



Vaya Updates

Chatham County

Cara Dohner

Community Relations Regional Director

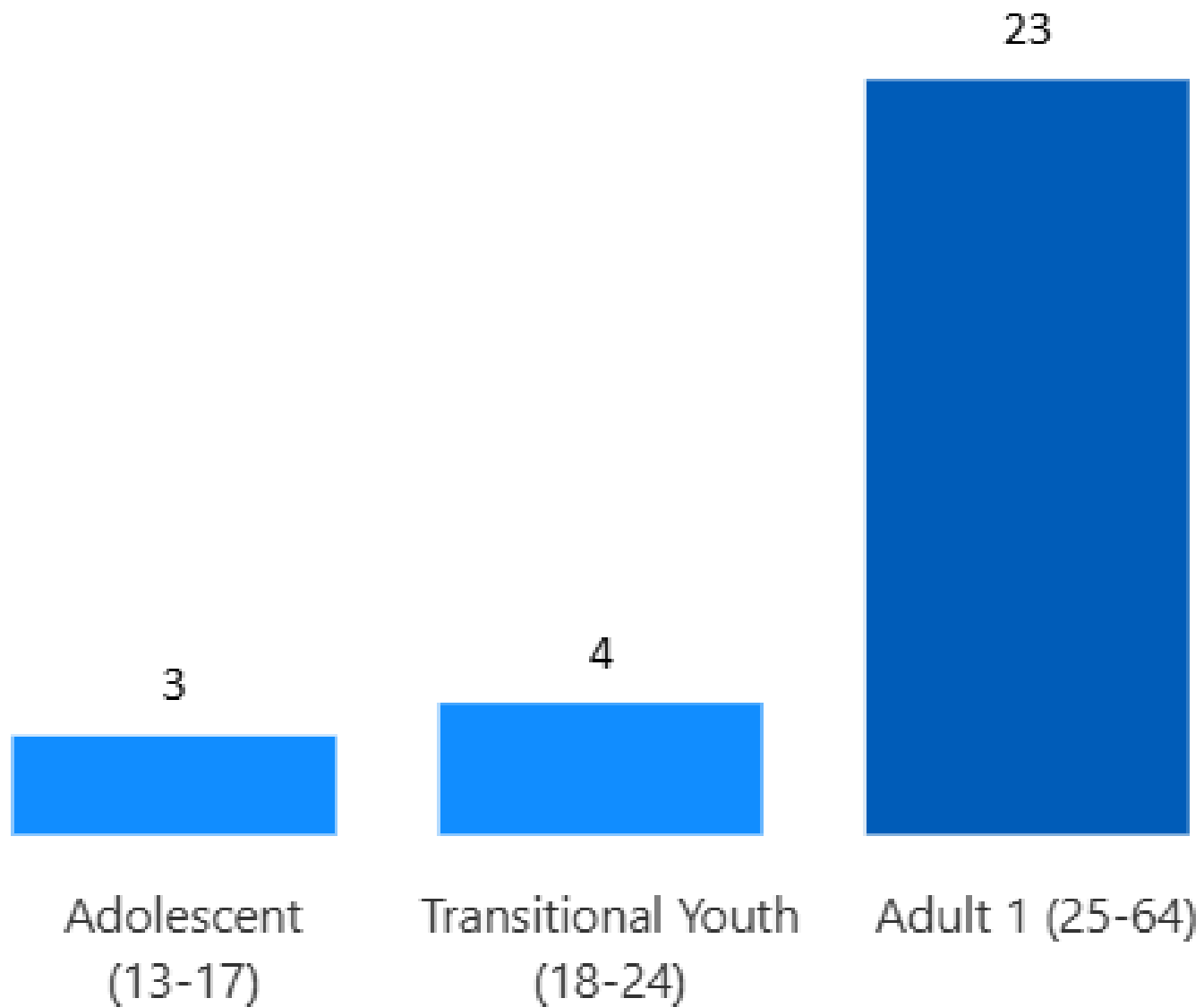
June 15, 2026

Vaya Health Updates

Behavioral health and IDD services remain a major focus of Medicaid reform discussions.

