



COUNTY COMMISSIONERS

Karen Howard, Chair
Katie Kenlan, Vice Chair
David Delaney
Franklin Gomez Flores
Amanda Robertson

COUNTY MANAGER: Bryan Thompson

Resolution of the Chatham County Board of Commissioners

Proclaiming November 2025 as Family Caregiver Month in Chatham County

WHEREAS, Chatham County joins the state and nation in recognizing November 2025 as Family Caregivers and Alzheimer's Awareness Month to honor the vital roles family and friends assume in caring for loved ones, including those with Alzheimer's disease and children with special needs; and

WHEREAS, according to a 2025 report by the National Alliance for Caregiving, nearly 1 in 4 Americans are providing unpaid care to an adult with health or functional needs, amounting to an average of 27 hours per week; and

WHEREAS, data indicates that Chatham County and North Carolina as a whole are aging – with Chatham having 3 in 10 residents age 65 and older; and

WHEREAS, caregiving can take a toll on the caregiver's physical, emotional and financial well-being, including trying to balance caregiving with a working career; and

WHEREAS, Chatham County Aging Services and others work to assist caregivers by offering respite, support groups, training, options counseling, home-delivered meals, assistive equipment, incontinence supplies, and other assistance; and

WHEREAS, the Chatham County Parks and Recreation and the Chatham County Center of the NC Cooperative Extension Service have joined Chatham County Aging Services in creating Peaceful Pathways for Caregivers within the Northeast District Park as a special place for caregivers and their loved ones.

NOW THEREFORE, BE IT RESOLVED by the Chatham County Board of Commissioners that November 2025 is proclaimed Family Caregiver Month. Furthermore, the people of Chatham County are encouraged to support the work of Chatham County Aging Services as it works to serve and support Chatham County caregivers wholly involved in the care of their loved ones.

Adopted, this the 20th day of October 2025.

Karen Howard, Chair

ATTEST:

Jenifer K Johnson, Clerk to the Board

Integrity – Respect – Collaboration – Community – Equity – Service – Accountability

