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Wellness Instructional Program Facilitator

CHATHAM

COUNTY SCHOOLS

Student Services

STRATEGIC APPROACH



Increase Teacher Resources

CATCH

Coordinated Approach
to Child Health

All K-8 Physical Education teachers have access to new Physical Education Curriculum that includes social and emotional learning, as well as healthful living concepts.

CANVAS

Learning Management System

The Chatham County Schools utilizes Canvas, which is a Learning Management System. That allows teacher to utilized different methods of instruction to address the needs of our students. We are in the process of developing critical components of the Healthful Living curriculum to assure students throughout the district are engaged in similar instruction.

Healthy Relationship Guidance

With support from the Chatham County Victim Services and the Chatham County Public Health Department, we are in the process of developing the curriculum and materials that teachers will use for their instruction around Healthy Relationships.

American Heart Association

We have collaborated with the American Heart Association to enable the Physical Education staff access to a range of resources made available by the AHA. This includes professional development, instructional and employee wellness materials.

Vaping/Tobacco Education

With support from the Chatham County Public Health Department, we have implemented a resource from the Truth Initiative that serves as a tobacco cessation tool for students, as well as an educational campaign. This information has been distributed throughout the district in various methods. In addition, an alternative to suspension program is being developed to help students that have violated the CCS tobacco policy with an educational and interactive program.

Increase Staff Development

Operation Prevention

Opioid Prevention Materials

We have produced an online professional development that is accessible to all CCS staff. This opportunity includes information about addiction and opioid abuse, as well as materials for classroom instruction on prevention.

ACEs

Adverse Childhood Experiences

The Physical Education staff have received professional development on Adverse Childhood Experiences. This instruction included the impacts of ACEs on mental health and long term physical health implications.

Physical Education & Healthful Living Integration

In an attempt to streamline make instruction more efficient, we have worked with NC Health Schools to create a professional development that simultaneously incorporates the Physical Education essential standards with the Healthful Living essential standards.

OPEN

Online Physical Education Network is an organization that provides Professional Development for Physical Education teachers across the US. This organization provided the staff with innovative new instructional methods along with access to new curriculum.

CHAMPS

Conversation, Help, Activity, Movement, Participation and Success.

CHAMPS is a classroom behavior management system introduced to CCS employees. The goal is to develop an instructional structure in which students are responsible, motivated, and highly engaged in the specific task at hand.

