for agencies, groups, and businesses throughout Chatham County.

Metrics:

- a. Number of dementia education programs delivered annually to agencies, community groups, and businesses.

Health Services and Community Supports Goal 5: Address food insecurity among older adults through partnerships with local food and service providers.

Strategy 1: Increase awareness of existing food access partnerships and programs serving older adults.

Metrics:

- a. Number of outreach and education efforts on conducted.

Strategy 2: Strengthen coordination and messaging among partners addressing food insecurity for older adults.

Metrics:

- a. Number of partners engaged on food insecurity.
- b. Chatham County Community Assessment data on food insecurity.

Domain 4: Housing

As people grow older, the ability to age in place becomes more important. To do this, older residents need housing that is safe, affordable, and accessible to meet changing physical needs. Ensuring a range of housing options allows residents to remain in their communities, maintain independence, and stay connected to familiar support networks. Strengthening this domain also involves planning for future needs and supporting housing stability, so residents are not forced to relocate due to financial barriers or lack of appropriate living environments.



Picture: Aging Services home repair

Community Survey Quote

“Affordable housing for seniors may be the greatest need for our aging population.”

Current Chatham County Work

Chatham County’s Affordable Housing Department is the primary resource for housing-related information and services in Chatham County. The department works to provide residents with housing information and to promote available resources for homeowners and those seeking housing assistance. The goal of the department is to ensure that all residents of Chatham have access to safe and dignified housing that aligns with their

financial needs. Chatham County also has partnerships such as the *Our State, Our Homes* program to develop tools and resources aimed at address local housing challenges.

Current Chatham County Aging Services Department Work

Housing for older adults should not only be affordable but also safe. Chatham County Aging Services operates a Minor Home Repair program that through the help of our experienced volunteers, works to make homes warmer, dryer, and more accessible. Projects include minor plumbing and flooring repairs, ramp installation, building exterior stairs and/or handrails, and more.

For projects outside of the scope of work for our Minor Home Repair team, Aging Services contracts with Preserving Home, Inc. to complete larger tasks. Additionally, Aging Services is one of 19 organizations throughout the United States to receive funding through Meals on Wheels America and the Home Depot Foundation. The Helping Homebound Heroes program works to improve and repair the homes of local veterans through our partnership with Preserving Home, Inc. Aging Services is in its 7th year of participation in Helping Homebound Heroes.

Goals and Strategies

Housing Goal 1: Expand affordable and accessible housing opportunities for older adults through collaboration with the Chatham County Housing and Community Development Department.

Strategy 1: Develop a one-on-one eviction navigation and support program.

Metrics:

- a. The number of clients served by the new one-on-one eviction navigation and support program.
- b. Chatham County Community Assessment data on housing insecurity.

Strategy 2: Utilize Aging Services Ambassadors as liaisons to Chatham County Housing organizations in an effort to share information and assist older and disabled adults with housing and financial assistance.

Metrics:

- a. The number of Chatham County Housing organizations reached out to by Aging Services Ambassadors.

Housing Goal 2: Increase home repair and maintenance programs to support safe and sustainable aging in place.

Strategy 1: Strengthen coordination with existing home repair and accessibility partners.

Metrics:

- a. Number of existing home repair and accessibility partners.

Strategy 2: Seek additional funding to support home repairs for older adults who do not qualify for low-income programs.

Metrics:

- a. The number of funding opportunities identified annually.
- b. Additional funding utilized for home repair support programs.



Housing Goal 3: Strengthen eviction prevention and housing stability initiatives for older adults with fixed or limited incomes.

Strategy 1: Streamline access to housing and financial assistance through the Aging Services Ambassadors program.

Metrics:

- a. Progress on the improvement of access to housing and financial assistance programs through the Aging Services Ambassador program.

Strategy 2: Establish early-intervention supports to assist older adults prior to the eviction process.

Metrics:

- a. Number of early-intervention resources established.

Domain 5: Outdoor Spaces, Buildings, and Recreation

Outdoor spaces are needed to promote social engagement among all age groups. Improving access to public outdoor spaces and recreation facilities will greatly serve the community by providing outlets for social interaction. They also are beneficial for improving the health and well-being of residents through physical activity. According to AARP, high-quality outdoor spaces should also include features such as adequate seating, shade, smooth pathways, and accessible restrooms, which help ensure that older adults and people with mobility challenges can safely enjoy them. Ensuring that these spaces are safe, well-maintained, and accessible allows residents to gather, stay active, and feel connected to their surroundings.



Picture: Aging Services hiking trip



Picture: Aging Services Event

Community Survey Quote

“Walking and being outside is important for relaxation, socialization, and enjoyment.”

Current Chatham County Work

The Chatham County Parks, Recreation, and Cultural Resources department is responsible for a majority of the outdoors spaces throughout the County, including multiple parks and walking trails. As mentioned previously, the department hosts a variety of events such as adult sports leagues, community events, and access to reservable spaces.

Additionally, Chatham Parks and Recreation hosts intergenerational programs such as group art classes, holiday events, and various other programs designed to bring a variety of age groups together.

Current Chatham County Aging Services Department Work

Various grant-funded opportunities have enabled Aging Services to partner with other community organizations in providing additional recreation and reflection spaces for county residents – not just older adults. The Roland E. Horne Walking Trail, a 0.9 mile trail that encompasses the Central Carolina Community College campus in Pittsboro - is easily accessible via the Pittsboro Center for Active Living. It continues to be widely used as a primary walking trail. In November 2021, the COA, through funding obtained through the Colorado-based Next 50 Initiative, partnered with Chatham County Parks and Recreation and the Chatham County Center of North Carolina Cooperative Extension Service in dedicating “Peaceful Pathways for Caregivers,” an area of Northeast District Park designed as a respite area for caregivers of individuals with Alzheimer’s, dementia, and other chronic conditions. The Siler City Center for Active Living also has a smaller on-site walking trail.

Both the Pittsboro Center for Active Living and Siler City Center for Active Living have outdoor facilities that are used during administration of Chatham County Senior Games. Bocce and horseshoe pits are located at the Pittsboro and Siler City centers, respectively. When these areas are not being used for Senior Games competition, they are open to center participants throughout the year.

Goals and Strategies

Outdoor Spaces, Buildings, and Recreation Goal 1: Improve accessibility in parks and public spaces.

Strategy 1: Conduct accessibility audits of parks and public spaces.

Metrics:

- a. The number of parks and public spaces assessed through accessibility audits.

Strategy 2: Explore funding opportunities to enhance accessibility in parks and public spaces.

Metrics:

- a. The number of funding opportunities identified annually to enhance accessibility in parks and public spaces.
- b. The amount of funding acquired for enhancement of accessibility in parks and public spaces.

Outdoor Spaces, Buildings, and Recreation Goal 2: Expand participation in senior games and additional recreational opportunities.

Strategy 1: Increase awareness of Chatham County Senior Games and recreational opportunities.

Metrics:

- a. The number of outreach and promotional efforts conducted annually to promote Senior Games.

Strategy 2: Increase collaboration among agencies offering Senior Games and recreational opportunities

Metrics:

- a. The number of agencies or organizations participating in coordinated Senior Games and recreation planning.

Outdoor Spaces, Buildings, and Recreation Goal 3: Strengthen arts and cultural programming for aging adults.

Strategy 1: Explore funding opportunities for art classes targeted towards aging residents in Chatham County.

Metrics:

- a. The amount of funding acquired for art classes marketed toward aging residents.
- b. The number of classes marketed toward aging adults.

Strategy 2: Explore collaborations with local artists and organizations to host programming that fosters creative arts education for older adults.

Metrics:

- a. The number of partnerships and collaborations on creative arts education for older adults.

Outdoor Spaces, Buildings, and Recreation Goal 4: Promote safe and age-friendly outdoor environments (e.g. Chatham County Parks and Recreation Peaceful Pathways).



Strategy 1: Increase the awareness of age-friendly and safe outdoor spaces for older adults in Chatham County.

Metrics:

- a. The number of outreach and communication efforts conducted.

Strategy 2: Produce and maintain resources identifying age-friendly and safe outdoor spaces.

Metrics:

- a. The number of resources developed for identifying age-friendly and safe outdoor spaces.

Domain 6: Transportation

Accessible transportation options are crucial for older residents, as this demographic often has fewer individuals who can drive. The lack of reliable transportation significantly hampers their ability to obtain basic goods and services, as well as participate in community events. Enhancing transportation resources is vital to ensure that aging residents can maintain their independence, access necessary services, and remain actively engaged in community life.



Picture: Aging Services transportation



Picture: Chatham Transit services

Community Survey Quote

"As seniors stop driving they still want to be able to get out and about"

Current Chatham County Work

While Chatham County is not a public transportation provider, it supports this domain primarily through its various partnerships and promotion of other transportation options. Chatham Transit, a nonprofit organization, provides public transportation

services throughout Chatham County and also offers on-demand transportation services to meet community needs.

Chatham also collaborates with the North Carolina Department of Transportation to ensure the safety of roads and the reliability of transportation infrastructure for residents and visitors.

Additionally, the Chatham Planning department works with regional partners, including the Capital Area Metropolitan Planning Organization and the Triangle West Transportation Planning Organization to advance transportation planning and improve connectivity across Chatham County.

Current Chatham County Aging Services Department Work

Aging Services receives grant funding through the North Carolina Department of Transportation (NCDOT) and contracts with Chatham Transit Network to provide transportation services to medical appointments, the Centers for Active Living and Congregate Nutrition programs, and trips to the grocery store. Rides falling under these grant funds are available to individuals 60 years of age and older.

Goals and Strategies

Transportation Goal 1: Expand transportation options for older adults through partnerships with transit providers, including exploration of micro transit and fixed-route options.

Strategy 1: Collaborate with Chatham Transit to improve service coverage, frequency, and hours in areas with high concentrations of older adults.

Metrics:

- a. The number of high priority service areas with high concentrations of older adults served.
- b. The number of coordination meetings or planning efforts conducted.

Strategy 2: Develop and deliver travel training programs for older adults, including both driver training and program-based instruction.

Metrics:

- a. The number of travel training sessions for older adults offered.

Strategy 3: Explore reduced-fare programs or transit subsidies for older adults and caregivers.

Metrics:

- a. The number of reduced-fare or subsidy models reviewed.
- b. The number of reduced-fare or subsidy models implemented.

Strategy 4: Advocate for accessible transportation infrastructure improvements.

Metrics:

- a. The number of accessible transportation infrastructure improvements identified and reported.

Transportation Goal 2: Build partnerships with healthcare systems and universities to expand ride options and shared transportation resources.

Strategy 1: Collaborate with universities to support volunteer ride programs, student-driver initiatives, and mobility-innovation pilots.

Metrics:

- a. The number of universities or academic partners engaged.
- b. The number of older adults served through university-supported mobility initiatives.

Strategy 2: Coordinate with medical providers to align appointment scheduling with transit availability.

Metrics:

- a. The number of healthcare providers engaged.
- b. The number of residents utilizing appointment scheduling and transit availability service.

Strategy 3: Develop joint funding proposals with healthcare institutions to support community-based mobility services.

Metrics:

- a. The number of joint funding opportunities identified.
- b. The amount of funding to support community-based mobility services.

Strategy 4: Pilot telehealth and transportation hybrid models to reduce unnecessary trips.

Metrics:

- a. The number of telehealth-mobility hybrid pilots launched.

Transportation Goal 3: Enhance coordination and planning of transportation services, including exploration of technology-based scheduling tools and bilingual access.

Strategy 1: Explore establishment of a centralized information and referral system for transportation services.

Metrics:

- a. Number of residents served through established referral system.

Strategy 2: Facilitate cross-agency planning and coordination to address transportation gaps and overlaps.

Metrics:

- a. The number of cross-agency planning meetings convened annually.
- b. The number of transportation gaps identified and addressed.

Strategy 3: Use data and community feedback to inform transportation planning and accessibility improvements

Metrics:

- a. The number of new data sources and community input mechanisms utilized to inform transportation decisions.

Domain 7: Civic Participation and Employment

Civic participation provides opportunities to serve the community and provides another outlet for social interaction. It encourages residents of all ages to be active in the County regardless of age.



Picture: Chatham County Historic Courthouse

It is also important to support older adults in the workplace and assist them with finding opportunities for employment. Strengthening civic participation helps ensure that residents feel they have a voice in community decisions and that their knowledge and experience are valued. Promoting meaningful roles for older adults reinforces a sense of purpose and connection, which benefits both individuals and the broader community.

Community Survey Quote

“It’s important for seniors to have opportunities to give back to the community”

Current Chatham County Work

Chatham County supports this domain by facilitating and promoting volunteer opportunities for its residents. Residents are able to serve on a variety of county boards and advisory



committees appointed by the Chatham Board of Commissioners. These boards and committees provide opportunities for individuals to contribute their expertise, inform decision making, and help shape county policies and programs. Volunteer opportunities are a key way for residents to actively participate in the County, offering meaningful roles for older adults.

Chatham also promotes participation in the North Carolina Work First program, which is designed to eligible individuals in securing employment within a short period of time and achieving greater economic stability. Access to employment support promotes financial independence, social engagement, and overall well-being while enabling continued participation in the community for aging residents.

Current Chatham County Aging Services Department Work

Aging Services operates with the help of over 200 dedicated volunteers who give of their time, energy, experience, and expertise. Meals on Wheels volunteers assist with meal deliveries Monday through Friday. In addition to delivering a meal each day, volunteers also provide much needed socialization and wellness checks for recipients. Volunteers are also utilized in the kitchens at the Siler City and Pittsboro Centers for daily help with meal distribution to Congregate Nutrition participants. These volunteers also assist with bagging items for the Meals on Wheels cold packs to be delivered.

Seniors' Health Insurance Information Program (SHIIP) volunteers are trained to provide Medicare counseling and Volunteer Income Tax Assistance (VITA) volunteers assist with preparing taxes.

There are also volunteer opportunities within the Centers for Active Living, Minor Home Repair Program, and for Senior Games and SilverArts.

Goals and Strategies

Civic Participation and Employment Goal 1: Increase opportunities for older adults to participate in civic, volunteer, and leadership roles across Chatham County.

Strategy 1: Work with partners to develop a county-wide list of flexible volunteer opportunities suitable for older adults, updated quarterly. Continue hosting Volunteer & Civic Engagement Fairs in Pittsboro, Siler City and rural areas.

Metrics:

- a. The number of volunteer and civic engagement fairs hosted.

