



COUNTY COMMISSIONERS

Karen Howard, Chair
Katie Kenlan, Vice Chair
David Delaney
Franklin Gomez Flores
Amanda Robertson

COUNTY MANAGER: Bryan Thompson

Resolution of the Chatham County Board of Commissioners

Proclaiming September 2025 as Healthy Aging Month in Chatham County

WHEREAS, Chatham County joins the state and nation in observing Healthy Aging Month in September, which raises awareness on the physical and mental health of older adults. As we age, our minds and bodies change, requiring the maintenance of a healthy lifestyle to adapt to these changes and prevent common health problems related to aging; and

WHEREAS, Chatham County Aging Services operates the Pittsboro Center for Active Living and the Siler City Center for Active Living to serve the physical, social and informational needs of those 55 years of age and older; and

WHEREAS, through the services, activities and programs of Chatham County Aging Services, an expanding older adult population can contribute to its health and well-being and those of its fellow citizens; and

WHEREAS, the Pittsboro Center for Active Living and the Siler City Center for Active Living are staffed by caring, competent professionals and volunteers who plan and provide programming affirming the dignity, self-worth and independence of the older adult population; and

WHEREAS, Chatham County Aging Services centers play a crucial role in preserving and maintaining the independence of older adults, allowing them to age in place for as long as possible; and

WHEREAS, the Pittsboro Center for Active Living and Siler City Center for Active Living have earned “Center of Excellence” distinctions from the North Carolina Division of Aging and Adult Services, with the Siler City center earning the 2025 Ann Johnson Senior Center of the Year Award for Excellence in the Field of Aging; and

WHEREAS, Chatham County Aging Services will commemorate Healthy Aging Month with its second annual Healthy Aging Expo on Thursday, September 18 at Chatham County Agriculture & Conference Center.

NOW THEREFORE BE IT RESOLVED, by the Chatham County Board of Commissioners the month of September is proclaimed Healthy Aging Month in Chatham County and calls upon the people of Chatham County to observe the month by taking age-appropriate steps to safeguard their physical and mental health, including the utilization of services and programs offered by Chatham County Aging Services.

Adopted, this the ____ day of _____, 2025.

Karen Howard, Chair

ATTEST:

Jenifer K Johnson, Clerk to the Board