



CHATHAM
COUNTY SCHOOLS

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School Health, Physical Education & Wellness
Instructional Program Facilitator

2025/2026 End of Year Report

AGENDA

Role Definition

CCS Demographics

Strategic Approach

Strategies

Partnerships

Achievements

Goals

Role Definition

The School Health, Physical Education, and Wellness Instructional Program Facilitator supports the development and implementation of systems within the district that promote physical, mental and social aspects of student life, which lead to learning readiness and long-term improved health outcomes. The position serves as a bridge between education, public health, healthcare providers and community organizations to promote student access to the supports and skills they need to be healthy, safe and ready to learn.

DISTRICT DEMOGRAPHICS

POPULATION: 9,129

20 SCHOOLS

6 Elementary Schools

5 K-8 Schools

3 Middle Schools

4 High Schools

1 Early College

1 Alternative Learning Program

Chatham County Schools students identifying as:

Asian

1.3%

two or more races

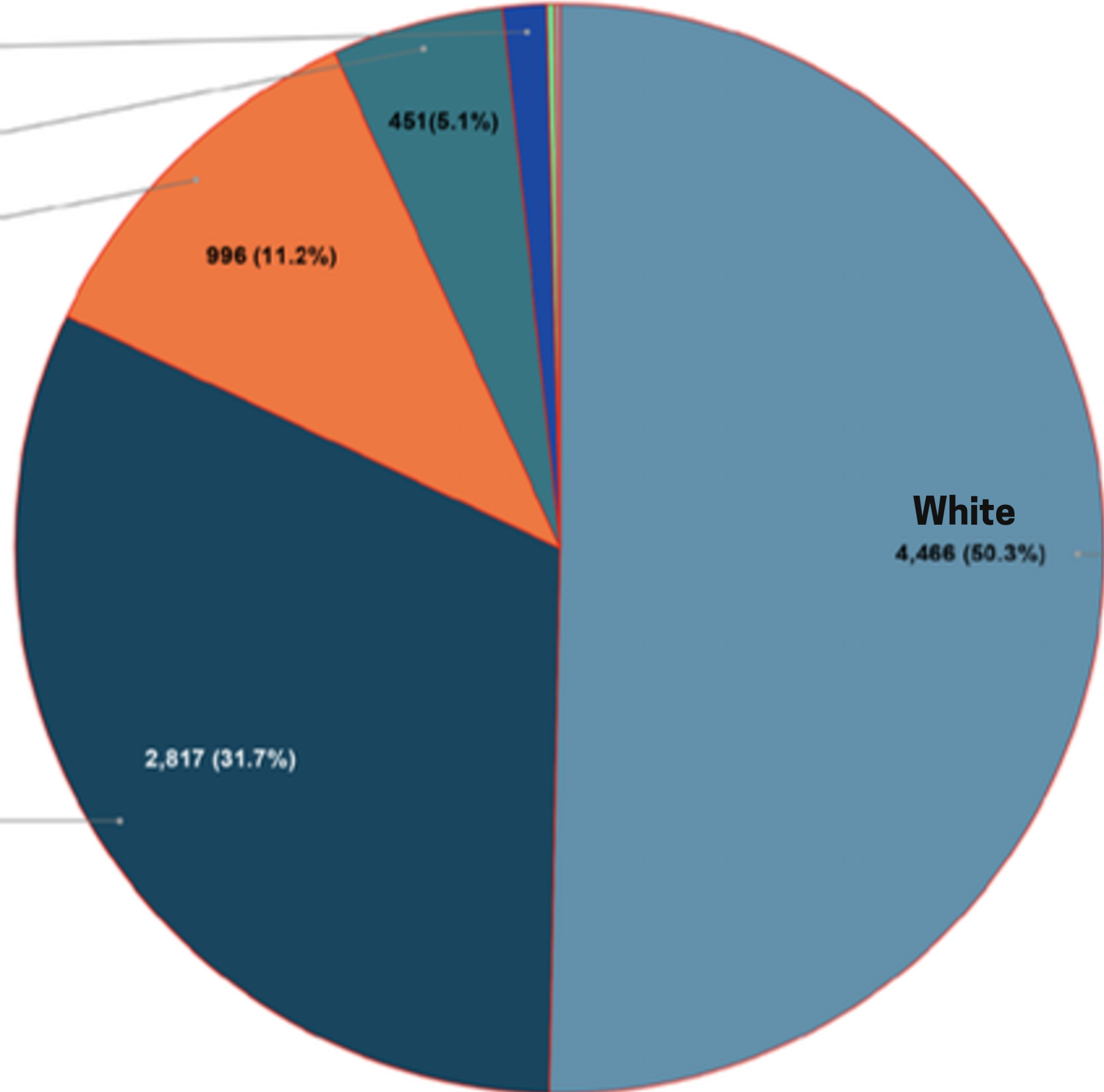
5.1%

Black

11.2%

Hispanic

31.7%



Strategisch

Approach

What Works in Schools Framework