Strategy 2: Recognize older adults serving in leadership and volunteer roles through annual Volunteer Appreciation Events, highlighted in county social media, newsletters and local media.

Metrics:

- a. The number of older adults serving in Chatham County leadership and volunteer roles.
- b. The number of highlighted older adults in Chatham County social media, newsletters, and local media.

Strategy 3: Target outreach to rural areas, providing materials in plain language and utilizing trusted community partners.

Metrics:

- a. The number of materials provided utilizing community partners.

Civic Participation and Employment Goal 2: Promote older adult civic engagement and voter participation by partnering with election and community organizations.

Strategy 1: Coordinate transportation of older adults to polling places especially those living in rural areas.

Metrics:

- a. The number of older adults provided poll site transportation.

Strategy 2: Utilize nonpartisan resources to promote aging resident voter engagement.

Metrics:

- a. The number of resources provided to residents.

Strategy 3: Partner with Board of Elections to bring additional voting-related educational programming to Aging Services Centers for Active Living.

Metrics:

- a. The number of voting-related educational programs provided at Aging Services Centers for Active Living.

Civic Participation and Employment Goal 3: Support employment and skill-building programs for older adults to encourage continued workforce participation.

Strategy 1: Increase awareness about the Senior Community Service Employment Program (SCSEP) for older adults, which is a federally funded program assisting low-income unemployed individuals 55 years of age and older gain work experience and skills through paid, part-time community service.

Metrics:

- a. The number of aging residents utilizing SCSEP in Chatham County.

Civic Participation and Employment Goal 4: Develop and enhance an ambassador program to connect older adults to civic and community engagement opportunities.

Strategy 1: Complete the return of the Aging Services Ambassador Program.

Metrics:

- a. The number of Aging Services Ambassadors.

Strategy 2: Expand role of Ambassadors to connect older adults to relevant civic and community engagement opportunities.

Metrics:

- a. The number of civic and community engagement opportunities publicized by Ambassadors.

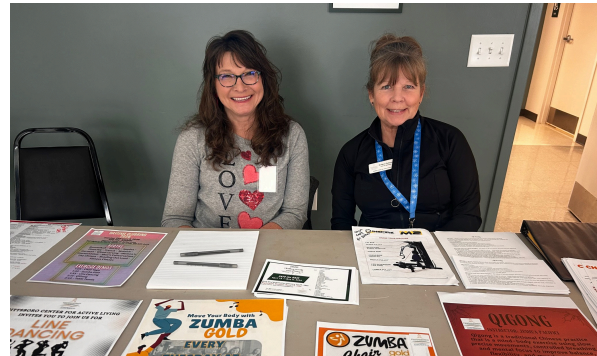
Strategy 3: Utilize Chatham County's representation in the Senior Tar Heel Legislature (Delegate and Alternate Delegate) to spearhead engagement and advocacy opportunities.

Metrics:

- a. The number of engagement and advocacy opportunities engaged in by Chatham County Aging Services.

Domain 8: Communication and Information

Effective methods of communication are essential for all members of the community. This is especially true today as the way people communicate has evolved and expanded. The ability to obtain reliable information is just as important. For older adults, the methods of communication and obtaining information have changed dramatically due to the rise of technology. Recognizing and addressing how the digital divide impacts this domain is key for creating an age friendly community.



Picture: Aging Services Zumba information



Picture: Aging Services event

Ensuring that information is accessible in multiple formats helps all residents stay informed and connected, regardless of their comfort level with digital tools. Strengthening this domain supports transparency, fosters trust, and promotes equal access to resources and opportunities throughout the community.

Community Survey Quote

“I wish there was more public awareness regarding the services offered”

Current Chatham County Work

One of the primary ways Chatham supports this domain is through its Public Information office, which regularly issues press releases to provide residents with timely and relevant information. This is done using the County website and various social media platforms including Facebook, Nextdoor, and X(formerly Twitter) The emergency communications office is also an essential part of how Chatham County government delivers safety information to residents. The Convention and Visitors Bureau is another large source of information for county residents. They promote Chatham County events and are an effective resource for all Chatham County residents.

Current Chatham County Aging Services Department Work

Aging Services announcements, flyers, newsletters, and publications are distributed through social media, the department's website, and the County's email list service. Additionally, staff regularly conducts outreach at events such as the Pittsboro Street Fair, Goldston Old Fashioned Day and the Siler City Spring Chicken Festival, among others. Currently, the agency newsletter is published six times annually on a bimonthly basis. A monthly exercise schedule, which includes links to the complete activity schedule, is distributed to individuals who opt-in via the County's email list service. As of March 2026, Aging Services has over 1,600 subscribers to its email news updates, making it the largest subscriber group in the County.

A Directory of Resources is available on the department's website and hard copies are also available.

Goals and Strategies

Communication and Information Goal 1: Establish a multi-platform communication system (including robocalls, print, and digital options) to better share information with older adults.

Strategy 1: Establish a robocall telephone system where older adults and Chatham County residents can opt-in to weekly calls outlining announcements and events.

Metrics:

- a. Number of residents reached out to by on the implemented multi-platform system.

Communication and Information Goal 2: Create inclusive communications that meet older adults where they are, ensuring access for those without reliable internet or technology.

Strategy 1: Launch regular Aging Services 'open house' where participants are given a comprehensive rundown of department services utilizing Aging Services Ambassador Program.

Metrics:

- a. Number of Aging Services 'open houses'.
- b. Number of average attendees at Aging Services 'open houses'.

Strategy 2: Maintain regular outreach schedule to community groups and faith-based organizations.

Metrics:

- a. Number of community groups and faith-based organizations reached out to on a regular basis.

Strategy 3: Implement Meals (and Information) on Wheels, an insert with meal delivery which includes actionable news and information with homebound older adults in mind.

Metrics:

- a. Amount of information distributed by this new information sharing program.

Communication and Information Goal 3: Using Aging Services Ambassadors re-engage the faith community and nonprofit partners to share trusted and consistent information about services.

Strategy 1: Conduct bi-annual meetings (every 6 months) with interested members of the faith community.

Metrics:

- a. Number of residents engaged at these meetings.

Strategy 2: Identify appropriate content for inclusion in bulletins, whether it be services, general announcements or awareness items.

Metrics:

- a. Number of bulletins provided to residents.

Strategy 3: Work with human services partners to define needs for the faith community.

Metrics:

- a. Number of human services partners engaged and needs for faith community discussed.

Communication and Information Goal 4: Strengthen collaboration with local media outlets and radio stations to improve visibility of aging-related programs.

Strategy 1: Establish reliable, repeatable presence in area media outlets through the launching of one or more regular spaces.

Metrics:

- a. Number of Aging Services appearances in area media outlets.

Strategy 2: Explore alternative means of outreach, such as a regular multi-partner publication that shares costs.

Metrics:

- a. Number of publications distributed.
- b. Number of alternative outreach means attempted.

Conclusion

As Chatham County's population continues to grow, the need to adequately support the aging population will become increasingly important. All residents are aging and this plan reflects a commitment to serve the needs of both current older adults and future populations projected to relocate to the County. as the first comprehensive planning effort focused on aging by Chatham County, it established a framework to guide future initiatives and long term strategic efforts.



Picture: Aging Services competition



Picture: Aging Services party

Community feedback is central to the success of this plan, as incorporating a wide range of perspectives and the experiences of older adults is vital to developing effective and inclusive strategies. The combination of working with community members and partner organizations will help Chatham County become an ideal location for aging in place and allow Chatham residents to remain healthy, engaged, and supported throughout their lives.

Acknowledgements

Leadership Team

Carolyn Miller – Chatham County Deputy County Manager

Ashlyn Martin – Chatham County Aging Services Director

Zach Deaton – Chatham County Deputy Aging Services Director

Jimmy Lewis – Chatham County Aging Services Grants and Communications Specialist

Brenton Hart – Chatham County Strategic Initiatives Manager

Sidney Cheek – Chatham County Policy and Research Intern

Berenice Malagon – Communications and Marketing Specialist (Visual Design)

Steering Committee and Domain Groups

Housing

Jason Smith – Chatham County Housing & Community Development Director

Renae Minor – Social Worker Program Manager

Brittney Quezada – Community Engagement Manager at Preserving Home

Dakota Philbrick – Executive Director of Love Chatham

Sandee Davis – Chatham County Aging Services Participant

Health & Community Services

Mike Zelek – Chatham County Public Health Director

David Marty – NC Senior Tarheel Legislature Delegate

Debbie Scotten – Director at Chatham Hospital Cardiac and Pulmonary Rehabilitation

Nansi Gregor-Holt – AARP Representative/Community Member

Leticia DeGaetano – Chatham County Aging Services Participant

Jenisha Henneghan – Central Pines Regional Council-Area Agency on Aging Director

Social Participation

Liz Lahti – Pittsboro Center for Active Living Director

Kathryn Walters – Siler City Center for Active Living Manager

Mike Roberson – Chatham County Sheriff

Jiona Mills – Chatham County Public Health Community Engagement Specialist

Neha Shah – Pittsboro-Siler City Convention and Visitors Bureau Director

Debbie Lee – Chatham County Aging Services Participant

Respect and Social Inclusion

Brenda Clegg – Chatham County Manager’s Office EEO and Community Engagement Officer

Thaddeus Draheim – Chatham County Libraries Outreach Coordinator

Larry Ross – NC Senior Tarheel Legislature Delegate

Victor Rodriquez – Chatham County Aging Services Participant

Communication and Information

Kara Lusk – Chatham County Manager’s Office

Jimmy Lewis – Chatham County Aging Services

Bryan Thompson – Chatham County Manager

Carlos Lima – United Way of Chatham County

Steve Newton – Chatham County Emergency Management

Anne Addabbo – Chatham County Aging Services Participant

Civic Participation and Employment

Lindsay Ray – Chatham County Manager’s Office

Johnny Shaw – Aging Services Participant

Dr. Anthony Jackson – Chatham County Superintendent

Rebecca Sommer-Peterson – Salvation Army Service in Chatham County

Transportation

Barbara Woody – Chatham County Aging

Anna Testerman – Chatham Transit Network

Karen Howard – Chatham County Board of Commissioners

Jennifer Eakes – Town of Pittsboro

Chance Mullis – Chatham County Planning Department

Juliana Walton – Aging Services Participant

Outdoor Spaces and Buildings

J Stamey – Chatham County Parks, Recreation & Cultural Resources

Tracy Burnett – Chatham County Parks, Recreation & Cultural Resources

Bill Alston – Chatham County Aging Services Participant

Domain Group Leaders

Jason Smith – Housing

Mike Zelek – Health & Community Services

Liz Lahti – Social Participation

Kathryn Walters – Social Participation



Brenda Clegg – Respect and Social
Inclusion

Kara Lusk – Communication and
Information

Jimmy Lewis – Communication and
Information

Barbara Woody – Transportation

J Stamey – Outdoor Spaces and Buildings

Lindsay Ray – Civic Participation and
Employment



Appendix 1: Community Survey

Chatham County Aging Plan Community Input Survey

We need your input to help shape the Chatham County Aging Plan, which will address the needs and opportunities for aging in our community. This 10-15 minute survey covers topics like housing, transportation, and social participation.

Your voice matters—let's work together to create a supportive, thriving community for all ages.

*All responses are confidential.

Encuesta de opinión para Adultos Mayores del Condado de Chatham

Necesitamos su opinión para ayudar a dar forma al Plan de Envejecimiento del Condado de Chatham, que abordará las necesidades y oportunidades para los adultos mayores en nuestra comunidad. Esta encuesta de 10 a 15 minutos cubre temas como vivienda, transporte y participación social.

Su voz importa: trabajemos juntos para crear una comunidad próspera y solidaria para todas las edades.

**Todas las respuestas son confidenciales.*

About You / Acerca de usted

Question 1 / Pregunta 1: Are you a resident of Chatham County, NC? / Es usted residente del Condado de Chatham, NC?

- ☐ Yes / Sí
- ☐ No
- ☐ Prefer Not to Answer / Prefiero no contestar

Question 2 / Pregunta 2: What is your age group? / En qué grupo de edad se encuentra?

- | | |
|---|--|
| ☐ Under 18/ Menos de 18 años | ☐ 75-79 |
| ☐ 18-44 | ☐ 80-84 |
| ☐ 45-54 | ☐ 85-89 |
| ☐ 55-59 | ☐ 90-94 |
| ☐ 60-64 | ☐ 95+ |
| ☐ 65-69 | ☐ Prefer not to answer/ Prefiero no responder |
| ☐ 70-74 | |

Question 3 / Pregunta 3: What is your race/ethnicity? / ¿Cuál es su raza/etnia?

- ☐ White / Blanco
- ☐ Black or African-American / Negro o Afroamericano
- ☐ Hispanic, Latino, or Spanish / Hispano, Latino o Español
- ☐ Asian / Asiático

- ☐ American Indian or Alaska Native / Indio Americano o Nativo de Alaska
- ☐ Native Hawaiian or Other Pacific Islander / Hawaiano Nativo u otras Islas del Pacífico
- ☐ Other / Otro
- ☐ Prefer not to answer / Prefiero no responder

Community Needs / Necesidades de la Comunidad

Respect, Diversity, Equity, and Inclusion / Respeto, Diversidad, Equidad e Inclusión

Question 4 / Pregunta 4: Please rate the following Statements / Califica las siguientes afirmaciones.