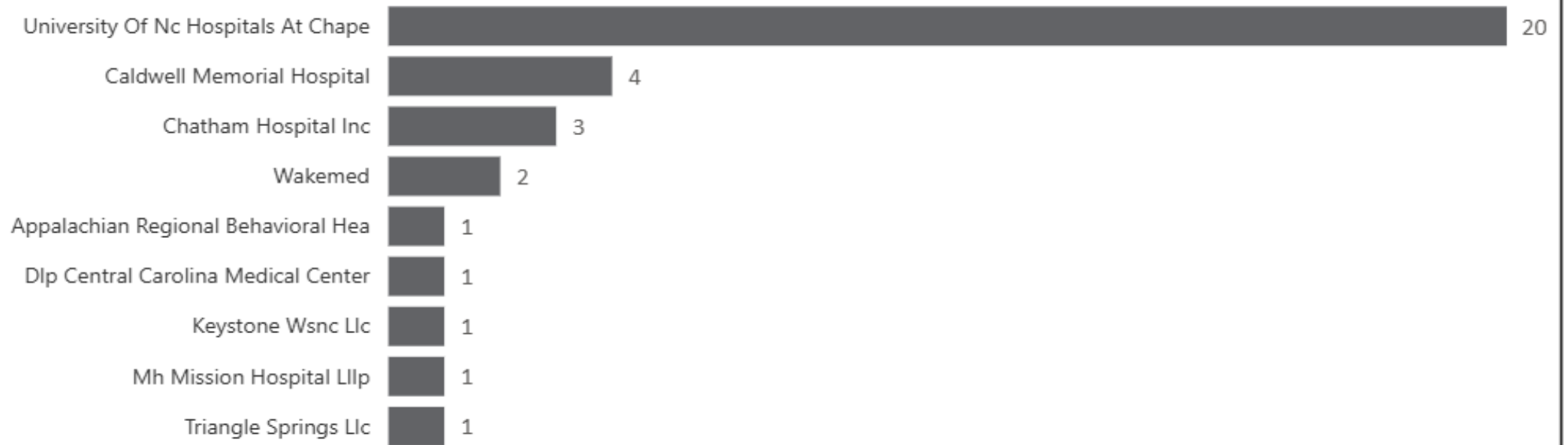
- Tailored Plans, utilizations oversight, and fraud prevention measures continue to be at the forefront of DHHS and the legislature.
- The \$319 million Medicaid funding fix was passed by the legislature.
- December 1st, 2025, was the “go-live” date for the state-wide BCBS Child and Family Specialty Plan Waiver, which includes 32,000 children, youth, and young adults across the state.

Distinct Members by Age



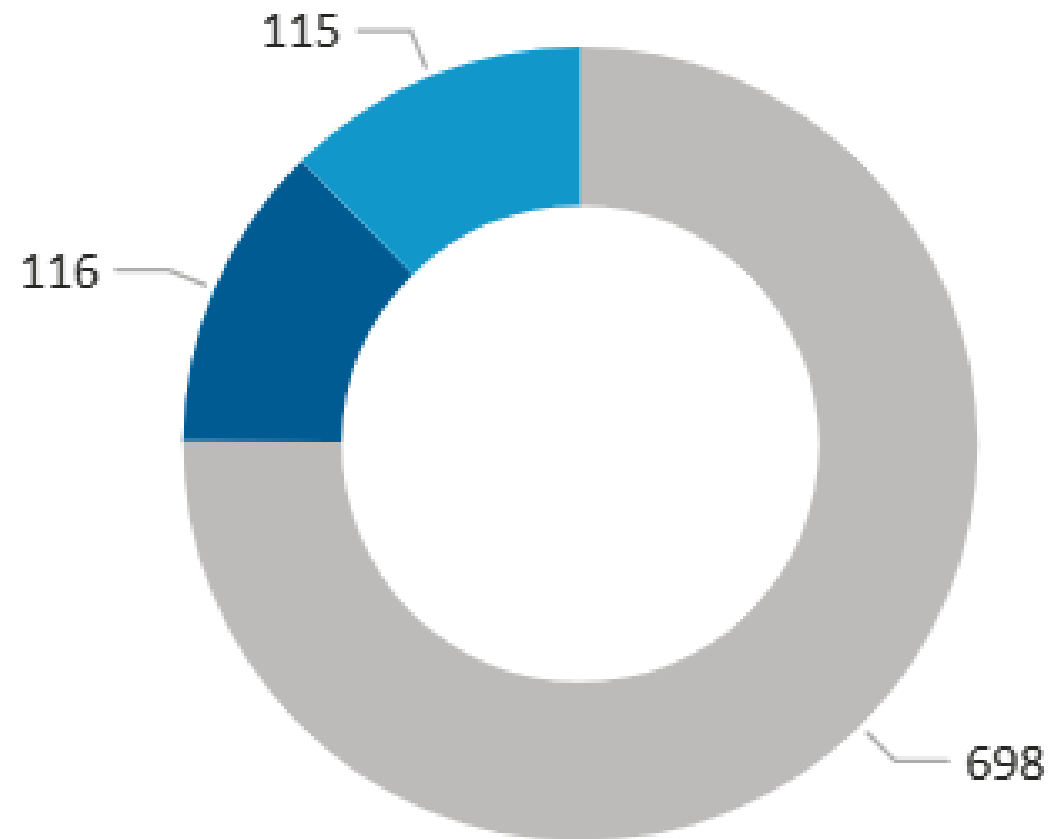
Highest Volume Providers by Count of Admissions

