CHATHAM COUNTY SCHOOLS

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School Health, Physical Education & Wellness Instructional Program Facilitator

2024/2025 End of Year Report

AGENDA

CCS Demographics Strategic Approach Strategies Partnerships Achievements Goals

DISTRICT DEMOGRAPHICS

POPULATION: 9,129 20 SCHOOLS

6 Elementary Schools

5 K-8 Schools

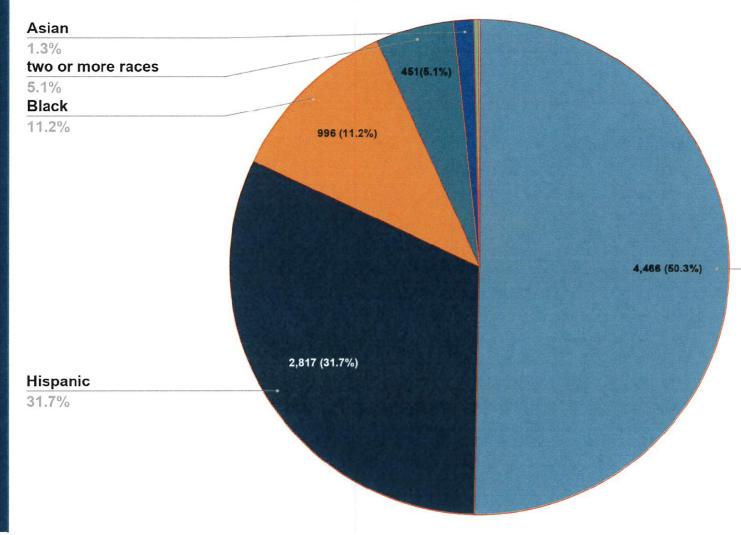
3 Middle Schools

4 High Schools

1 Early College

1 Alternative Learning Program





Strategic

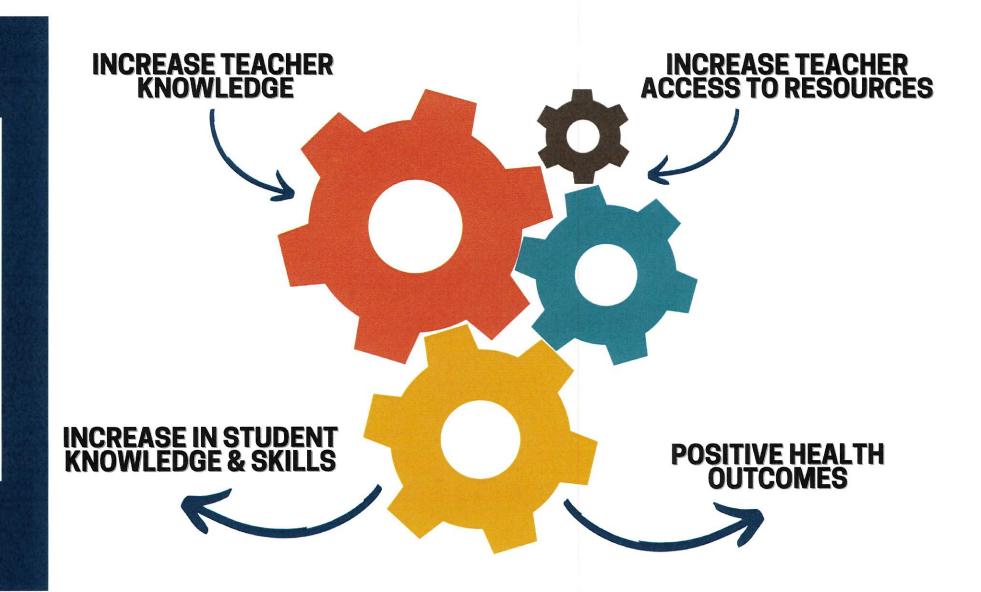
Approach

Increase Teacher Resources

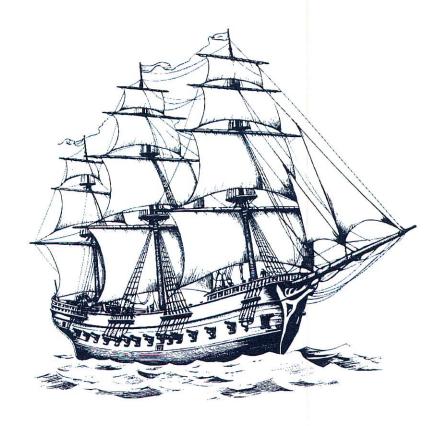
Targeted Professional Development

Community Collaboration

improve health outcomes and increase student achievement.



how?