A) I am treated with less courtesy or respect than other people. (select 1) / Me tratan con menos cortesía o respeto que otras personas (seleccione 1)

- | | | |
|---|---|--|
| ☐ Almost Everyday /
Casi a Diario | ☐ At least once a week / Al
menos una vez por
semana | ☐ A few times a month /
Algunas veces al mes |
| ☐ A few times a year /
Algunas veces al año | ☐ Less than once a year /
Menos de una vez al año | ☐ Never / Nunca |

B) I receive worse service than other people at restaurants or stores. (select 1) / Recibo peor trato que otras personas en restaurantes o tiendas. (seleccione 1)

- | | | |
|---|---|--|
| ☐ Almost Everyday /
Casi a Diario | ☐ At least once a week / Al
menos una vez por
semana | ☐ A few times a month /
Algunas veces al mes |
| ☐ A few times a year /
Algunas veces al año | ☐ Less than once a year /
Menos de una vez al año | ☐ Never / Nunca |

C) People act as if they think I am not smart. (select 1) / La gente actúa como si pensara que no soy inteligente. (Seleccione 1)

- | | | |
|---|---|--|
| ☐ Almost Everyday /
Casi a Diario | ☐ At least once a week / Al
menos una vez por
semana | ☐ A few times a month /
Algunas veces al mes |
| ☐ A few times a year /
Algunas veces al año | ☐ Less than once a year /
Menos de una vez al año | ☐ Never / Nunca |

D) People act as if they are afraid of me. (select 1) / La gente actúa como si me tuvieran miedo. (seleccione 1)

- | | | |
|---|---|--|
| ☐ Almost Everyday /
Casi a Diario | ☐ At least once a week / Al
menos una vez por
semana | ☐ A few times a month /
Algunas veces al mes |
| ☐ A few times a year /
Algunas veces al año | ☐ Less than once a year /
Menos de una vez al año | ☐ Never / Nunca |

E) I am threatened or harassed. (select 1) / Soy amenazado o acosado. (seleccione 1)

- | | | |
|---|---|--|
| ☐ Almost Everyday /
Casi a Diario | ☐ At least once a week / Al
menos una vez por
semana | ☐ A few times a month /
Algunas veces al mes |
| ☐ A few times a year /
Algunas veces al año | ☐ Less than once a year /
Menos de una vez al año | ☐ Never / Nunca |

Question 5: Do you feel that parts of your identity play a role in these experiences? Please explain. (For example, race, age, religion, gender, sexual orientation, disability, income, education, or appearance.)

Pregunta 5: ¿Siente que parte de su identidad juegan un papel en estas experiencias? Por favor explique. (Por ejemplo, raza, edad, religión, género, orientación sexual, discapacidad, ingresos, educación o apariencia).

Outdoor and Public Spaces / Espacios públicos y al aire libre

Question 6 / Pregunta 6: What are the aspects of outdoor and open spaces that you think need improvement in your Chatham County community? (Select 3) / ¿Cuáles son los aspectos principales en espacios abiertos que cree que necesitan mejorar en su comunidad del condado de Chatham? (Seleccione 3)

- | | |
|--|---|
| ☐ Availability of benches and seating areas / Disponibilidad de bancos y zonas para sentarse. | ☐ Signage for wayfinding / Señalización para orientación |
| ☐ Access to outdoor and public spaces / Acceso a espacios exteriores y públicos. | ☐ Exercise-playground equipment in parks / Equipos de ejercicio en parques |
| ☐ Lighting in parks and public areas / Iluminación en parques y áreas públicas | ☐ Maintenance of green spaces and trails / Mantenimiento de espacios y senderos verdes. |
| ☐ Public or outdoor space restrooms / Baños públicos. | ☐ Community gardens or green spaces / Jardines comunitarios o espacios verdes |
| ☐ Walking paths or trails / caminos o senderos | ☐ Accessible parking near outdoor and public spaces/ Estacionamiento accesible cerca de espacios públicos y al aire libre. |
| ☐ Shade and shelter options in public areas / Opciones de sombra y refugio en áreas públicas | |

Question 7: Feel free to share any additional thoughts on outdoor and public spaces here. (Why did you pick those things? Is there something important missing from the list? Do you have any specific suggestions?)

Pregunta 7: Siéntase libre de compartir aquí cualquier idea adicional sobre los espacios públicos y al aire libre. (¿Por qué eligió esas cosas? ¿Falta algo importante en la lista? ¿Tiene

alguna sugerencia específica?)

Housing / Vivienda

Question 8: What are the aspects of housing that you think need improvement in your Chatham County community? (select 3)

Pregunta 8: ¿Cuáles son los aspectos principales de vivienda que cree que necesitan mejorar en su comunidad del condado de Chatham? (seleccione 3)

- | | |
|--|--|
| ☐ Affordable Housing Options / Vivienda a bajo costo | ☐ Information about housing options / Información sobre opciones de vivienda |
| ☐ Housing near services or transportation options / Vivienda cerca de servicios u opciones de transporte | ☐ Housing repair and maintenance programs and services / Programas y servicios de reparación y mantenimiento de viviendas |
| ☐ Housing designed for seniors / Viviendas diseñadas para adultos mayores | ☐ Availability of assisted living options / Disponibilidad de vivienda que ofrezca ayuda adicional para la vida diaria |
| ☐ Housing that supports being a part of a larger community / Viviendas que apoyen ser parte de una comunidad más grande | ☐ Availability of senior-friendly rental options / Disponibilidad de opciones de alquiler amigables para adultos mayores |
| ☐ Support to age in your community (instead of moving into a facility) / Apoyo para envejecer en su comunidad (en lugar de mudarse a un centro) | |

Question 9: Feel free to share any additional thoughts on housing here. (Why did you pick those things? Is there something important missing from the list? Do you have any specific suggestions?)

Pregunta 9: Siéntase libre de compartir aquí cualquier idea adicional sobre la vivienda. (¿Por qué eligió esas cosas? ¿Falta algo importante en la lista? ¿Tiene alguna sugerencia específica?)

Transportation / Transporte

Question 10: What are the aspects of transportation that you think need improvement in your Chatham County community? (Select 3)

Pregunta 10: ¿Cuáles son los aspectos del transporte que cree que necesitan mejorar en su comunidad del condado de Chatham? (Seleccione 3)

- ☐ Availability of public transportation options for seniors / Disponibilidad de opciones de transporte público para personas mayores.
- ☐ Reliability of transit services / Servicios de tránsito confiables
- ☐ Transportation for individuals with mobility issues / Transporte para personas con problemas de movilidad.
- ☐ Affordability of transportation options for older adults / Opciones de transporte para adultos mayores a bajo costo
- ☐ Availability of door-to-door or on-demand transportation services / Disponibilidad de servicios de transporte puerta a puerta o bajo solicitud.
- ☐ Driver assistance programs for seniors / Programas de asistencia al conductor para personas mayores
- ☐ Information about available transportation services / Información sobre servicios de transporte disponibles.
- ☐ Access to non-emergency medical transportation for seniors / Acceso a transporte médico que no sea de emergencia para personas mayores.

Question 11: Feel free to share any additional thoughts on transportation here. (Why did you pick those things? Is there something important missing from the list? Do you have any specific suggestions?)

Pregunta 11: Siéntase libre de compartir aquí cualquier idea adicional sobre el transporte. (¿Por qué eligió esas cosas? ¿Falta algo importante en la lista? ¿Tiene alguna sugerencia específica?)

Social Participation / Participación Social

Question 12: What are the aspects of social participation that you think need improvement in your Chatham County community? (Select 3)

Pregunta 12: ¿Cuáles son los aspectos de la participación social que cree que necesitan mejorar en su comunidad del condado de Chatham? (Seleccione 3)

- | | |
|--|--|
| ☐ Intergenerational events and programs /
Eventos y programas de varias edades
☐ Affordability of events and programs /
Eventos y programas a bajo costo
☐ Accessibility of events and programs for
people living with disabilities /
Accesibilidad de eventos y programas
para personas con discapacidad.
☐ Events for people living with or caring
for persons with dementia / Eventos
para personas que viven o cuidan
personas con demencia
☐ Options to participate in social events
and programs from home / Opciones
para participar en eventos y programas
sociales desde casa | ☐ Services for those experiencing social
isolation and loneliness / Servicios para
quienes experimentan aislamiento social
y soledad.
☐ Opportunities for social connections
among older adults / Oportunidades
para conectar con otros adultos mayores
☐ Cultural activities that celebrate diversity
/ Actividades culturales que celebran la
diversidad
☐ Inclusivity in social events / Inclusividad
en eventos sociales
☐ Social clubs (book clubs, gardening, crafts,
etc.) / Clubes sociales (lectura, jardinería,
manualidades, etc.) |
|--|--|

Question 13: Feel free to share any additional thoughts on social participation here. (Why did you pick those things? Is there something important missing from the list? Do you have any specific suggestions?)

Pregunta 13: Siéntase libre de compartir aquí cualquier idea adicional sobre la participación social. (¿Por qué elegió esas cosas? ¿Falta algo importante en su lista? ¿Tiene alguna sugerencia específica?)

Civic Participation and Employment / Participación cívica y empleo

Question 14: What are the aspects of civic participation and employment that you think need improvement in your Chatham County community? (Select 3)

Pregunta 14: ¿Cuáles son los aspectos de la participación cívica y empleo que cree que necesitan mejorar en su comunidad del condado de Chatham? (Seleccione 3)

- ☐ Volunteer experiences that fit my preferences and talents / Experiencias de voluntariado que se ajusten a mis preferencias y talentos.
- ☐ Fair compensation for employment / Salario justo por un empleo
- ☐ Help searching for and applying to jobs / Ayuda para buscar y postular a empleos
- ☐ Training opportunities to learn new job skills / Capacitación para aprender nuevas habilidades laborales.
- ☐ Jobs that adapt to meet the needs of older people / Empleos que se adaptan a las necesidades de las personas mayores
- ☐ Opportunities to advocate for legislative or substantive community change / Oportunidades para abogar por cambios legislativos o comunitarios sustantivos
- ☐ Opportunities to participate in decision making bodies such as community councils, advisory boards, or committees / Oportunidades para participar en órganos de toma de decisiones, como consejos comunitarios, juntas asesoras o comités.

Question 15: Feel free to share any additional thoughts on civic participation and employment here. (Why did you pick those things? Is there something important missing from the list? Do you have any specific suggestions?)

Pregunta 15: Siéntase libre de compartir aquí cualquier idea adicional sobre la participación cívica y el empleo. (¿Por qué eligió esas cosas? ¿Falta algo importante en su lista? ¿Tiene alguna sugerencia específica?)

Health and Community Services / Servicios comunitarios y de salud

Question 16: What are the aspects of health and community services that you think need improvement in your Chatham County community? (Select 3)

Pregunta 16: ¿Cuáles son los aspectos de los servicios comunitarios y de salud que cree que necesitan mejorar en su comunidad del condado de Chatham? (Seleccione 3)

- ☐ Affordable health care / Atención médica a bajo costo
- ☐ Affordable, healthy food / Comida saludable a bajo costo
- ☐ Dementia-friendly programs and services / Programas y servicios aptos para personas con demencia
- ☐ Resources available to assist older adults in making healthcare related decisions / Recursos disponibles para ayudar a los adultos mayores a tomar decisiones relacionadas con la atención médica
- ☐ Mental health services / Servicios de salud mental
- ☐ Quality and affordable in-home, respite, and adult day care services / Servicios de cuidado diurno para adultos, de relevo y a domicilio, de calidad y a bajo costo
- ☐ Health, wellness, and fitness programs and classes for older adults / Programas y clases de salud, bienestar y fitness para adultos mayores
- ☐ Caregiver supports / Apoyos para cuidadores de adultos mayores
- ☐ Respectful and helpful hospital and clinic staff / Personal hospitalario y clínico respetuoso y servicial
- ☐ Assistance connecting to health care virtually, such as telehealth / Asistencia para recibir atención médica virtualmente, como la telesalud

Question 17: Feel free to share any additional thoughts on health and community services here. (Why did you pick those things? Is there something important missing from the list? Do you have any specific suggestions?)

Pregunta 17: Siéntase libre de compartir aquí cualquier idea adicional sobre la salud y los servicios comunitarios. (¿Por qué eligió esas cosas? ¿Falta algo importante en la lista? ¿Tiene alguna sugerencia específica?)

Communication / Comunicación

Question 18: How do you prefer to get information about your community? (Select all that apply)

Pregunta 18: ¿Cómo prefiere obtener información sobre su comunidad? (Seleccione todo lo que corresponda)

- | | |
|--|---|
| ☐ Chatham County E-Notification / Notificación electrónica del condado de Chatham | ☐ Other internet sources (websites) / Otras fuentes de Internet (sitios web) |
| ☐ Local TV stations / Estaciones de televisión locales | ☐ Faith based organizations / Organizaciones religiosas |
| ☐ Local radio stations / Estaciones de radio locales | ☐ Word of mouth (family, friends, neighbors, etc.) / Boca a boca (familiares, amigos, vecinos, etc.) |
| ☐ Daily/weekly newspaper / Periódico diario/semanal | ☐ Bulletin boards posted in public spaces / Anuncios colocados en pizarrones públicas. |
| ☐ Community newspaper / Periódico comunitario | ☐ Mailers-Bill Inserts / Publicidad por correo tradicional |
| ☐ Social media (Facebook, Instagram, X, Nextdoor, etc.) / Redes sociales | ☐ Other (please specify) / Otro (por favor especifique)_____ |

Question 19: Do you regularly (at least weekly) use the internet with a computer/tablet/smart phone for any reason?

Pregunta 19: ¿Utiliza Internet regularmente (al menos semanalmente) con una computadora/tableta/teléfono inteligente por algún motivo?

- | | |
|--|---|
| ☐ Yes, at home / Sí, en casa | ☐ No |
| ☐ Yes, at work / Sí, en el trabajo | ☐ Prefer not to answer / Prefiero no responder |
| ☐ Yes, at public space (libraries, Centers for Active Living) / Sí, en lugares públicos | |

Question 20: If No, please tell us why you do not regularly use the internet? (select all that apply)

Pregunta 20: Sino lo usa, díganos por qué no utiliza Internet con regularidad. (seleccione todo lo que corresponda)

- | | |
|---|--|
| ☐ I do not have access to a device (computer, tablet, smart phone) / No tengo acceso a un dispositivo (computadora, tableta, teléfono inteligente) | ☐ There is not internet service where I live / No hay servicio de internet donde vivo |
| ☐ The internet costs too much money / El Internet es demasiado costoso | ☐ I do not like using this technology / No me gusta usar esta tecnología. |
| ☐ I do not feel comfortable with this technology / No me siento cómodo con esta tecnología | ☐ Other (please specify) / Otro (por favor especifique)_____ |
| | ☐ Not applicable (I use the internet) / No aplicable, yo uso Internet |

Question 21: Are you likely to engage in virtual programming (Zoom, GoToMeeting, Facebook Live, or other Live Streaming events)?

Pregunta 21: ¿Le gusta participar en reuniones virtuales (Zoom, GoToMeeting, Facebook Live u otros eventos de transmisión en vivo)?