Health Services

Health Education

Family Engagement

Safe & Supportive Environments

**Improve health
outcomes
&
Increase student
achievement**

why?

Positive Impacts:

Lower risk of substance misuse

Better mental health outcomes

Increased help-seeking for mental health problems

Lower risk of suicidality

Lower risk of experiencing violence

Improved academic performance

how?



2025/2026 CCS Professional Development

**Puberty & Hygiene/ Reproductive
Health & Safety Education**



**Media
Detective**



**Collaborative
Learning Sessions**



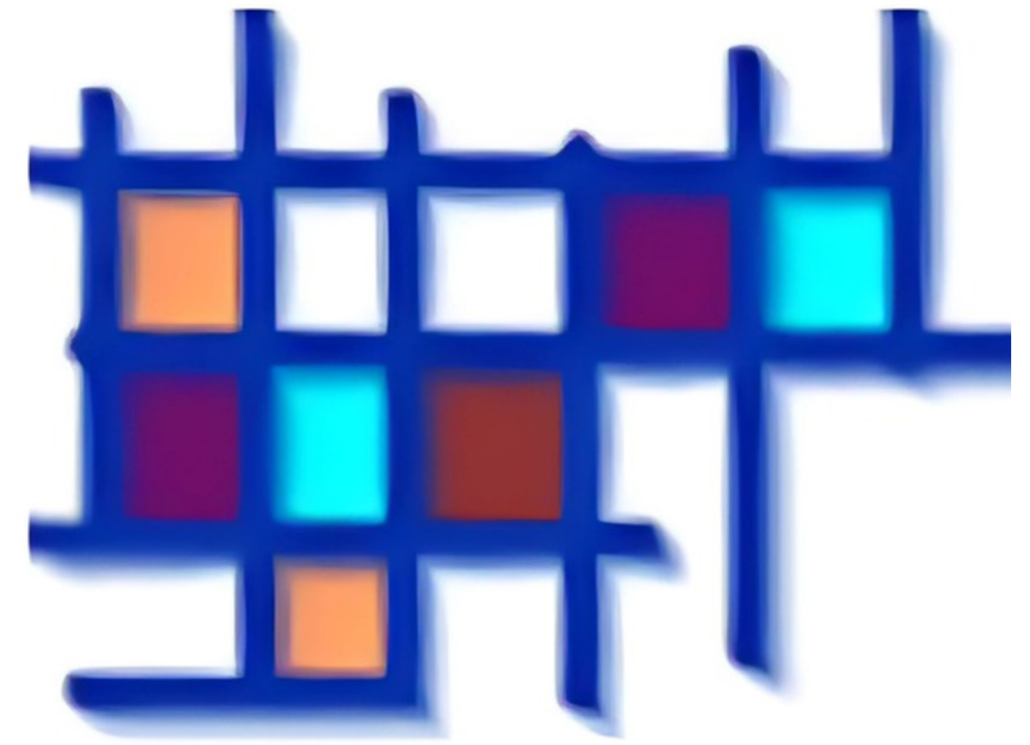
NC S.H.A.P.E

**Professional
Development**

Youth Risk Behavior Survey

Interpersonal Communication & Relationships

Media Detective



Data Collection

PARTNERSHIPS

Chatham Drug Free

Poe Health Center

**Chatham County Public
Health Department**

**Research Triangle Institute
International/Child Trends**

NC Healthy Schools

Safe Routes to School

**Innovation, Research
& Training**

**Piedmont Health
Services**

Collaboration

ACHIEVEMENTS

National Board Certification

Through the What Works in Schools initiative, we have provided support to Physical Education and Healthful Living staff pursuing National Board Certification.