Billing Provider

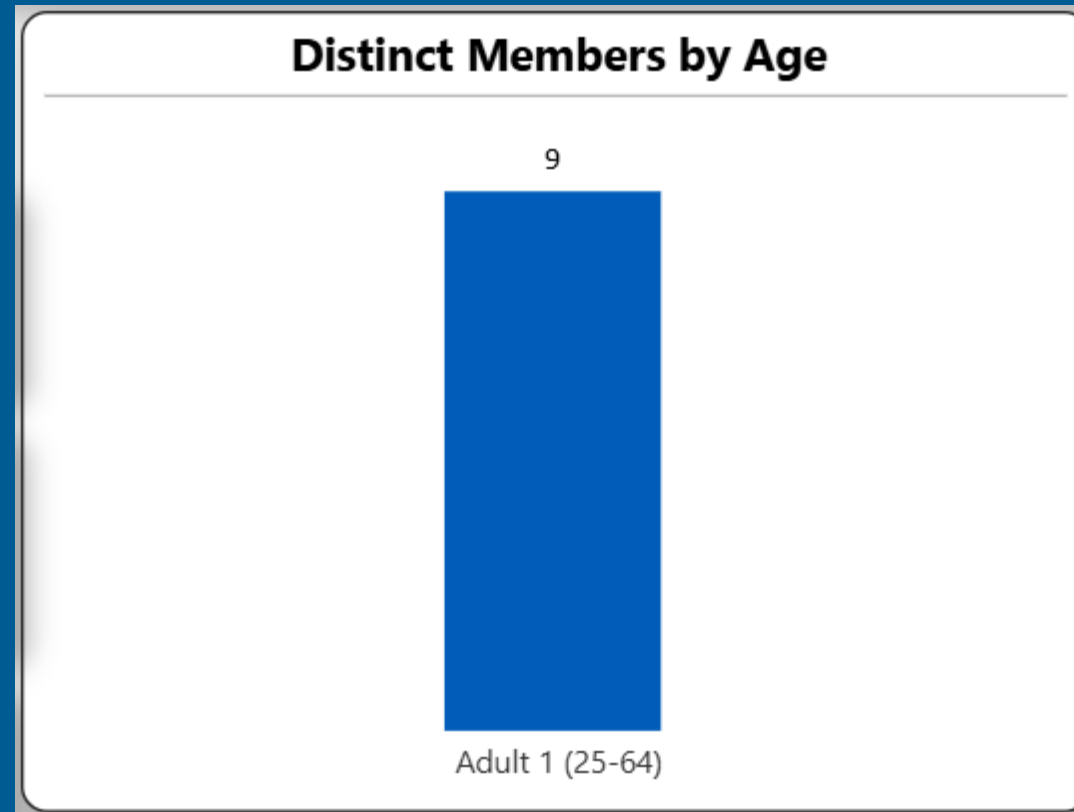


Distinct Members Served by Funding Source

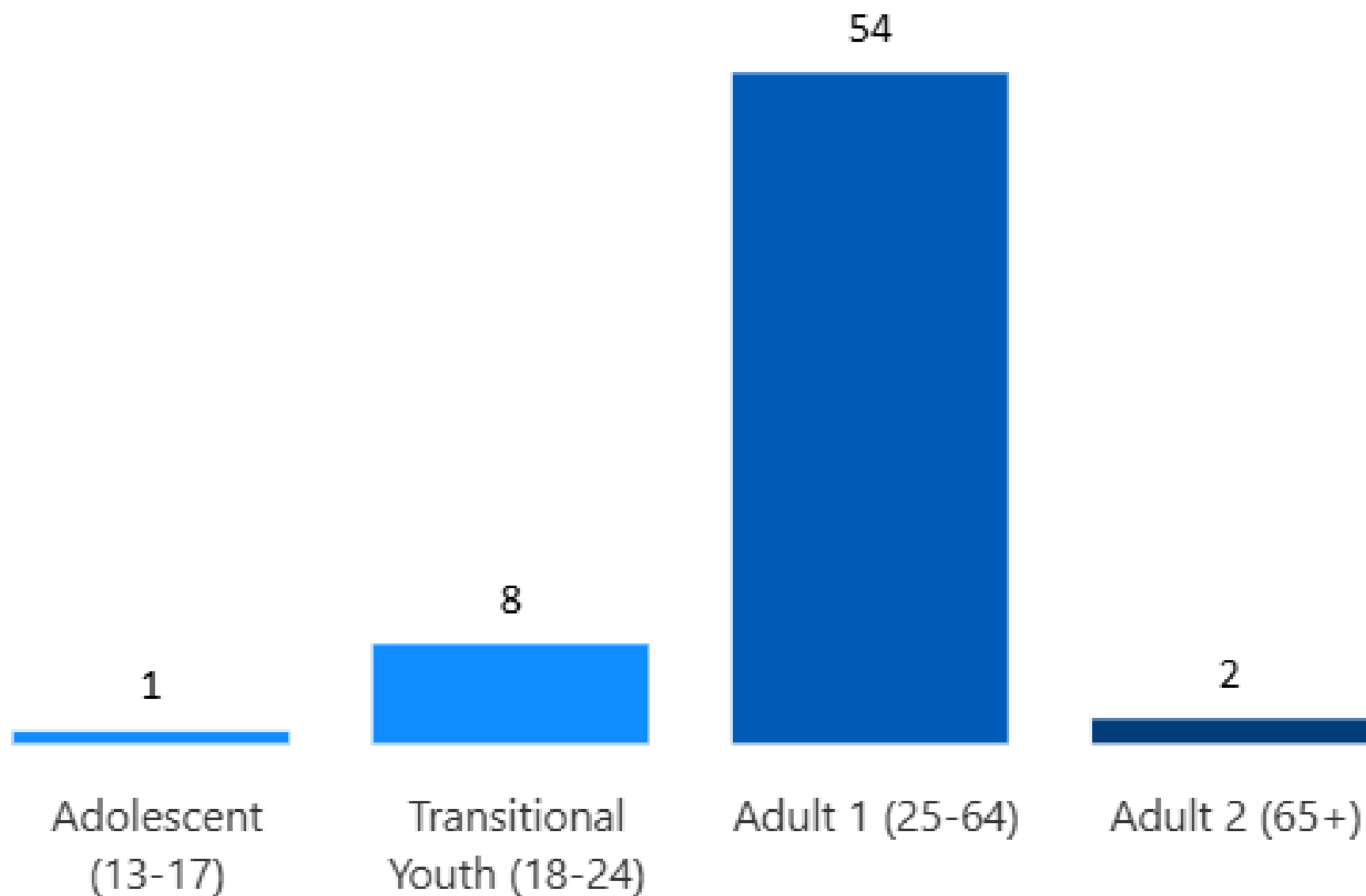
Funding Source ● TP ● MD ● State Funded



Inpatient Substance Use Admissions



Count of Members on the Innovations Waiver by Age Group



**COMING
SOON!**



Chatham Opportunities Center

DAY PROGRAM FOR ADULTS WITH I/DD

Monarch is a leading statewide provider of I/DD and mental health services, providing care for people with I/DD for 68 years. Our day programs provide support to adults in need of gaining skills used in the community or the workplace. We work diligently to provide a person-centered approach by focusing on the individual's goals toward independence.