- | | |
|---|--|
| ☐ Yes, daily / Sí, diariamente | ☐ No |
| ☐ Yes, weekly / Sí, semanalmente | ☐ Prefer not to answer / Prefiero no contestar |
| ☐ Yes, monthly / Sí, mensualmente | ☐ Other (please specify) / Otra, por favor especifique_____ |
| ☐ Yes, but very rarely / Sí, pero muy rara vez | |

Question 22: In what ways have you previously engaged with Chatham County Aging Services (formerly the Council on Aging), including the Siler City Center for Active Living and Pittsboro Center for Active Living? (select all that apply)

Pregunta 22: ¿De qué manera se ha comprometido anteriormente con el departamento de servicios para adultos mayores de Chatham County (anteriormente el Consejo de Envejecimiento), incluido el Siler City Center for Active Living y el Pittsboro Center for Active Living? (seleccione todo lo que corresponda)

- | | |
|---|--|
| ☐ Social activities and connections (Crafting, Hiking Club, Dances, etc.) / Actividades y conexiones sociales (Manualidades, Club de Senderismo, Bailes, etc.) | ☐ Individual short appointments or phone call assistance / Citas cortas individuales o asistencia por llamada telefónica |
| ☐ Caregiver supports (support groups, etc.) / Apoyos para los cuidadores (grupos de apoyo, etc.) | ☐ Health services (COVID testing, vaccine distribution, blood pressure screenings, etc.) / Servicios de salud (pruebas de COVID, distribución de vacunas, exámenes de presión arterial, etc.) |
| ☐ Educational programs (Healthy Aging Expo, Guest Speakers, etc.) / Programas educativos (Expo Envejecimiento Saludable, Oradores Invitados, etc.) | ☐ Information from website or newsletter / Información del sitio web o boletín |
| ☐ Wellness activities (exercise classes, gyms, etc.) / Actividades de bienestar (clases de ejercicio, gimnasios, etc.) | ☐ Targeted yearly programs (Tax assistance, Medicate enrollment assistance, etc.) / |
| ☐ Staying safe at home (Home repair or modification programs) / Mantenerse seguro en casa (programas de modificación o reparación de viviendas) | ☐ Food programs (Lunch programs, meals on wheels, etc.) |
| ☐ In Home Aid Services / En servicios de ayuda a domicilio | ☐ Transportation |
| | ☐ Volunteering |
| | ☐ Leadership (Advisory Councils, Senior Tar Heel Legislature, etc.) |
| | ☐ Prefer not to answer |
| | ☐ None of these options apply |
| | ☐ Other (please specify)_____ |

Question 23: What types of activities or services do you wish the Chatham County Centers for Active Living offered?

Pregunta 23: ¿Qué tipos de actividades o servicios desea que ofrezcan los Centros para la Vida Activa del Condado de Chatham?

Question 24: Other than Chatham County Aging Services facilities, what are the other main organizations you engage with to help meet your needs?

Pregunta 24: Además de las instalaciones de Servicios para Personas Mayores del Condado de Chatham, ¿cuáles son las otras organizaciones principales con las que colabora para ayudar a satisfacer sus necesidades?

Question 25: Is there anything else you would like to share about aging in Chatham County?

Pregunta 25: ¿Hay algo más que le gustaría compartir sobre su experiencia como adulto mayor en el condado de Chatham?

Question 26 / Pregunta 26: Which best describes where you live? (select 1) / ¿Cuál describe mejor el lugar donde vive? (seleccione 1)

- | | |
|---|---|
| ☐ Bennett | ☐ Bonlee |
| ☐ Goldston | ☐ Moncure |
| ☐ Siler City | ☐ Pittsboro |
| ☐ Silk Hope | ☐ Briar Chapel/Northeast Chatham |
| ☐ Cary | ☐ Apex |
| ☐ Gulf | ☐ Bear Creek |
| ☐ Other / Otro _____ | ☐ Prefer not to answer / Prefiero no responder |

Question 27 How long have you lived in Chatham County (total years)?

Pregunta 27: ¿Cuánto tiempo ha vivido en el condado de Chatham (años totales)?

- | | |
|--|---|
| ☐ Less than 5 years / Menos de 5 años | ☐ 5 to 14 years / 5 a 14 años |
| ☐ 15 to 24 years / 15 a 24 años | ☐ 25 to 34 years / 25 a 34 años |
| ☐ 35 years or more / 35 años o más | ☐ Prefer not to answer / Prefiero no responder |

Question 28: How would you rate Chatham County as a place for people to live as they age?

Pregunta 28: ¿Cómo calificaría el condado de Chatham como un lugar para que las personas vivan a medida que envejecen?

- ☐ Poor / Malo
☐ Fair / Suficiente

- ☐ Good / Bueno
- ☐ Very Good / Muy Bueno
- ☐ Excellent / Excelente
- ☐ Prefer not to Answer / Prefiero no responder

Question / Pregunta 29: Are you a U.S. military veteran? / ¿Es usted un veterano militar estadounidense?

- ☐ Yes / Sí
- ☐ No
- ☐ Prefer not to Answer / Prefiero no Contestar

Question / Pregunta 30: What is your gender? / Con qué género se identifica?

- ☐ Male / Masculino
- ☐ Female / Femenino
- ☐ Transgender / Transgénero
- ☐ I do not identify as male, female, or transgender
- ☐ Prefer not to answer / Prefiero no responder

Question 31: What are the primary languages spoken in your home? (select all that apply)

Pregunta 31: ¿Cuáles son los idiomas principales que se hablan en su hogar? (seleccione todo lo que corresponda)

- ☐ English / Inglés
- ☐ Spanish / Español
- ☐ Other / Otro _____
- ☐ Prefer not to answer / Prefiero no responder

Question 32: What is your employment status? (select all that apply)

Pregunta 32: ¿Cuál es su situación laboral? (seleccione todo lo que corresponda)

- | | |
|--|--|
| ☐ Self-employed, full-time /
Autoempleado, tiempo completo | ☐ Self-employed, part-time / Trabajador
autónomo, medio tiempo |
| ☐ Employed, full-time / Empleado, tiempo
completo | ☐ Employed, part-time / Empleado, medio
tiempo |
| ☐ Unemployed, and looking for work /
Desempleado y buscando trabajo | ☐ Retired or volunteering / Jubilado o
voluntario |
| ☐ Not in the labor force for other reason /
No en la fuerza laboral por otra razón | ☐ Not employed outside the home / No
empleado fuera de casa |
| | ☐ Prefer not to answer / Prefiero no
responder |

Question/Pregunta 33: What is your total annual household income? / ¿Cuál es el ingreso total anual de su hogar?

- | | |
|---|---|
| ☐ \$0 to \$19,999 | ☐ \$20,000 - \$49,999 |
| ☐ \$50,000 - \$89,999 | ☐ \$90,000 - \$129,999 |
| ☐ \$130,000 - \$149,000 | ☐ \$150,000+ |
| ☐ Prefer not to answer / Prefiero no responder | |

Question/ Pregunta 34: Please select all of the following that apply to you/ Seleccione todo lo siguiente que se aplique a usted:

- ☐ I am an older adult raising a young child / Soy un adulto mayor criando a un niño pequeño.
- ☐ I am a caregiver for an older adult / Soy cuidador de un adulto mayor
- ☐ I am a caregiver for a person with disabilities / Soy cuidador de una persona con discapacidad.
- ☐ None of the above / Ninguna de las anteriores

Thank you for taking the time to complete the Chatham County Aging Plan Community Survey!

Please return this survey to any Chatham County Center for Active Living, or Chatham County Public Library.

¡Gracias por tomarse el tiempo para completar la Encuesta comunitaria sobre el plan de envejecimiento del condado de Chatham!

Devuelva esta encuesta a cualquier Centro para la Vida Activa del Condado de Chatham o a la Biblioteca Pública del Condado de Chatham.

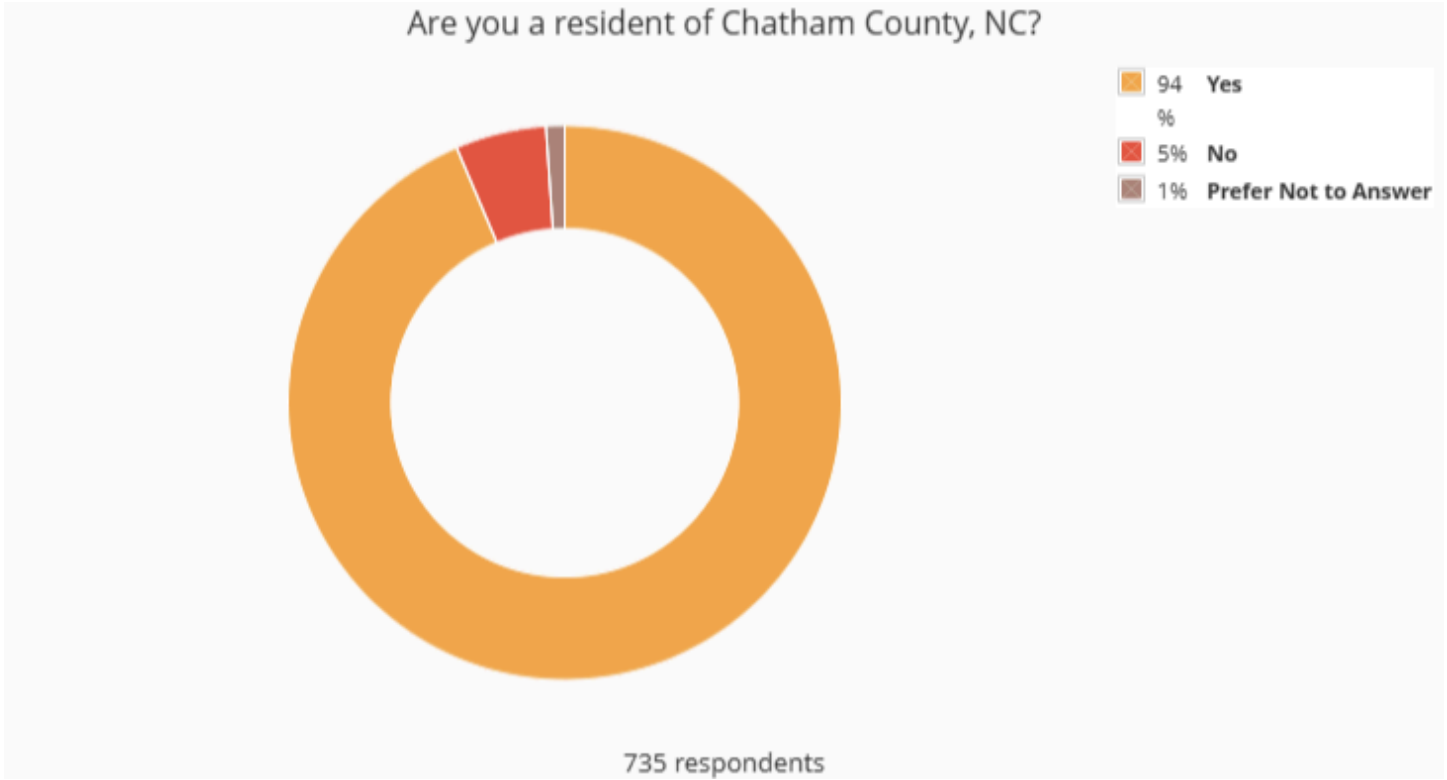


Appendix 2: Community Survey Summary Report

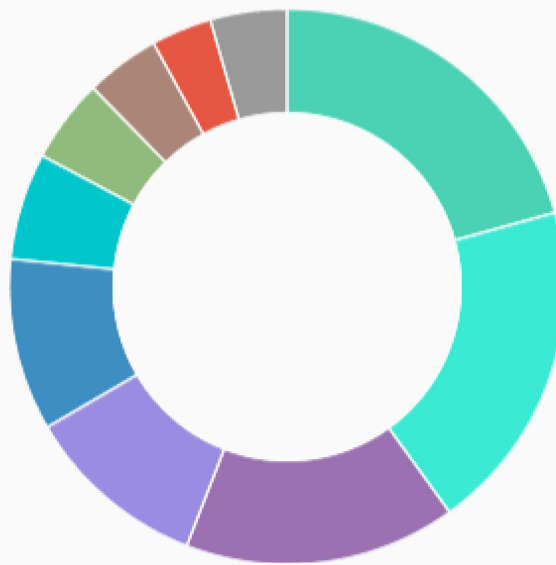
Chatham County Aging Plan Community Survey

Demographic and General Questions

Project Engagement				
VIEWS	PARTICIPANTS	RESPONSES	COMMENTS	SUBSCRIBERS
3,546	781	22,158	2,062	224

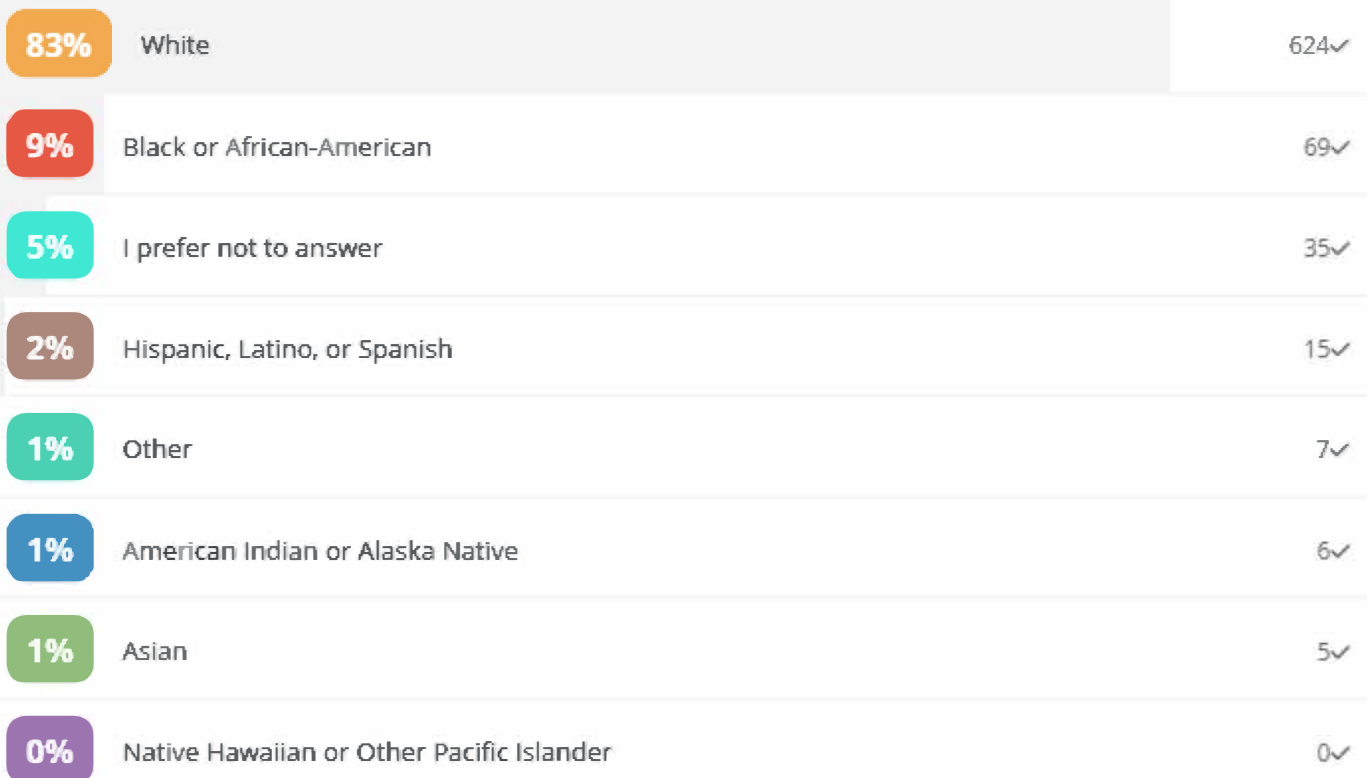


What is your age group?