CCS District Mental Health Team

Reviewed and responded over 40 student mental health referrals to ensure appropriate service alignment.

Research Triangle Institute/Child Trends

Developed and implemented initiatives using the What Works in School Framework to promote student learning and health outcomes.

Piedmont Health Services - Mobile Health Unit (Dental Services)

Brought preventive and urgent dental care services directly to students during the school day (112 referrals from 5 schools)

Safe Routes to School

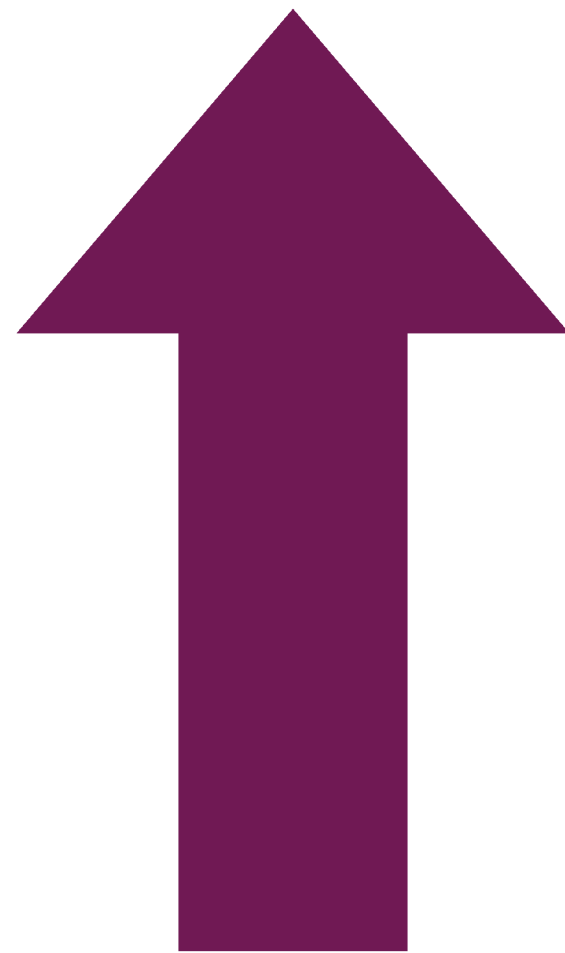
Promote active transportation while teaching students essential skills for safely navigating their communities

2023 YRBS Data Analysis

Collaborated with SHAC members to analyze findings from the 2023 Youth Risk Behavior Survey in order to identify student needs, inform decision-making, and guide future health and wellness initiatives.

43%

2018



93%

2026

Data collected through teacher attestations and student pre/post-assessments indicate a substantial increase in the implementation of the Interpersonal Communications & Healthy Relationships curriculum.

**INTERPERSONAL COMMUNICATIONS &
HEALTHY RELATIONSHIPS DATA**

2025/2026 GOALS

Goal



2023 Youth Risk
Behavior Survey
Data Analysis

Goal



Expand Piedmonth
Health Services
Mobile Health Unit

Goal



Implement updated
Healthful Living
Essential Standards

Goal



Implement Media
Detective Substance
Use Prevention
Curriculum

Goal



Update and amend
CCS health related
regulations

Goal



Review and assess
the alcohol & other
drug violation
education curriculum

2026/2027 GOALS

Goal 1

2025 Youth Risk
Behavior Survey Data
Analysis

Goal 2

Expansion of the
Piedmont Health
Services Mobile
Health Unit

Goal 3

Implementation of
redesigned Healthful
Living curriculum

Goal 4

Expand implementation
of Media Detective
Substance Use
Prevention Curriculum

Goal 5

Utilize the CCS District
Mental Health Team to
increase student
access to services

Goal 6

Collaborate with What
Works in Schools to
improve support for
new teaching staff