Chatham Opportunities Center will provide a place for creative expression, community engagement and relationship development. Through a wide variety of on-site classes and community-based activities, participants learn valuable life skills, grow confidence and self-esteem, and are encouraged to achieve their full potential.

Additional Details



Monday-Friday



**49 West Salisbury Street,
Pittsboro, NC 27312**

**Scan to learn more or
apply for Monarch
Day Program Services!**



Opportunities for Involvement

Chatham Crisis Response Collaboratives, contact meenal.khajuria@vayahealth.com

Chatham Collaborative Meetings, contact laura.sharpe@vayahealth.com

Vaya Calendar (events, trainings, etc): [Events | Vaya Health](#)

List of all trainings, different Vaya departments: [Education and Training | Vaya Health](#)

Youth Supporting Youth

Changing Systems Through Youth and Family Leadership

There's good news for youth experiencing or at risk of experiencing mental, behavioral, or emotional issues. Vaya Health (Vaya) has been awarded a four-year Children's Mental Health Initiative grant from the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) to give youth and family more voice and expand services and access to care. This program is available to eligible youth and families in Alamance, Caswell, Chatham, Person, Rockingham, and Stokes counties.

Vaya believes youth and their families know themselves—and their needs—best. Youth are more likely to succeed when they work with their families to identify their goals, guide the work, and commit to the results.

Likewise, services and systems are most effective when they are responsive to the ideas that youth and families bring to the table.

Through this grant, Vaya provides Youth Partners to work alongside our Family Partners to help youth and families identify and achieve goals for their own well-being.

They do this by:

- Meeting with youth and their families to build relationships and identify strengths, interests, and goals
- Providing one-to-one youth support to guide youth toward their goals
- Connecting youth with community resources
- Exploring opportunities for positive experiences
- Supporting youth and families with advocacy skills
- Preparing youth to participate in leadership opportunities

Who Can Participate?

This non-clinical peer support service is free to youth and families, regardless of insurance status. Youth may be eligible if they meet all the requirements below:

- Are age 21 or younger
- Have or are at risk for having a mental, behavioral, or emotional health challenge
- Would benefit from program support

What is System of Care?

Youth Partners and Family Partners work as part of Vaya's System of Care Team. System of Care is an approach to working with youth and families based on a set of values that have been shown to improve mental health outcomes.

System of Care values are woven into all the work of this grant:

- Child and family partnership
- Individualized, strength-based care
- Cultural and linguistic competence
- Home- and community-based services and supports
- Interagency collaboration
- Shared responsibility and accountability to results

How Can I Learn More?

To make a Youth Partner referral or get more information, email YPR referrals@vayahealth.com or call our Member and Recipient Service Line at 1-800-962-9003.



Vaya Health

Youth Partner Referral Form

To refer a child or adolescent to the Vaya Health (Vaya) Youth Partner program, enter the requested information below to the best of your knowledge. Email the completed form to YouthPartnerReferrals@vayahealth.com.

For help, call Vaya's Member and Recipient Service Line at 1-800-962-9003, available from 7 a.m. to 6 p.m., Monday through Saturday, including holidays.

As this is a voluntary service, please be sure the youth and their family have agreed to this referral.

Referral Information

Referring person/organization: _____ Referral date: _____

Email: _____ Phone: _____

Youth Being Referred

Name: _____ Date of birth: _____

Email: _____ Phone: _____

Primary language: _____ Able to text? Yes No

Best times to reach the youth: _____

Current address: _____

Permanent address: _____

Vaya ID number (if applicable): _____

Parent/Legally Responsible Person (LRP) Information

Parent 1: _____ Parent 2: _____

Primary language: _____ LRP name: _____

Has the individual's parent agreed to this referral? Yes No

Has the LRP agreed to this referral? Yes No

Is the person you are referring an adult age 18 or older with a legal guardian? Yes No N/A

LRP Information

Address: _____

City: _____ State: _____ ZIP code: _____

County: _____ Email: _____

Home phone: _____ Mobile phone: _____

Best times to reach the LRP: _____