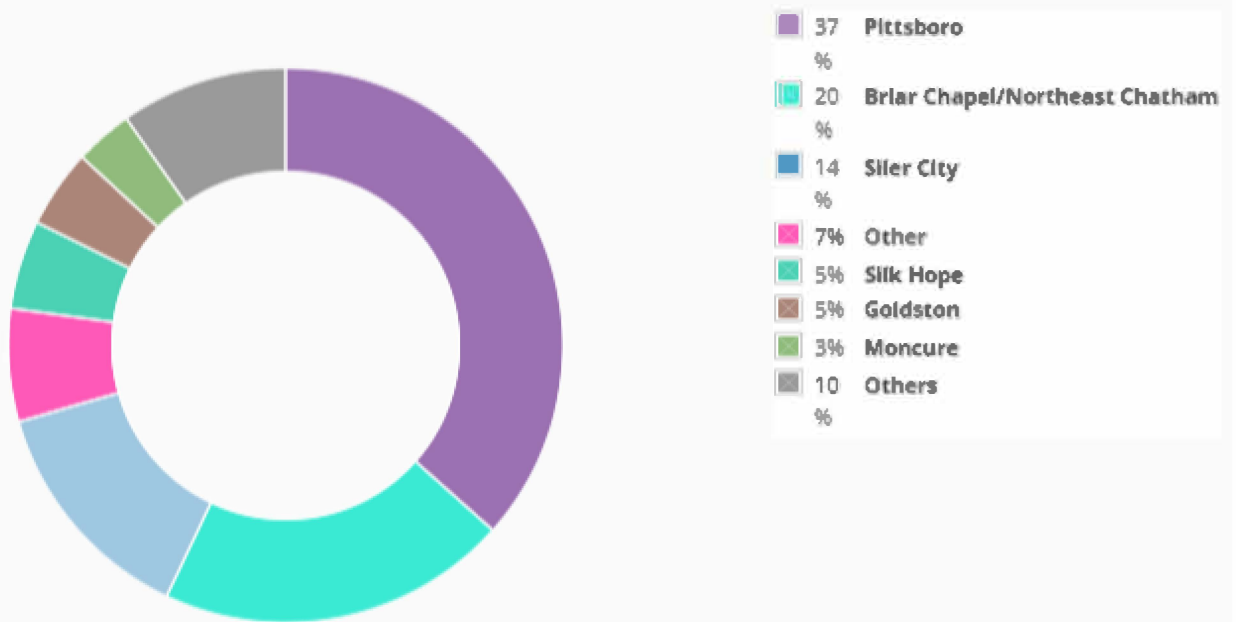
739 respondents

What is your race/ethnicity?



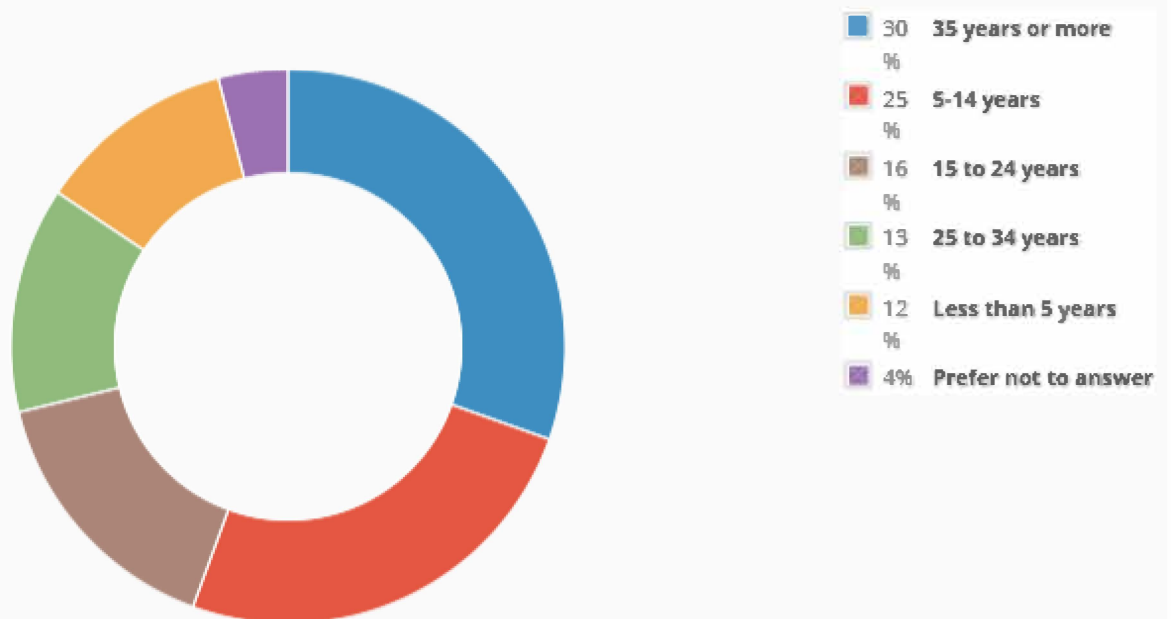
749 Respondents

Which best describes where you live? (select one)



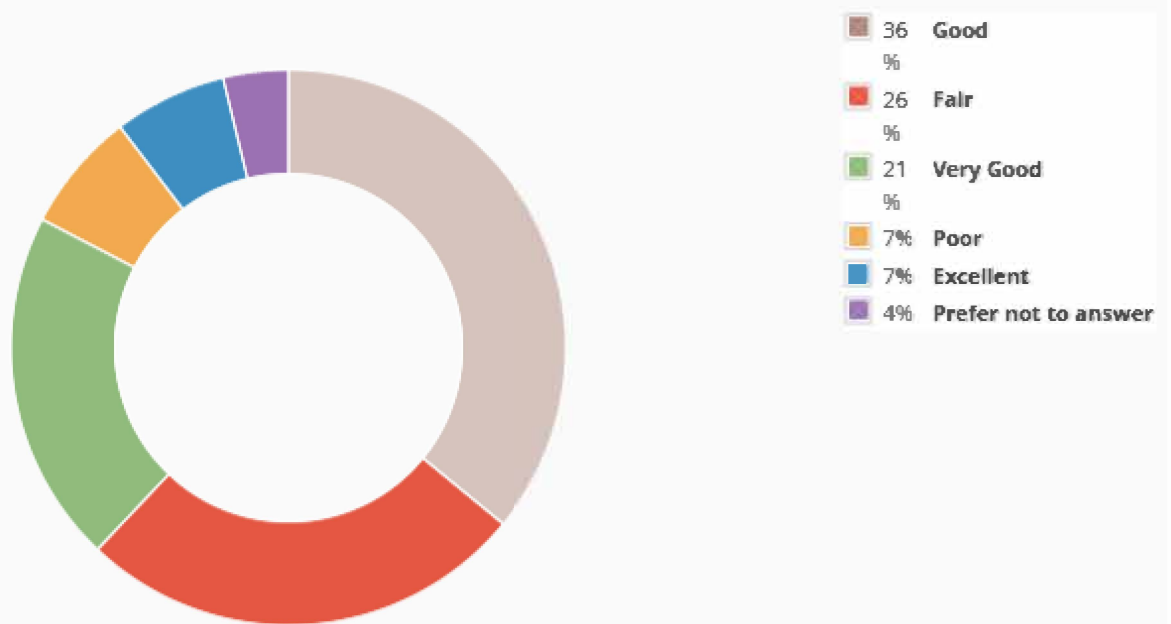
503 respondents

How long have you lived in Chatham County (total years)?



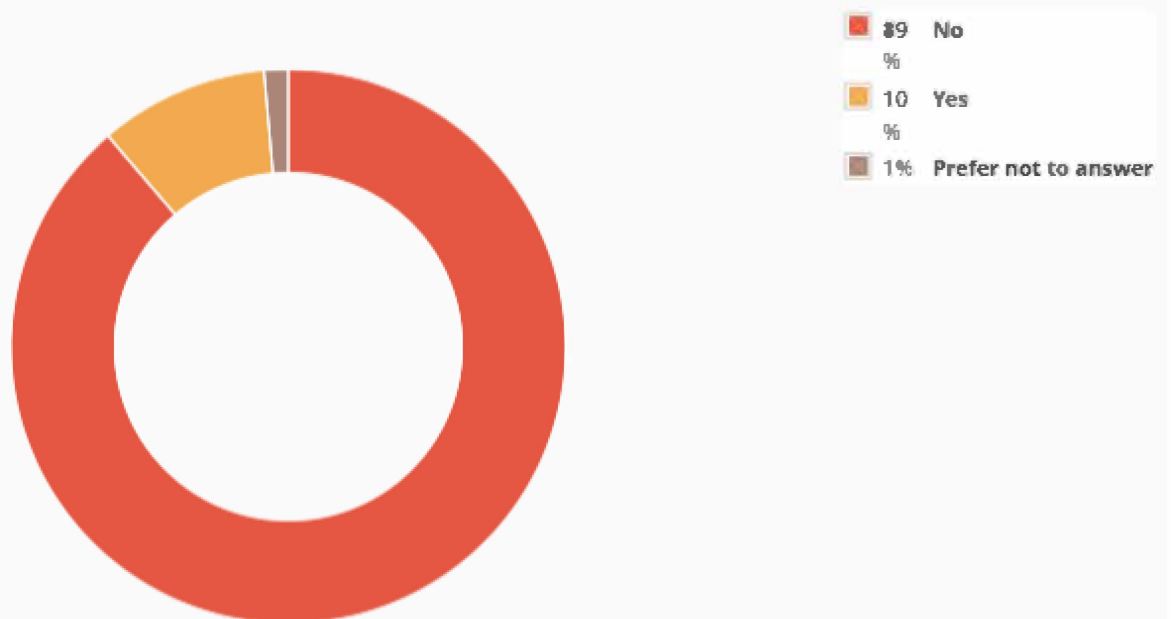
493 respondents

How would you rate Chatham County as a place for people to live as they age?



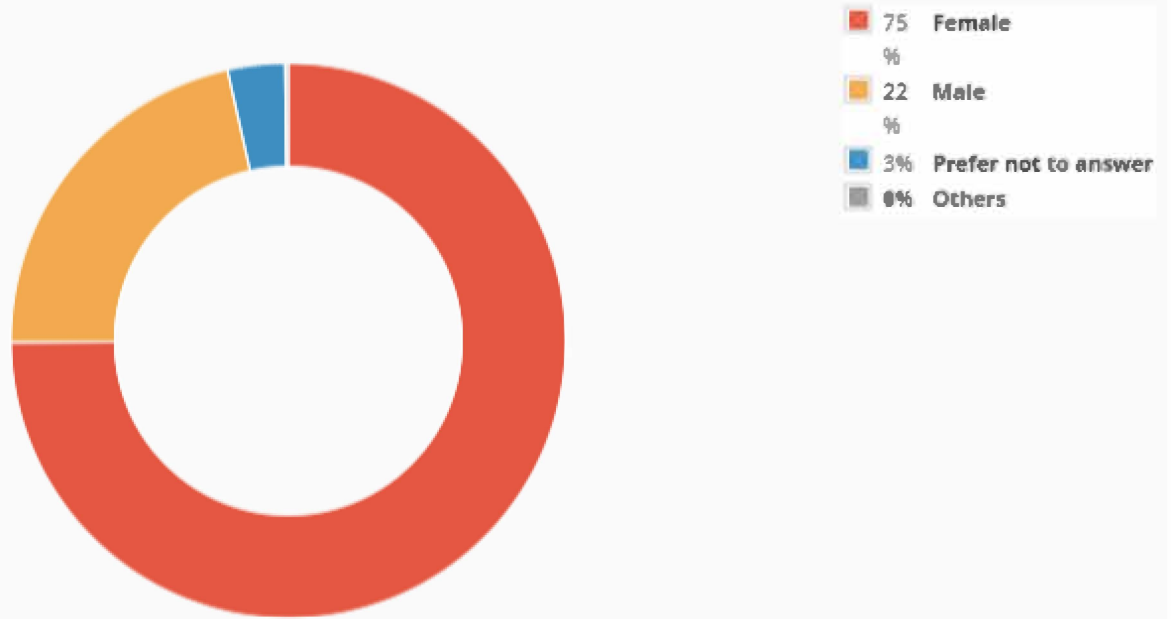
501 respondents

Are you a U.S. military veteran?



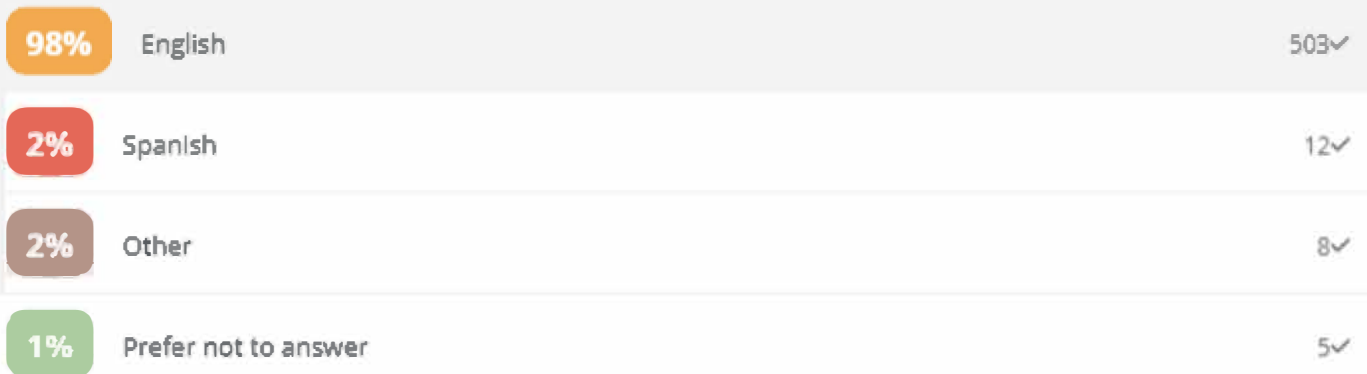
497 respondents

What is your gender?