Chatham County
Sheriff's Department

Chatham County
Public Library

**Chatham County
Public Health
Department**

**Community
Collaboration**

**Chatham
Drug Free**

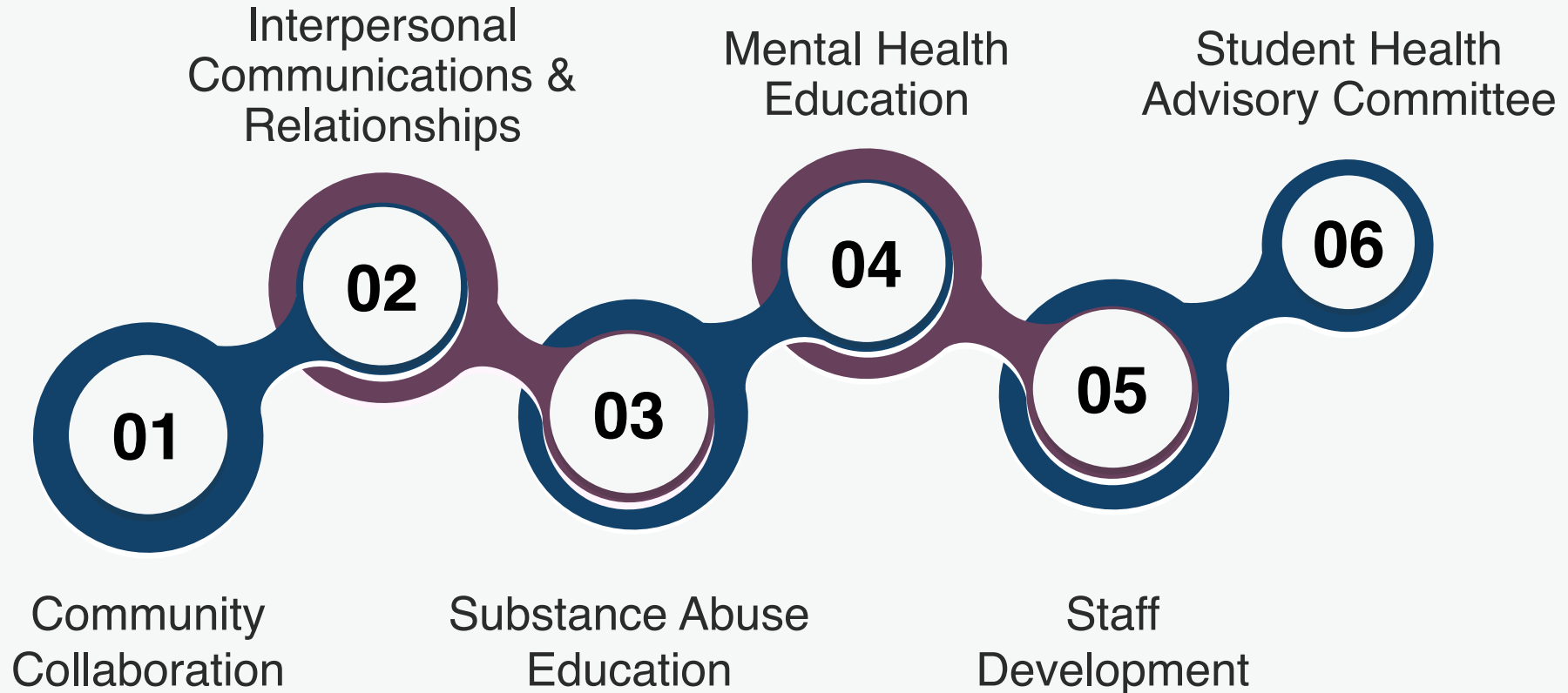
Insight
Human
Services

NC
Healthy
Schools

Chatham
County
Victim
Services

Chatham
Health
Alliance

Logic Model Components



Community Collaboration

Rationale: Staff will better serve the students when the district collaborates with community partners.

Problem Statement: The staff are in need support in providing the students with applicable knowledge to be safe and healthy.

Goal: To increase engagement with local community partners.

Assumptions: Local professionals have specific area of interest/knowledge that can provide our staff with the support required to support our students.

Activities

Engagement with:
CC Sheriff’s Work Group
CC Health Department
Chatham Drug Free
CC Child Victim Services
Insight Human Services
CC YMCA
NC Department of Public Instruction
CC Public Library
Chatham Health Alliance

Outputs

Collaborative meetings

Initiatives/Events

Professional development opportunities

Project Graduation

Outcomes

Increase in professional development opportunities

Increase in community events in which Chatham County Schools engages.

Increase in community initiatives in which Chatham County Schools participates that increase student and staff wellness.

Safe and sober event for our graduating seniors

- Measurement:
- 1 Frequency, duration & content of staff development that utilize outside collaborators
 - 2 Quantity of participation in community events
 - 3 Quantity of participation in community groups
 - 4 Frequency of community support of safe and sober event for graduating seniors
 - 5 Frequency of community collaboration in development of curriculum

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Community Collaboration - Measurement 3 -

Quantity of participation in community groups/collaborations

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Chatham Drug Free
Chatham County Sheriff's Partnership
on Controlled Substances
Coordinating Committee
Chatham County Health Department
American Heart Association

Recovery Rally Committee
Chatham County Victim Services
Insight Human Services
NC Healthy Schools
Chatham County Public Library
Chatham Health Alliance

[Next Measurement](#)

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COVID impact

development

At-Home Learning
Instructional Templates

resources

CATCH at Home
Virtual Field Day
10 Day Family Challenge

postpone

Project Graduation 2020
2019/2020 Bullying Survey
Youth Risk Behavior Survey Results
Triennial Assessment

opportunities

Updating Media Ready
Developing Employee Wellness
Reproductive Health Attestation

planning

Identifying a plan to assess
new or unexpected needs

Thank you