



**CHATHAM COUNTY COMMISSIONERS**

Mike Dasher, Chair  
Diana Hales, Vice Chair  
Jim Crawford  
Franklin Gomez Flores  
Karen Howard

**COUNTY MANAGER**

Dan LaMontagne

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**Resolution of the Chatham County Board of Commissioners**

**Proclaiming November 2021 as Family Caregiver Month**

**WHEREAS**, Chatham County joins the state and nation in recognizing November 2021 as Family Caregivers and Alzheimer's Awareness Month to honor the vital roles family and friends assume in caring for loved ones, including those with Alzheimer's disease and children with special needs; and

**WHEREAS**, according to a recent report from AARP (formerly called the American Association of Retired Persons) and the National Alliance for Caregiving, more than 1 in 5 adults are unpaid family caregivers who provide a wide array of assistance—ranging from such tasks as shopping, household chores, meals, and transportation to medication management and personal, comfort and wound care; and

**WHEREAS**, caregiving can take a toll on the caregiver's physical, emotional, and financial wellbeing, including on those trying to balance caregiving with a working career; and

**WHEREAS**, many family caregivers continue to experience stress due to COVID-19, in protecting their loved ones while also helping them remain engaged in the community; and

**WHEREAS**, the Chatham County Council on Aging and others work hard to assist caregivers, even now in the face of COVID-19, by offering respite, support groups, training, options counseling, Meals on Wheels, assistive equipment, incontinence supplies, and other assistance; and

**WHEREAS**, Chatham County Parks and Recreation and the Chatham County Center of the NC Cooperative Extension Service have joined the Council on Aging in creating Peaceful Pathways for Caregivers within the Northeast District Park as a special place for caregivers and their loved ones.

**NOW THEREFORE, BE IT RESOLVED** by the Chatham County Board of County Commissioners that November 2021 is proclaimed Family Caregiver and Alzheimer's Awareness Month and calls upon the people of Chatham County to join in honoring and supporting family caregivers.

Adopted, this the \_\_\_\_ day of \_\_\_\_\_.

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Mike Dasher, Chair  
Chatham County Board of Commissioners

ATTEST:

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Lindsay K. Ray, NCCCC, Clerk to the Board  
Chatham County Board of Commissioners