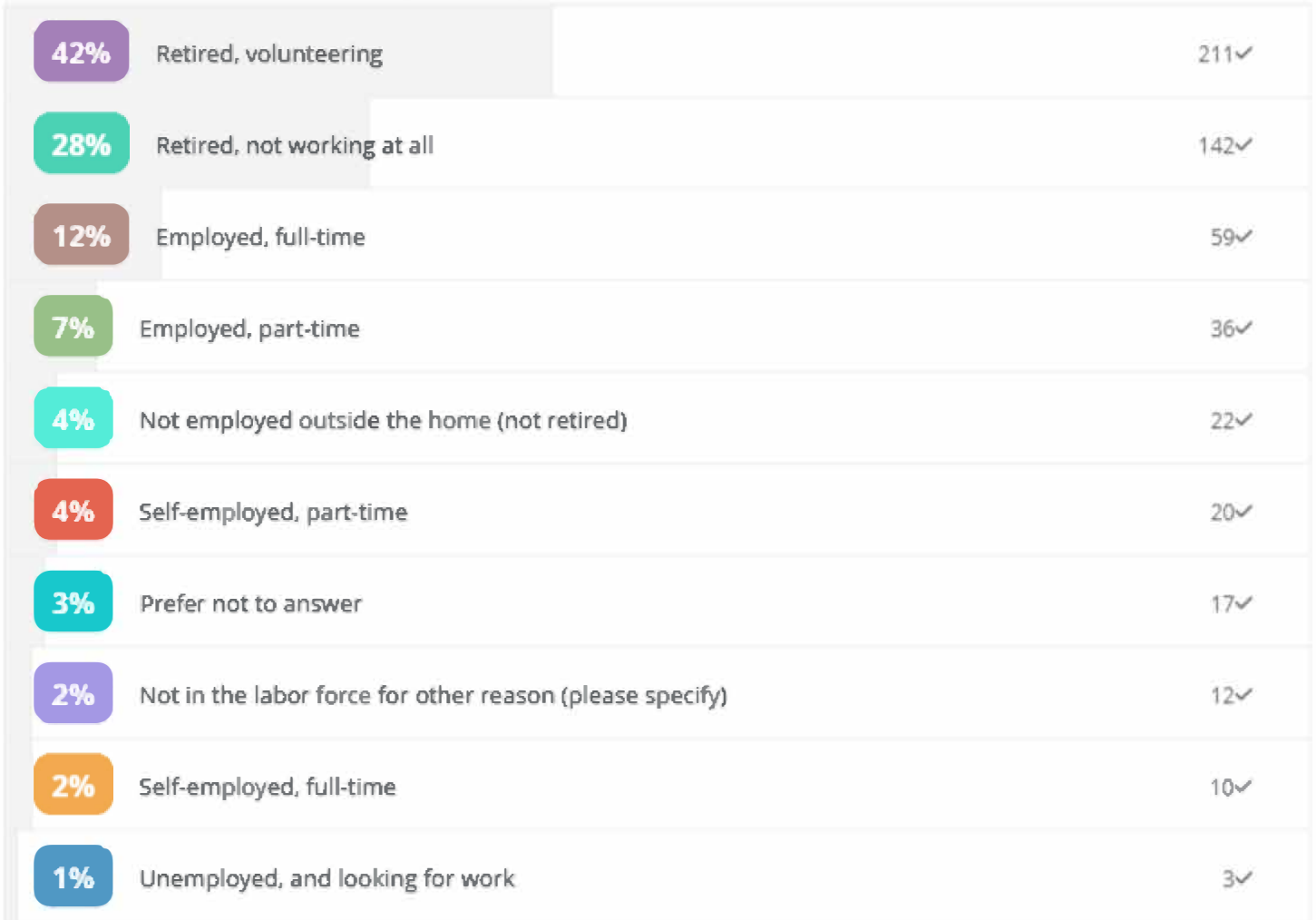
510 respondents

What are the primary languages spoken in your home? (select all that apply)



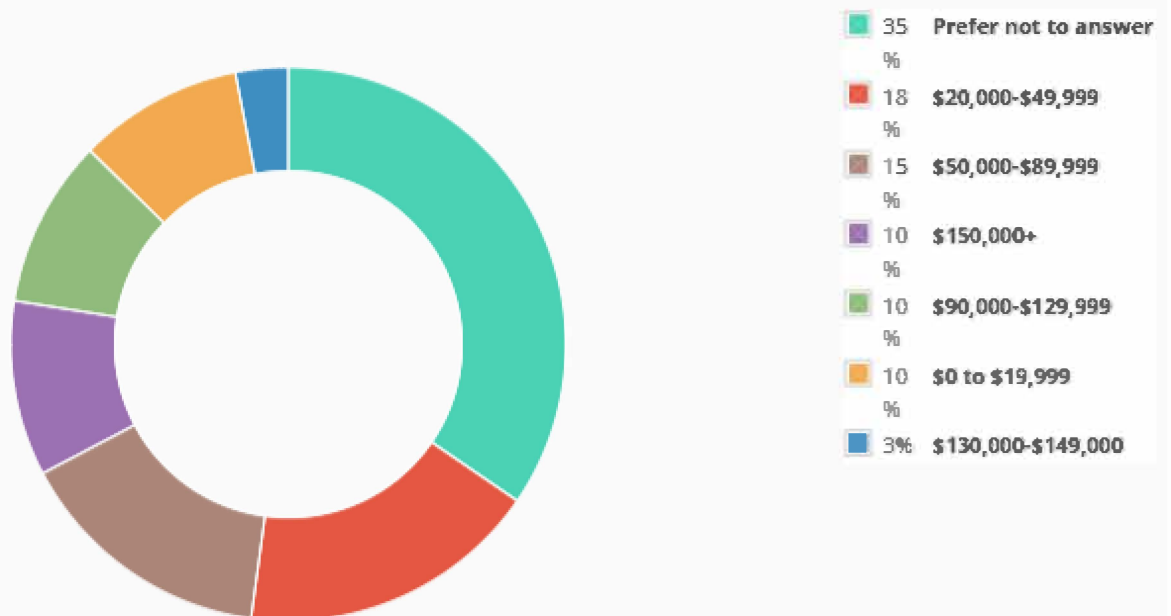
512 Respondents

What is your employment status? (select all that apply)



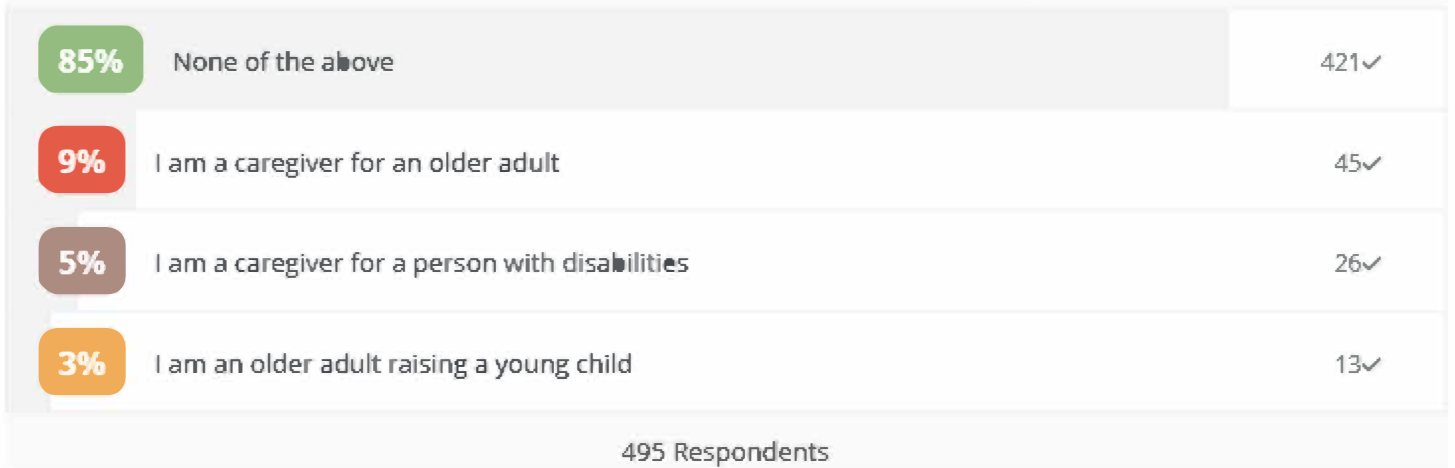
504 Respondents

What is your total annual household income?

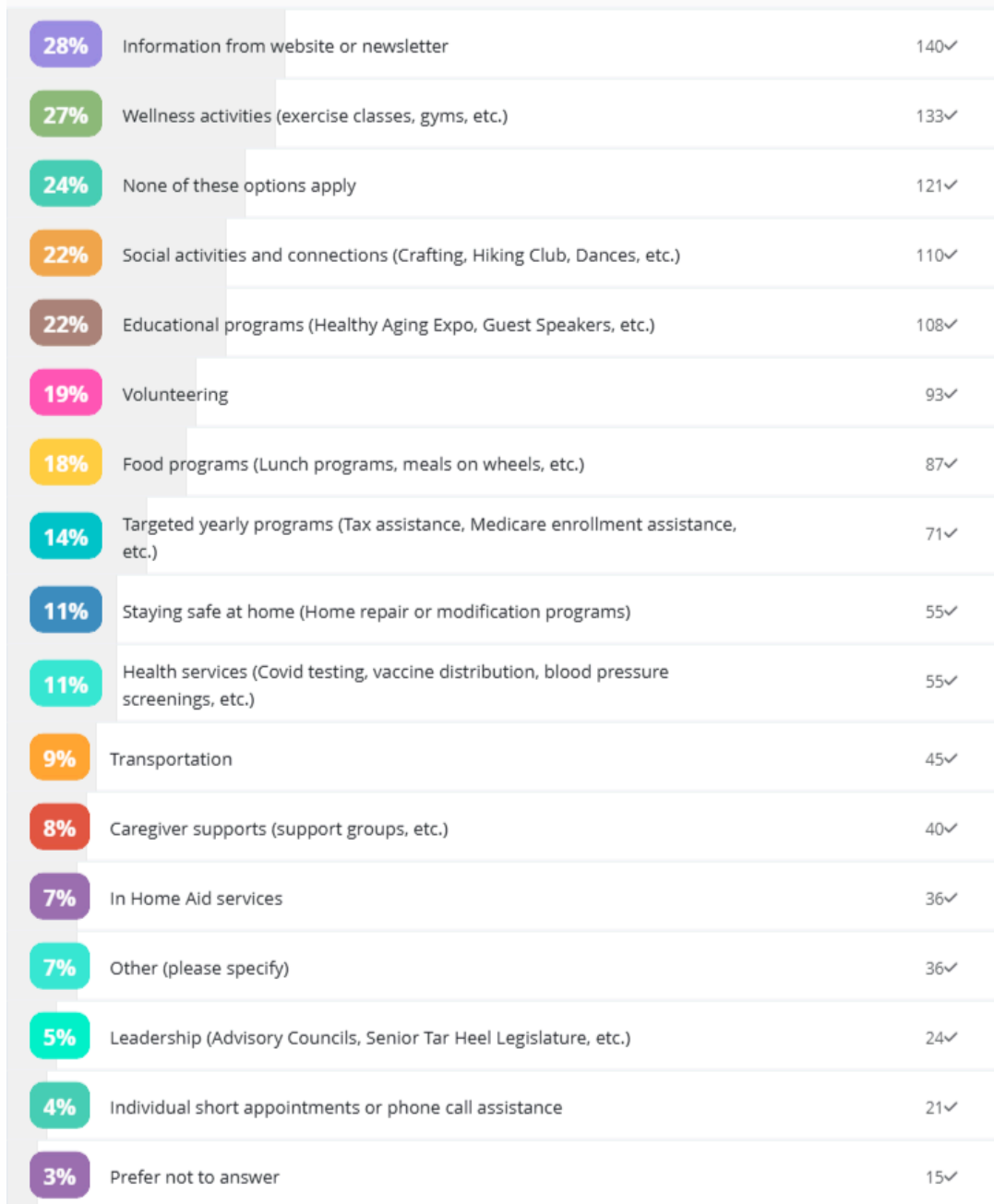


489 respondents

Please select all of the following that apply to you:



In what ways have you previously engaged with Chatham County Aging Services (formerly the Council on Aging), including the Siler City Center for Active Living and Pittsboro Center for Active Living? (select all that apply)