2024/2025 CCS Professional Development

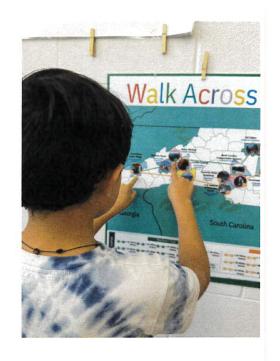
Healthful Living Updates
Substance Use Prevention



Professional Development

2024/2025 CCS Professional Development

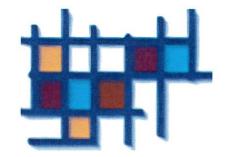






Professional Development





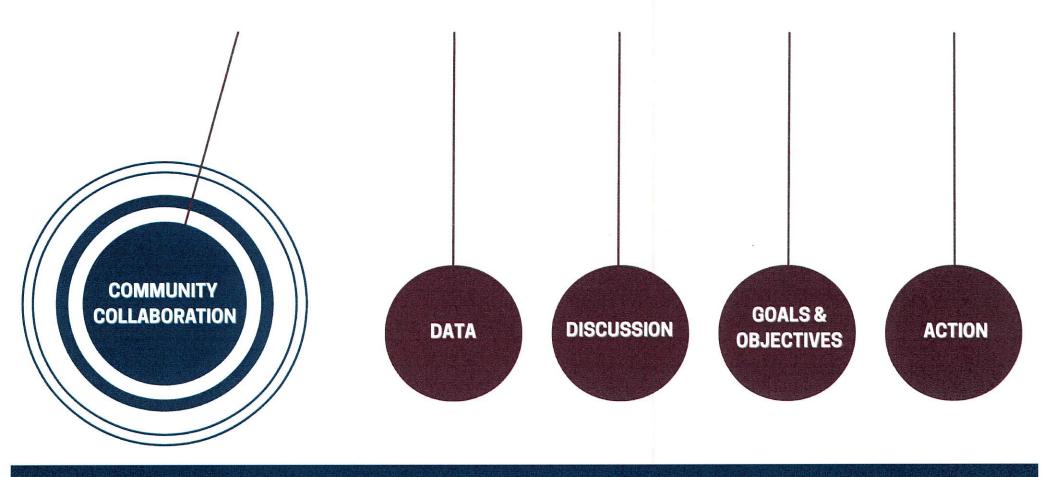


Interpersonal Communication & Relationships

Duke Health Literacy Study



Dete Gollection



Gollaboration

PARTNERSHIPS

Chatham Drug Free

Poe Health Center

UNC School of Nursing

NC Healthy Schools Innovation, Research & Training

Research Triangle Institute International

> Safe Routes to School

Piedmont Health Services

Collaboration

ACHIEVEMENTS

CCS District Mental Health Team

Reviewed and responded over 40 student mental health referrals to ensure appropriate service alignment.

Research Triangle Institute Subaward

Support our efforts to assess and strengthen evidence-based practices that improve school climate and student well-being.

Completion of Alcohol, Nicotine, Cannabis & Other Drug Curriculum

Provide students with accurate, developmentally appropriate education on alcohol, nicotine, cannabis, and other drugs

Piedmont Health Serices - Mobile Health Unit (Dental Services)Brought preventive and urgent dental care services directly to students during the school day (54 referrals, 6 visits between two schools)

Safe Routes to School

Promote active transportation while teaching students essential skills for safely navigating their communities

AGHIEVEMENTS

Duke Health Literacy Study supported data collection to better understand and address health literacy challenges among high school students.

Nutrition Literacy Staff Development

Developed information and tools to integrate nutrition concepts into classroom instruction and promote healthy habits among students.

2025 Youth Risk Behavior Survey AdministrationSupported the gathering of critical data on student health behaviors to inform district planning and support services.

School Health Advisory Council

Led collaborative efforts between school staff, families, and community partners to improve student health outcomes through policy and program recommendations.

CCS Triennial Assessment

Assessed the district's compliance with federal wellness policy requirements and identified opportunities to enhance student health initiatives.

2025/2026 GOALS

Goal 1

2023 Youth Risk Behavior Survey Data Analysis

Goal 4

Implement Media
Detective Substance
Use Prevention
Curriculum

Goal 2

Expand Piedmonth Health Services Mobile Health Unit

Goal 5

Update and amend CCS health related regulations

Goal 3

Implement updated Healthful Living Essential Standards

Goal 6

Review and assess the alcohol & other drug violation education curriculum