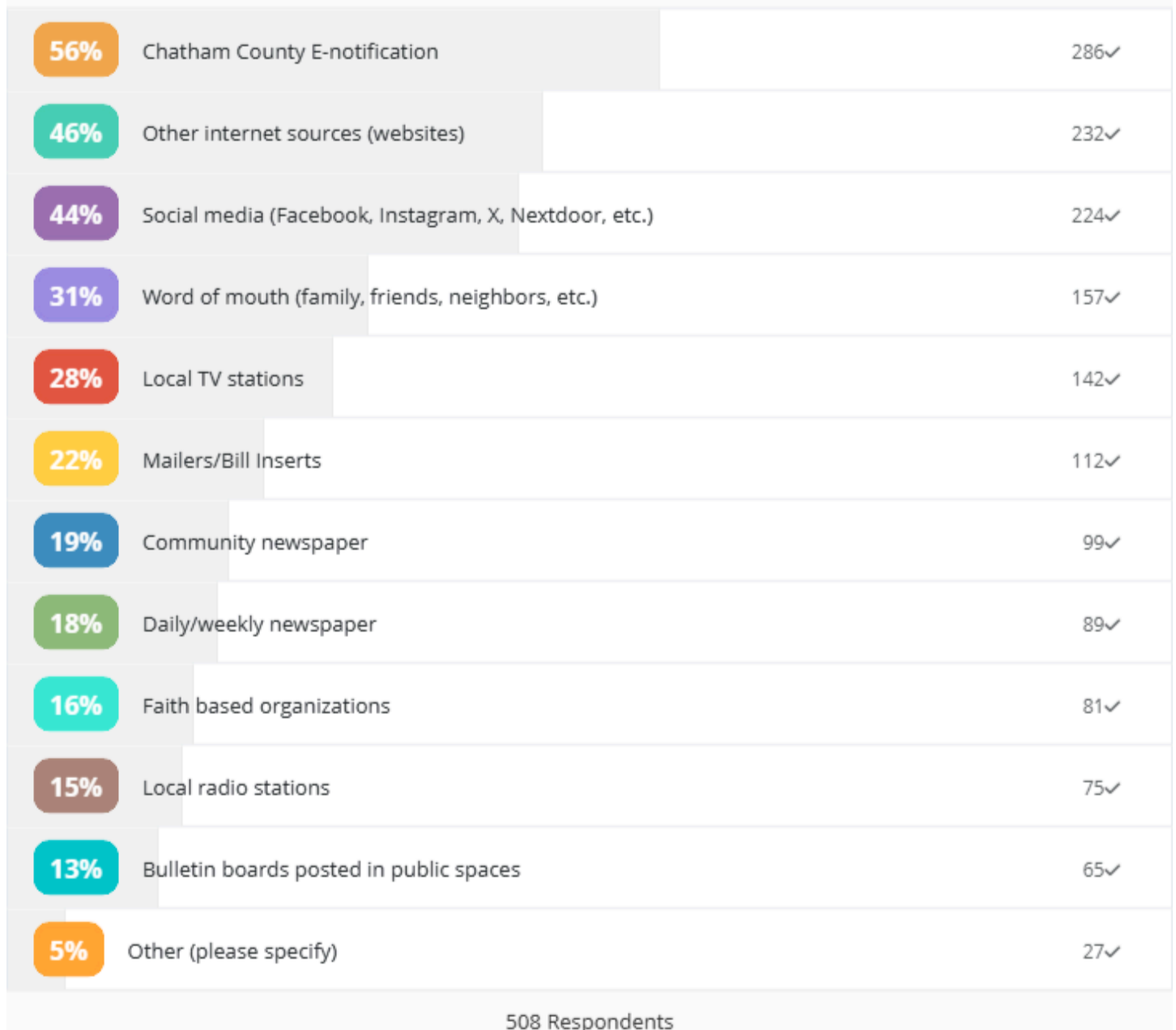
Respect and Social Inclusion Question Results

Thinking about your day-to-day life in your community, please rate the following statements.

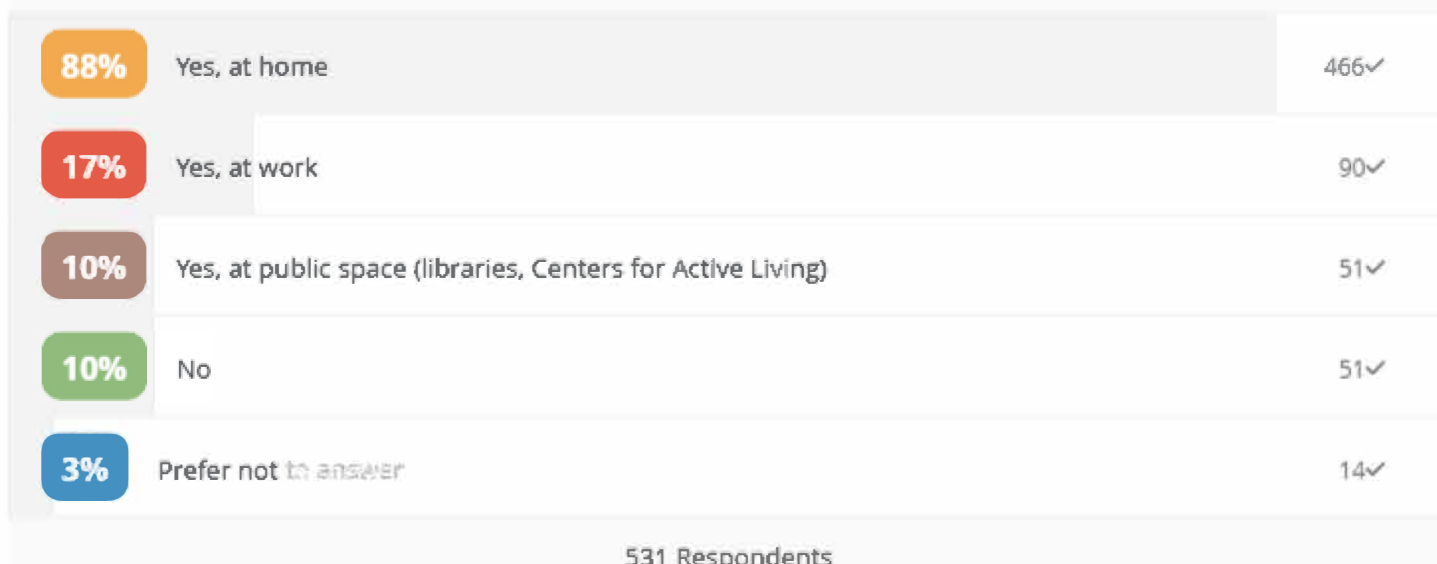
	Almost Everyday	At least once a week	A few times a month	A few times a year	Less than once a year	Never
I am treated with less courtesy or respect than other people	3% Almost Everyday	3% At least once a week	5% A few times a month	17% A few times a year	17% Less than once a year	55% Never
I receive worse service than other people at restaurants or stores	1% Almost Everyday	1% At least once a week	3% A few times a month	12% A few times a year	20% Less than once a year	63% Never
People act as if they think I am not smart	3% Almost Everyday	3% At least once a week	4% A few times a month	14% A few times a year	17% Less than once a year	60% Never
People act as if they are afraid of me	1% Almost Everyday	1% At least once a week	2% A few times a month	4% A few times a year	11% Less than once a year	81% Never
I am threatened or harassed	1% Almost Everyday	- At least once a week	1% A few times a month	4% A few times a year	12% Less than once a year	81% Never
677 responses						

Communication and Information

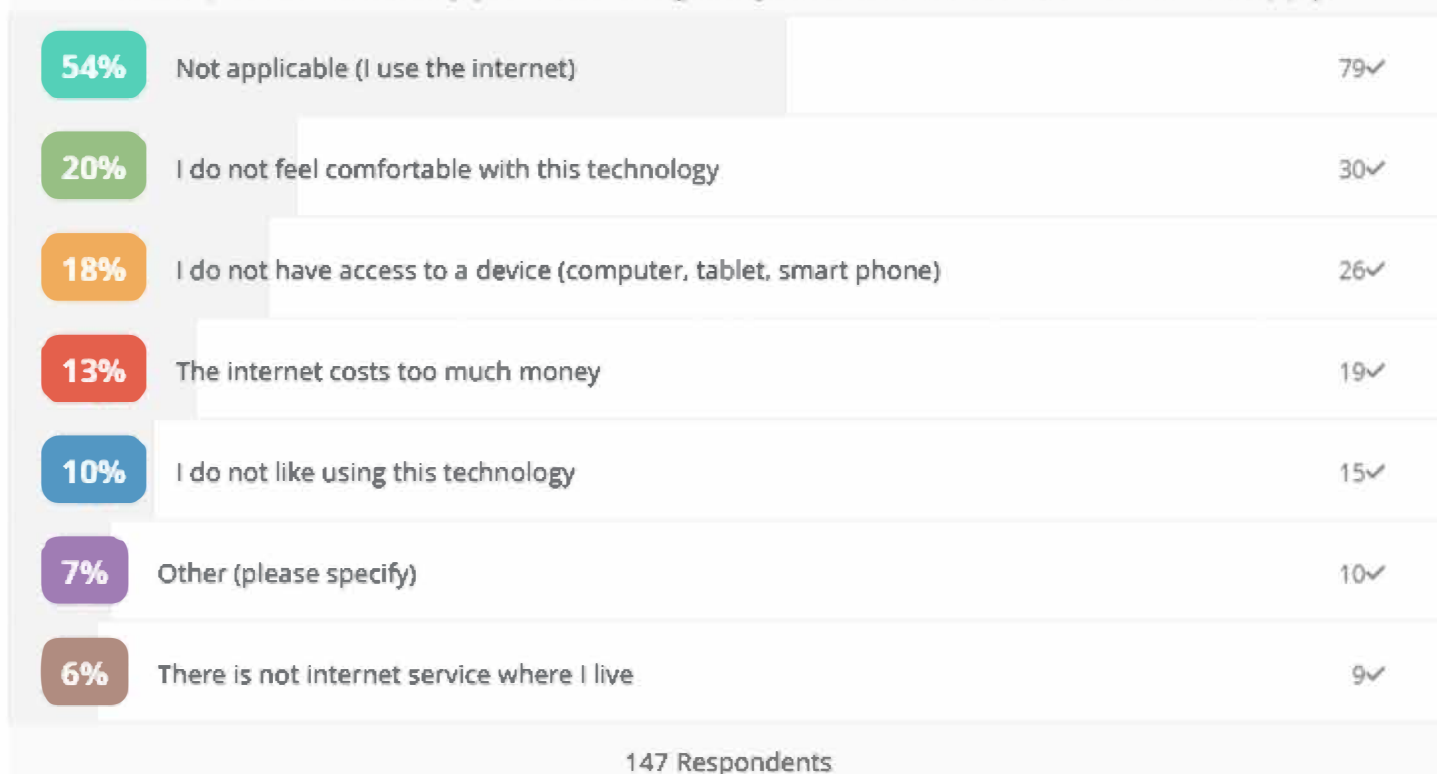
How do you prefer to get information about your community? (Select all that apply)



Do you regularly (at least weekly) use the internet with a computer/tablet/smart phone for any reason? (Select all that apply)

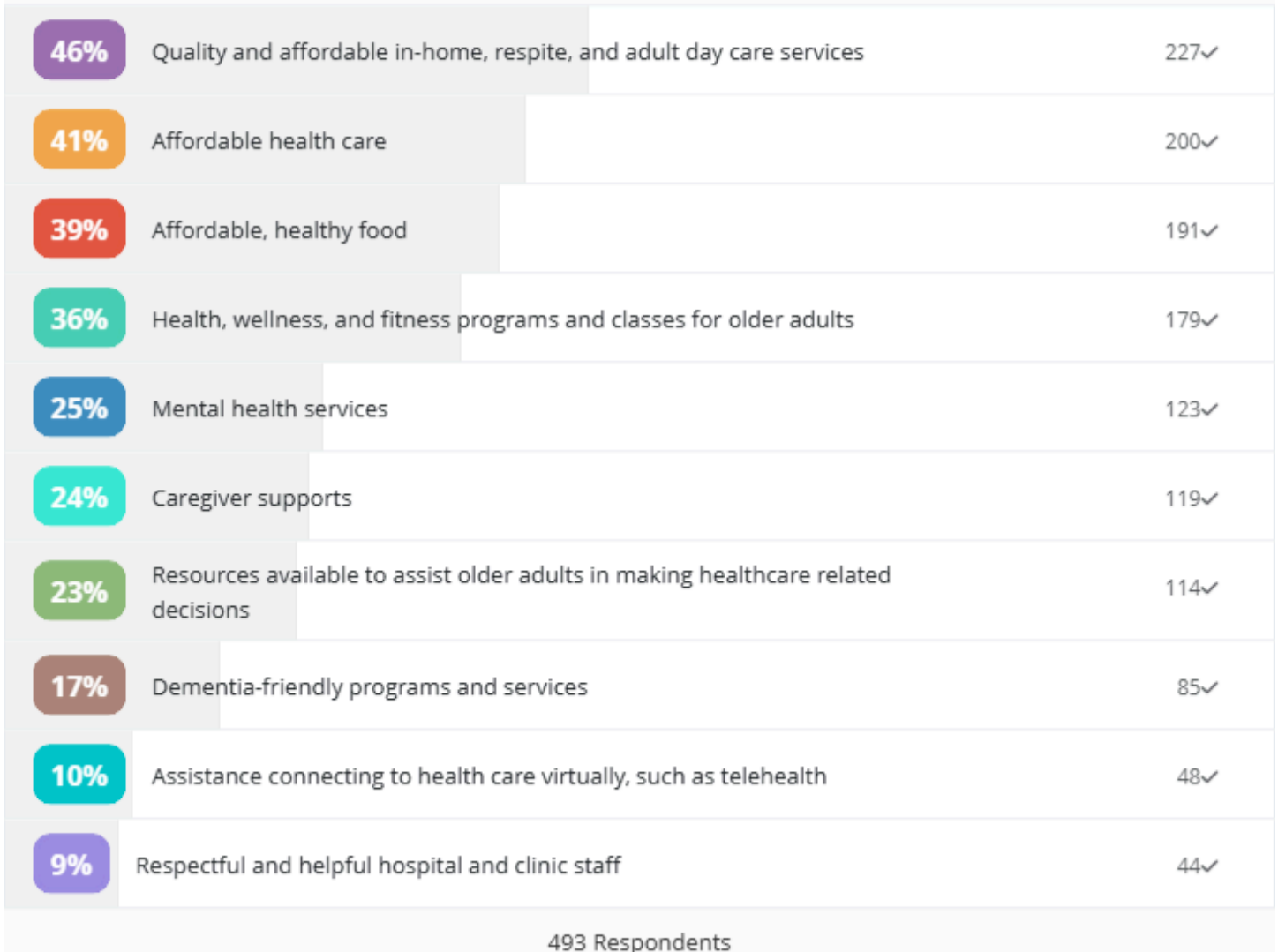


If No, please tell us why you do not regularly use the internet? (select all that apply)



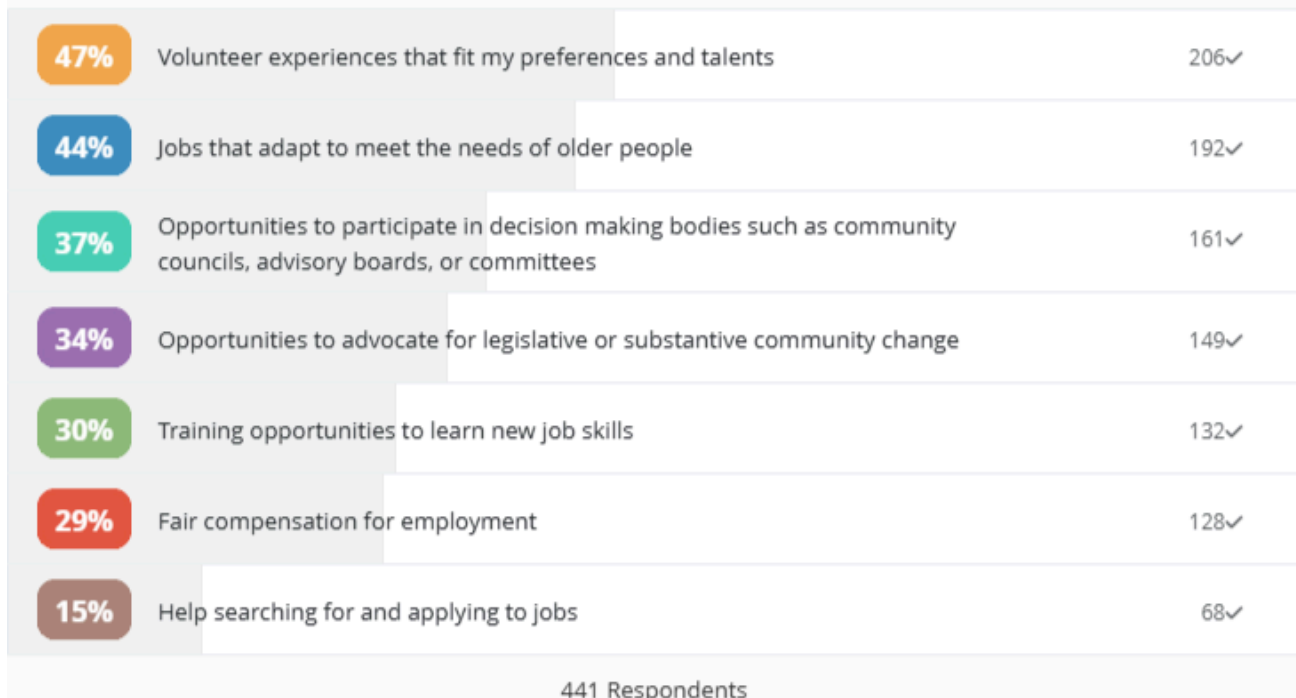
Health and Community Services

What are the aspects of health and community services that you think need improvement in your Chatham County community? (Select 3)



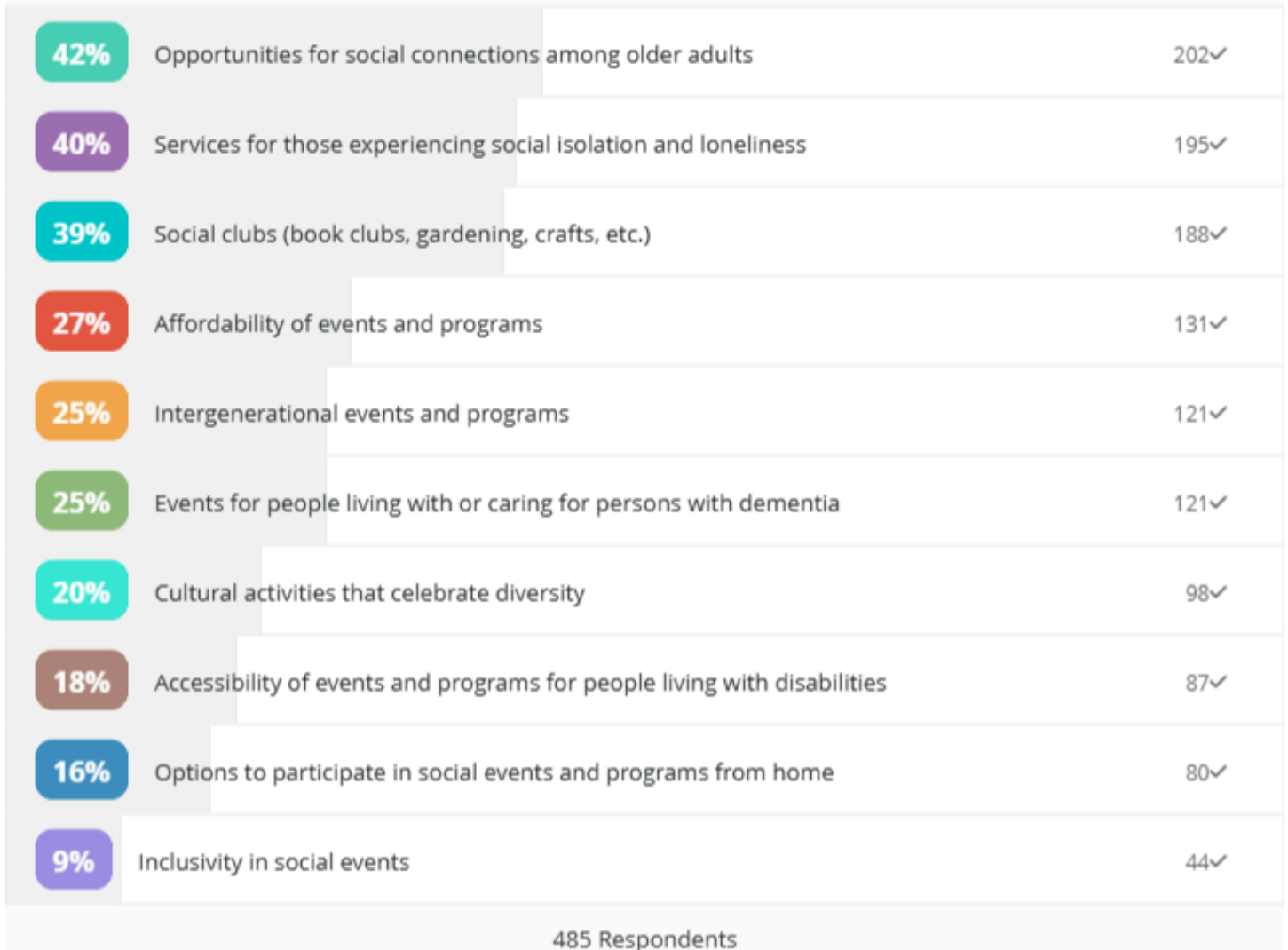
Civic Participation and Employment

What are the aspects of civic participation and employment that you think need improvement in your Chatham County community? (Select 3)



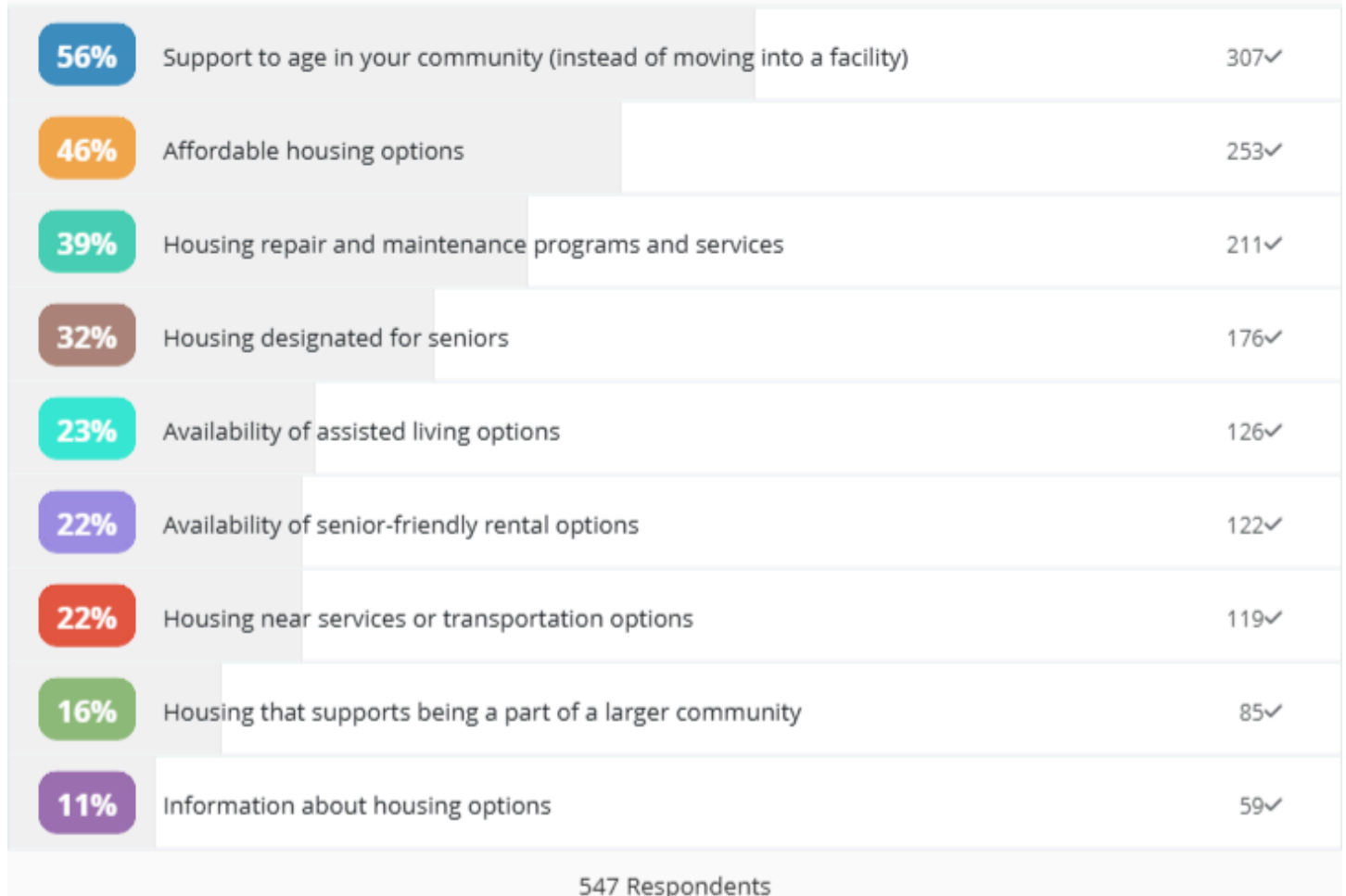
Social Participation

What are the aspects of social participation that you think need improvement in your Chatham County community? (Select 3)



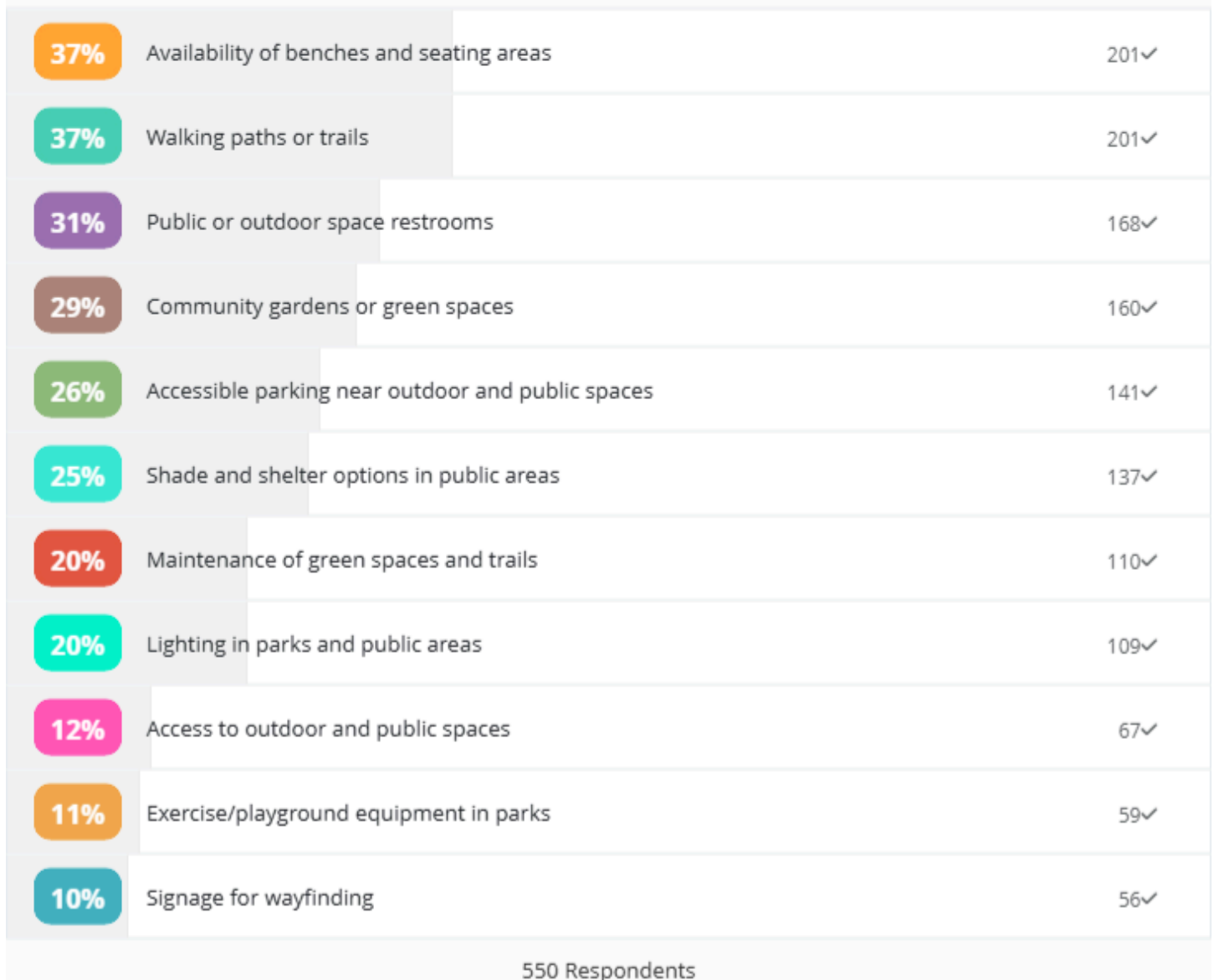
Housing

What are the aspects of housing that you think need improvement in your Chatham County community? (select 3)



Outdoor and Open Spaces

What are the aspects of outdoor and open spaces that you think need improvement in your Chatham County community? (Select 3)



Transportation

What are the aspects of transportation that you think need improvement in your Chatham County community? (Select 3)

